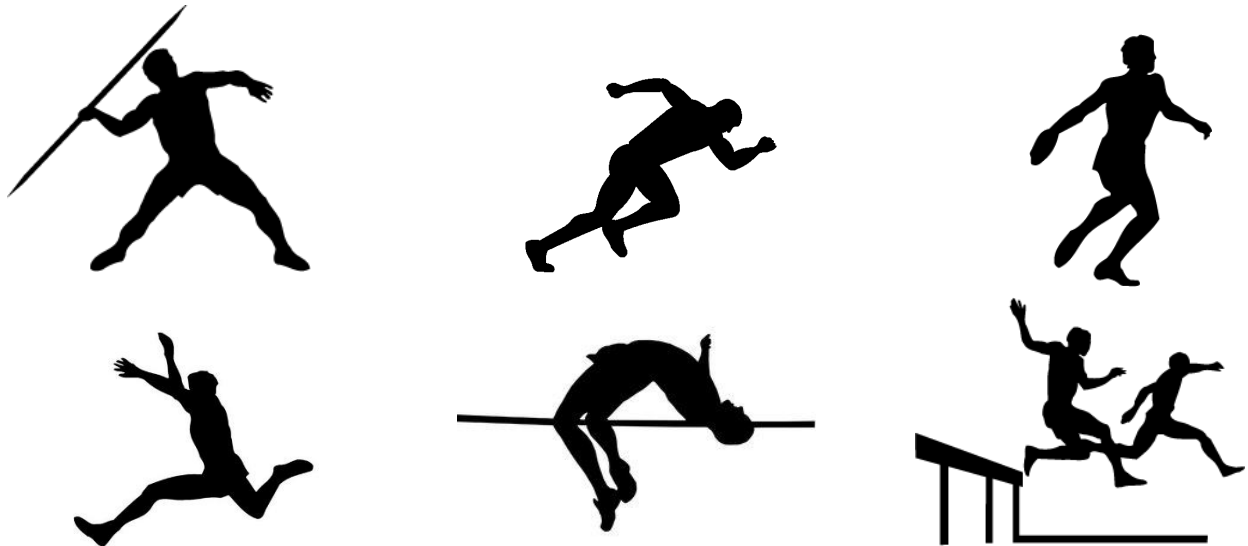




Hertfordshire Schools  
Athletics Association



## Hertfordshire Schools' Track & Field Championships

Jarman Park, Hemel Hempstead  
Saturday 8<sup>th</sup> June 2019

*Pre-Junior (U13), Junior (U15), Inter (U17)  
Boys' & Girls' Competitions*

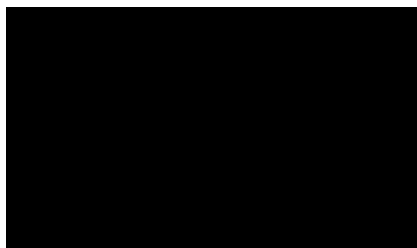
# Results

# 8th June 2019

# U13 Boys

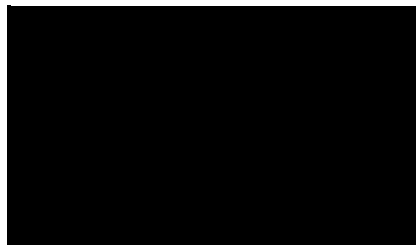
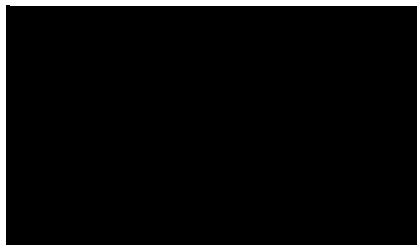
# Results

75m Hurdles		
Position	Name	Time
1	Noah Farnklin	12.98
2	Tomer Cohen	13.24
3	Jacob Vickers	13.40
4	Jamie Timms	13.65
5	Audley Bennett	13.93
6	Jaiden Hall	14.52
7	Jon Wiseman	15.27
8		



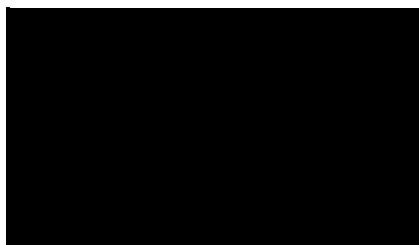
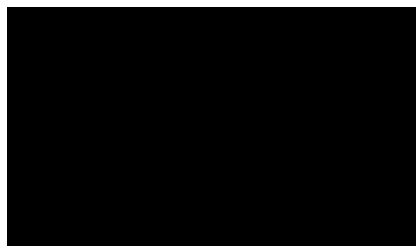
100m		
Position	Name	Time
1	Carl Feutes	13.02
2	Myles Lewis-Skelly	13.24
3	Hux Hawtin	13.36
4	Aun Asghar	13.62
5	Oliver Reed	13.66
6	Raphael Asaffo	13.72
7		
8		

200m		
Position	Name	Time
1	Oliver Reed	27.28
2	Isaac Eccles	27.53
3	Raphael Asaffo	27.70
4	Rhys Bethell	28.14
5	Ben Soll	28.23
6	Luis Streets	29.21
7	Ben Morrow	29.71
8	Sammy Lee	29.98

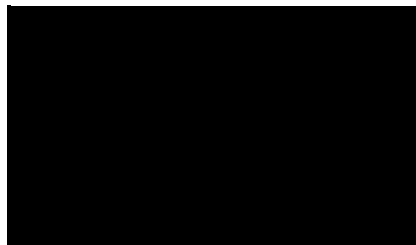


800m		
Position	Name	Time
1	Sean Gallagher	02:28.3
2	Jacob Roberts	02:30.8
3	Max Logan	02:31.4
4	Rhys Bethell	02:32.1
5	Morgan Ducran	02:33.7
6	Theo Keen	02:33.8
7	Matheo Kyli	02:37.0
8	Thomas Flower	02:37.3

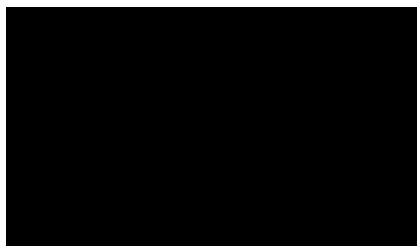
1500m		
Position	Name	Time
1	Gianni Stubbs	04:44.3
2	Matthew Nicholls	04:48.0
3	Aston Williams	04:52.7
4	George Hawkins	04:53.7
5	Leon Doran	05:00.6
6	Oliver Cooper	05:11.2
7	George Metcalfe	05:12.2
8	Kai Ali	05:17.6



Long Jump		
Position	Name	Distance
1	Jack Swales	4.56
2	Aston Williams	4.39
3	Jamie Timms	4.30
4	Charlie Kimpton	4.23
5	Damilare Oshinowo	4.04
6	Victor Pausco	3.69
7		
8		



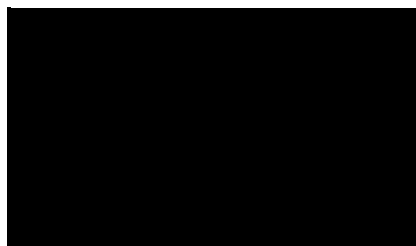
High Jump		
Position	Name	Height
1	Jacob Vickers	1.56
2	Michael Bird	1.38
3	Joel Moss	1.29
4		
5		
6		
7		
8		



Shot Put		
Position	Name	Distance
1	Myles Lewis-Skelly	10.57
2	Samson Brichieri-Colombi	9.99
3	Leo Rainbow	9.48
4	Ben Soll	9.21
5	Mofe Akinmade	8.88
6	Joe Roberts	8.78
7	Joshua Maina	8.29
8	Max Bretayne	8.09

Discus		
Position	Name	Distance
1	Sam Serag	24.13
2	Noah Farnklin	22.86
3	Bobby Pitman	22.74
4	Vicente Luciani	21.46
5	Ben McLurg	17.94
6	Tristram Harwood	15.66
7	Kuda Takawira	10.78
8		

Javelin		
Position	Name	Distance
1	Tom Rutter	44.29
2	Samson Brichieri-Colombi	34.58
3	Finn Kennedy	30.79
4	Luke Pike	30.43
5	John Broadis	29.42
6	Oliver Jay	28.27
7	Travis DeSilva	25.33
8	Joao Costa	21.92



		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
<b>75m Hurdles</b>	<b>Heat 1 WS -1.0</b>			Noah Farnklin	12	12.98				1	1
				Jacob Vickers	34	13.40				3	3
				Audley Bennett	47	13.93				5	5
				Tomer Cohen	52	13.24				2	2
				Jamie Timms	147	13.65				4	4
				Jaiden Hall	152	14.52				6	6
				Jon Wiseman	247	15.27				7	7
	<b>Heat 2</b>									No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
	<b>Heat 3</b>									No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
									No Runner	No Runner	
<b>Heat 4</b>									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
<b>75m Hurdles Final</b>									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
								TBC			
<b>Update</b>											
1											
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4											
5	<b>Records</b>										
6	Herts	12.00									
7	National										
	Entry										
				4	1	Noah Farnklin	12	12.98			
				5	2	Tomer Cohen	52	13.24			
				3	3	Jacob Vickers	34	13.40			
				6	4	Jamie Timms	147	13.65			
				2	5	Audley Bennett	47	13.93			
				7	6	Jaiden Hall	152	14.52			
				1	7	Jon Wiseman	247	15.27			
				8	TBC						
											<b>U13 Boys</b>

75m Hurdles Final		W/S
		-1.0
1	Noah Farnklin	12.98
2	Tomer Cohen	13.24
3	Jacob Vickers	13.40
4	Jamie Timms	13.65
5	Audley Bennett	13.93
6	Jaiden Hall	14.52
7	Jon Wiseman	15.27
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>100m</b>	<b>Heat 1 WS +1.1</b>			Oliver Reed	6	13.74				1	3	
				Matheo Kyli	17	14.89				4	14	
				Rafael Salido	33	14.91				5	15	
				Fraser Patterson	53	15.38				6	17	
				Jack Swales	83	13.82				2	4	
				Hux Hawtin	147	13.84				3	5	
									No Runner	No Runner		
									No Runner	No Runner		
		<b>Heat 2 WS 0.0</b>			Kachiskwu Emeka-Dimude	11	15.00				6	16
				Joe Roberts	19	14.68				5	11	
				Raphael Asaffo	49	14.08				3	7	
				Kuda Takawira	71	14.56				4	9	
				Carl Feutes	93	13.07				1	1	
				Myles Lewis-Skelly	183	13.21				2	2	
									No Runner	No Runner		
									No Runner	No Runner		
		<b>Heat 3 WS -0.4</b>			Damilare Oshinowo	16	14.58				3	10
					Nathan Hedges	26	13.94				1	6
					Michael Bird	52	14.73				4	12
					Ben Morrow	75	14.73				4	12
				Aun Asghar	126	14.24				2	8	
										No Runner	No Runner	
									No Runner	No Runner		
									No Runner	No Runner		
	<b>Heat 4</b>									No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
	<b>100m Final</b>	4	1	Carl Feutes	93	13.02				1	<b>U13 Boys</b>	
		5	2	Myles Lewis-Skelly	183	13.24				2		
		3	5	Oliver Reed	6	13.66				5		
		6	TBC	Jack Swales	83					TBC		
		2	3	Hux Hawtin	147	13.36				3		
		7	TBC	Nathan Hedges	26					TBC		
		1	6	Raphael Asaffo	49	13.72				6		
		8	4	Aun Asghar	126	13.62				4		

Update

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100m

Records

Herts	12.30
National	
Entry	

100m Final		W/S
		0.0
1	Carl Feutes	13.02
2	Myles Lewis-Skelly	13.24
3	Hux Hawtin	13.36
4	Aun Asghar	13.62
5	Oliver Reed	13.66
6	Raphael Asaffo	13.72
7		
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>200m</b>	<b>Heat 1 WS -0.3</b>			Oliver Reed	6	26.90				1	1	
				Sammy Lee	19	29.30				5	6	
				Ben Soll	46	28.40				4	4	
				Raphael Asaffo	49	27.70				2	2	
				Ben Morrow	75	29.30				5	7	
				Rhys Bethell	120	28.30				3	3	
				Harry Strorey	147	30.30				7	9	
										No Runner	No Runner	
										No Runner	No Runner	
		<b>Heat 2 WS 0.0</b>			Kachisikwu Emeka-Dimude	11	30.80				6	13
					Ben Turnbull	25	30.50				4	11
					Luis Streets	33	29.90				2	8
					Jacob Haynes	47	30.40				3	10
					Jack Horne	52	30.80				6	13
					Arthur Stroud	86	30.70				5	12
					Isaac Eccles	175	28.80				1	5
											No Runner	No Runner
											No Runner	No Runner
		<b>Heat 3</b>									No Runner	No Runner
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
	<b>Heat 4</b>									No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
	<b>200m Final</b>		4	1	Oliver Reed	6	27.28			1	<b>U13 Boys</b>	
			5	3	Raphael Asaffo	49	27.70			3		
			3	4	Rhys Bethell	120	28.14			4		
			6	5	Ben Soll	46	28.23			5		
			2	2	Isaac Eccles	175	27.53			2		
			7	8	Sammy Lee	19	29.98			8		
			1	7	Ben Morrow	75	29.71			7		
			8	6	Luis Streets	33	29.21			6		

Update

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Records

Herts	25.50
National	
Entry	

200m Final		W/S
		1.2+
1	Oliver Reed	27.28
2	Isaac Eccles	27.53
3	Raphael Asaffo	27.70
4	Rhys Bethell	28.14
5	Ben Soll	28.23
6	Luis Streets	29.21
7	Ben Morrow	29.71
8	Sammy Lee	29.98









Jumps		W/S	Name	No.	Height (m.cm)	Herts	National	Entry	Position	
<b>High Jump</b>	<b>Final</b>		Joel Moss	12	1.29				<b>3</b>	
			Jacob Vickers	34	1.56	NEW			<b>1</b>	
			Michael Bird	52	1.38				<b>2</b>	
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
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										No Jumper
										No Jumper
										No Jumper
										No Jumper
								No Jumper		
								No Jumper		
	<b>Final</b>	1	Jacob Vickers	34	1.56	NEW			<b>High Jump w/s</b>	
		2	Michael Bird	52	1.38					
		3	Joel Moss	12	1.29					
			4							
			5							
			6							
			7							
			8							
			9							
			10							
			11							
			12							
<b>Records</b>									<b>U13 Boys</b>	
Herts	1.52									
National										
Entry										

Throws W/S		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
		Final		Joe Roberts	19	8.78			
Max Bretayne	26			8.09				8	
Mofe Akinmade	45			8.88				5	
Ben Soll	46			9.21				4	
Vicente Luciani	52			7.53				9	
Tobiloba Vaughan	75			5.61				11	
Joshua Maina	93			8.29				7	
Leo Rainbow	147			9.48				3	
Myles Lewis-Skelly	183			10.57				1	
Kaden Strachan	247			7.48				10	
Samson Brichieri-Colombi	50			9.99				2	
Final									
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
Records		1	Myles Lewis-Skelly	183	10.57				Shot Put w/s
		2	Samson Brichieri-Colombi	50	9.99				
		3	Leo Rainbow	147	9.48				
		4	Ben Soll	46	9.21				U13 Boys
		5	Mofe Akinmade	45	8.88				
		6	Joe Roberts	19	8.78				
		7	Joshua Maina	93	8.29				
		8	Max Bretayne	26	8.09				
		9	Vicente Luciani	52	7.53				
		10	Kaden Strachan	247	7.48				
		11	Tobiloba Vaughan	75	5.61				
		12							



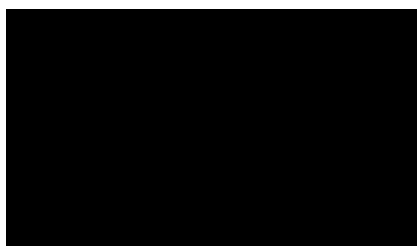


# 8th June 2019

# U15 Boys

# Results

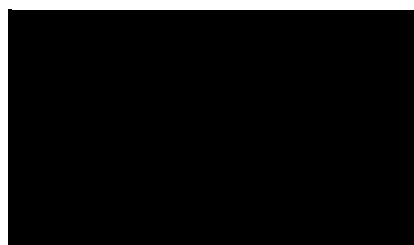
80m Hurdles		
Position	Name	Time
1	Arya Ariasa Surrey	11.99
2	Finn Griffin	12.56
3	Miles Kenny	12.61
4	Joseph Beardon	13.04
5	Keegan Da Costa	13.10
6	Edward Foy	13.44
7	Jake Sutton	13.72
8		



100m		
Position	Name	Time
1	Jarrell Blake	11.95
2	Otis Omoniyi	12.03
3	William Houghton	12.23
4	Jacob Scourfield	12.25
5	Chris Davies	12.50
6	Joshua Heesom	12.65
7	David Nartey	12.83
8	Omatsola Dudu	12.98

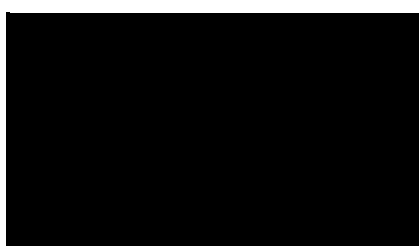
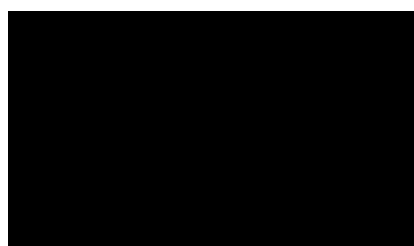
200m		
Position	Name	Time
1	Joel Houslin	23.73
2	Alex Mancey	24.29
3	Isaac Deacon	24.31
4	Robin Kwon	24.39
5	Chris Davies	25.36
6	Joshua Heesom	25.41
7	William Kennedy	25.82
8		

300m		
Position	Name	Time
1	Matthew Marven	38.40
2	Luca Matharu	38.70
3	Harry Bridge	40.40
4	Luke Mullhane	42.60
5	Luka Rodgers-Ezewuike	42.90
6	Felix Harrow	43.10
7	Sam Rawlings	47.10
8		



800m		
Position	Name	Time
1	Tom Gaunce	02:05.5
2	Tyler Wannerton	02:10.0
3	Wesley Mudziviri	02:12.2
4	Ben Roberts	02:18.9
5	Sonny Coughlin-Brown	02:19.6
6	Oscar Tranter	02:20.0
7	Harry Knight	02:22.7
8	Daniel Baugh	02:22.8

1500m		
Position	Name	Time
1	Zac Segal	04:24.2
2	Sam Greenstein	04:25.7
3	Cathal Fee	04:27.4
4	Ethan Primmatt	04:28.3
5	Benedict Clark	04:39.0
6	George Ward	04:46.0
7	Jamie Lilley	04:49.1
8	Cameron Carlos	04:49.6



Long Jump		
Position	Name	Distance
1	Omatsola Dudu	5.77
2	Keelan Farrell	5.72
3	Jacob Scourfield	5.69
4	David Nartey	5.59
5	William Houghton	5.58
6	Benedict Clark	5.24
7	Dylan Kocel	4.96
8	Will Jackson	4.53

Triple Jump		
Position	Name	Distance
1	Otis Omoniyi	11.99
2	Max Nissim	11.30
3	Nathan Reeves	10.94
4	Harry Alden	10.41
5	Dan Goodbun	10.15
6	Charlie Brunt	9.77
7	Alex Archer	9.64
8	William Kennedy	9.30

High Jump		
Position	Name	Height
1	Joseph Beardon	1.60
2	Jamie Joseph	1.57
3	Matthew Marven	1.49
4	Ben Walker	1.49
5	Pedro Gomez-Jones	1.44
6	Jayden Klein	1.39
7		
8		

Pole Vault		
Position	Name	Height
1	Connor Flynn	3.05
2	Ewan Miles	2.40
3	Joe Shepherd	2.40
4	George Adams	2.10
5		
6		
7		
8		

Shot Put		
Position	Name	Distance
1	Harry Scrowther	12.16
2	Jasper Jeffrey	12.07
3	Marcus Ashby	11.48
4	Alex Mancey	10.90
5	Joe Stocks	10.42
6	Lance Kruger	10.08
7	Damola Bolarin	10.00
8	Chidiebere John-Chieme	9.69

Discus		
Position	Name	Distance
1	Gabe Lamb	37.37
2	Finn McGarth	30.24
3	Greg Klocho	30.23
4	Tiago Perreria-Garcez	27.40
5	Favour Anozie	27.36
6	Max Warren	24.29
7	Elliot Diprose	23.31
8	Max Wallace	22.65

Javelin		
Position	Name	Distance
1	Harrison Taylor	37.22
2	Roraigh Browne	36.52
3	Henry Radford	33.56
4	Edward Foy	32.43
5	Kian Jackson	32.22
6	Connor Farquharson	31.04
7	Ashton O'Connell	30.64
8	Finn Griffin	30.19

Hammer		
Position	Name	Distance
1	Max Wallace	31.75
2	Joe Stocks	25.84
3	Kian Seymour	24.86
4	Ben Grimberg	20.62
5		
6		
7		
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>80m Hurdles</b>	<b>Heat 1 WS 0.0</b>			Miles Kenny	12	12.50				2	3	
				Edward Foy	25	13.07				4	6	
				Keegan Da Costa	33	12.42				1	2	
				Conor Logue	41	13.24				6	8	
				Joseph Beardon	52	12.79				3	5	
				Jake Sutton	84	13.13				5	7	
										No Runner	No Runner	
										No Runner	No Runner	
		<b>Heat 2 WS 0.0</b>			Peter Holmes	20	13.92				6	12
				Elliot Clarkson	28	13.26				3	9	
				Arya Ariasa Surrey	35	11.84			YES	1	1	
				Jerome Bossman-Ceaser	47	13.57				4	10	
				Noah Brown	75	13.74				5	11	
				Finn Griffin	112	12.73				2	4	
										No Runner	No Runner	
										No Runner	No Runner	
		<b>Heat 3</b>								No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>Heat 4</b>								No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>80m Hurdles Final</b>	4	1	Arya Ariasa Surrey	35	11.99			YES	1	<b>U15 Boys</b>	
			5	5	Keegan Da Costa	33	13.10			5		
			3	3	Miles Kenny	12	12.61			3		
			6	2	Finn Griffin	112	12.56			2		
			2	4	Joseph Beardon	52	13.04			4		
			7	6	Edward Foy	25	13.44			6		
			1	7	Jake Sutton	84	13.72			7		
			8									

Update

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Records	
Herts	11.50
National	11.60
Entry	12.00

80m Hurdles Final		W/S
		0.6+
1	Arya Ariasa Surrey	11.99
2	Finn Griffin	12.56
3	Miles Kenny	12.61
4	Joseph Beardon	13.04
5	Keegan Da Costa	13.10
6	Edward Foy	13.44
7	Jake Sutton	13.72
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>100m</b>	<b>Heat 1 WS +2.1</b>			Shion Evans	6	13.34				5	9	
				Otis Omoniyi	15	12.21				2	2	
				Jarrell Blake	21	12.19				1	1	
				Jayden Klein	87	14.11				6	10	
				Joshua Heesom	117	12.71				4	5	
				William Houghton	146	12.45				3	4	
										No Runner	No Runner	
	<b>Heat 2 WS +2.8</b>				Omatsola Dudu	8	13.00				3	7
					Elijah Acheampong	16	14.23				5	11
					David Nartey	35	13.12				4	8
					Jacob Scourfield	115	12.38				1	3
					Chris Davies	126	12.84				2	6
											No Runner	No Runner
	<b>Heat 3</b>										No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
<b>Heat 4</b>										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
<b>100m Final</b>	4	1	Jarrell Blake	21	11.95					1	<b>U15 Boys</b>	
	5	2	Otis Omoniyi	15	12.03					2		
	3	4	Jacob Scourfield	115	12.25					4		
	6	3	William Houghton	146	12.23					3		
	2	6	Joshua Heesom	117	12.65					6		
	7	5	Chris Davies	126	12.50					5		
	1	8	Omatsola Dudu	8	12.98					8		
	8	7	David Nartey	35	12.83					7		

Update

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100m

Records

Herts	11.10
National	11.40
Entry	11.70

100m Final		W/S
		-0.4
1	Jarrell Blake	11.95
2	Otis Omoniyi	12.03
3	William Houghton	12.23
4	Jacob Scourfield	12.25
5	Chris Davies	12.50
6	Joshua Heesom	12.65
7	David Nartey	12.83
8	Omatsola Dudu	12.98

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
<b>200m</b>	<b>Heat 1 WS -0.5</b>			Shion Evans	6	26.40				5	9
				Alex Mancey	12	24.40				1	1
				Isaac Deacon	20	24.40				1	2
				Jack Dodd	32	29.90				7	15
				William Kennedy	75	25.90				4	7
				Noah Houslin	111	29.80				6	14
				Joshua Heesom	117	25.50				3	5
										No Runner	No Runner
	<b>Heat 2 WS +1.5</b>			Charlie Brunt	8	26.40				5	9
				Joel Houslin	11	24.50				1	3
				Harry Titchmarsh	17	26.30				4	8
				Cameron Clowes	22	26.50				6	11
				Robin Kwon	41	25.00				2	4
				Will Jackson	52	26.50				6	11
				Luke Grimshaw	120	27.10				8	13
				Chris Davies	126	25.80				3	6
	<b>Heat 3</b>									No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
<b>Heat 4</b>									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
<b>200m Final</b>											
			4	2	Alex Mancey	12	24.29			2	<b>U15 Boys</b>
			5	3	Isaac Deacon	20	24.31			3	
			3	1	Joel Houslin	11	23.73		YES	1	
			6	4	Robin Kwon	41	24.39			4	
			2	6	Joshua Heesom	117	25.41			6	
			7	5	Chris Davies	126	25.36			5	
			1	7	William Kennedy	75	25.82			7	
		8									

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Records	
Herts	23.11
National	23.30
Entry	23.80

200m Final		W/S
		0.9+
1	Joel Houslin	23.73
2	Alex Mancey	24.29
3	Isaac Deacon	24.31
4	Robin Kwon	24.39
5	Chris Davies	25.36
6	Joshua Heesom	25.41
7	William Kennedy	25.82
8		



		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>300m</b>	<b>Heat 1 WS +0.3</b>			Harry Bridge	5	40.40				3	3	
				Sam Rawlings	16	47.10				7	7	
				Luca Matharu	26	38.70				2	2	
				Matthew Marven	34	38.40				1	1	
				Felix Harrow	35	43.10				6	6	
				Luke Mullhane	126	42.60				4	4	
				Luka Rodgers-Ezewuike	147	42.90				5	5	
		<b>Heat 2</b>								No Runner	No Runner	
										No Runner	No Runner	
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
		<b>Heat 3</b>									No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
										No Runner	No Runner	
	<b>Heat 4</b>									No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
	<b>300m Final</b>	4	1	Matthew Marven	34	38.40				1	<b>U15 Boys</b>	
5		2	Luca Matharu	26	38.70				2			
3		3	Harry Bridge	5	40.40				3			
6		4	Luke Mullhane	126	42.60				4			
2		5	Luka Rodgers-Ezewuike	147	42.90				5			
7	6	Felix Harrow	35	43.10				6				
1	7	Sam Rawlings	16	47.10				7				
8	TBC								TBC			

Update

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300m

Records

Herts 35.60  
National 36.80  
Entry 37.80

300m Final		W/S
		0.3+
1	Matthew Marven	38.40
2	Luca Matharu	38.70
3	Harry Bridge	40.40
4	Luke Mullhane	42.60
5	Luka Rodgers-Ezewuike	42.90
6	Felix Harrow	43.10
7	Sam Rawlings	47.10
8		





		Jumps	W/S	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
<b>Long Jump</b>	<b>Final</b>			Omatsola Dudu	8	5.77				1	
				Dylan Kocel	16	4.96				7	
				David Nartey	35	5.59				4	
				Keelan Farrell	45	5.72				2	
				Will Jackson	52	4.53				8	
				Benedict Clark	84	5.24				6	
				Jacob Scourfield	115	5.69				3	
				William Houghton	146	5.58				5	
										No Jumper	
										No Jumper	
										No Jumper	
										No Jumper	
										No Jumper	
										No Jumper	
										No Jumper	
										No Jumper	
										No Jumper	
										No Jumper	
										No Jumper	
			<b>Final</b>	1		Omatsola Dudu	8	5.77			
	2			Keelan Farrell	45	5.72					
	3			Jacob Scourfield	115	5.69					
		4			David Nartey	35	5.59				<b>U15 Boys</b>
		5			William Houghton	146	5.58				
		6			Benedict Clark	84	5.24				
		7			Dylan Kocel	16	4.96				
		8			Will Jackson	52	4.53				
		9									
		10									
		11									
		12									
<b>Records</b>											
		Herts	6.20								
		National	5.95								
		Entry	5.80								



Jumps		W/S	Name	No.	Height (m.cm)	Herts	National	Entry	Position
<b>High Jump</b>	<b>Final</b>		Pedro Gomez-Jones	19	1.44				5
			Matthew Marven	34	1.49				3
			Jamie Joseph	47	1.57				2
			Joseph Beardon	52	1.60				1
			Jayden Klein	87	1.39				6
			Ben Walker	152	1.49				4
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
			<b>Final</b>	1	Joseph Beardon	52	1.60		
	2	Jamie Joseph		47	1.57				
	3	Matthew Marven		34	1.49				
		4		Ben Walker	152	1.49			
		5		Pedro Gomez-Jones	19	1.44			
		6		Jayden Klein	87	1.39			
		7							<b>U15 Boys</b>
		8							
		9							
		10							
		11							
		12							
<b>Records</b>									
Herts	1.82								
National	1.78								
Entry	1.72								

Jumps		W/S	Name	No.	Height (m.cm)	Herts	National	Entry	Position
<b>Pole Vault</b>	<b>Final</b>		Connor Flynn	26	3.05			YES	1
			Ewan Miles	32	2.40				2
			George Adams	47	2.10				4
			Joe Shepherd	126	2.40				3
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
	<b>Final</b>	1	Connor Flynn	26	3.05			YES	<b>Pole Vault w/s</b>
		2	Ewan Miles	32	2.40				
		3	Joe Shepherd	126	2.40				
			4	George Adams	47	2.10			
			5						
			6						
			7						
			8						
			9						
			10						
			11						
			12						
<b>Records</b>									<b>U15 Boys</b>
Herts	3.42								
National	3.30								
Entry	3.00								









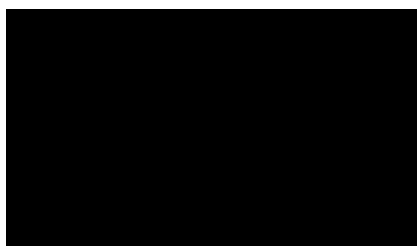
		Throws	W/S	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
<b>Hammer</b>	<b>Final</b>			Max Wallace	26	31.75				1	
				Kian Seymour	49	24.86				3	
				Ben Grimberg	75	20.62				4	
				Joe Stocks	132	25.84				2	
											No Thrower
											No Thrower
											No Thrower
											No Thrower
											No Thrower
											No Thrower
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											No Thrower
	<b>Final</b>	1		Max Wallace	26	31.75				<b>Hammer w/s</b>	
		2		Joe Stocks	132	25.84					
		3		Kian Seymour	49	24.86					
		4		Ben Grimberg	75	20.62					
			5								
			6								
			7								
			8								
			9								
			10								
			11								
			12								
<b>Records</b>										<b>U15 Boys</b>	
Herts	51.79										
National	45.00										
Entry	38.00										

# 8th June 2019

# U17 Boys

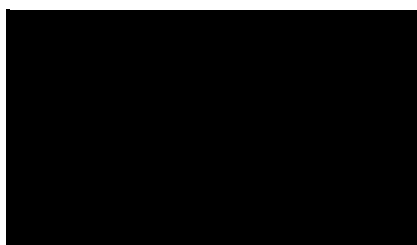
# Results

100m Hurdles		
Position	Name	Time
1	Will Lawler	13.93
2	Joel Evans	14.02
3	Callum Stern	14.90
4	Ethan Peacock	15.30
5	Timmy Gower	15.62
6	Nathaniel Kallinga	15.10
7	Cameron Proctor	15.68
8		



100m		
Position	Name	Time
1	Tariq Wild	11.37
2	Jacob Haynes	11.67
3	Jack Gibbs	12.06
4	Liam Mvula	12.20
5	Kitan Adegun	12.24
6	Sydney Oddoye	12.35
7	David Sarkodie	12.52
8	Fin Roper	12.55

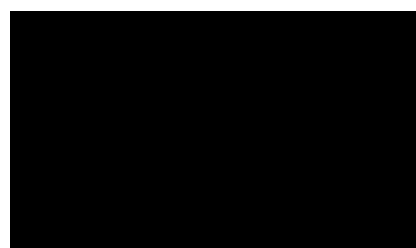
200m		
Position	Name	Time
1	Tariq Wild	22.50
2	Marley Sarling	23.30
3	Daniel Kessi	23.70
4	Jack Gibbs	24.20
5	Fin Roper	24.40
6	Riley Sayer	24.80
7	Tom Byrne	24.90
8	Enoch Ayuba	25.00



400m		
Position	Name	Time
1	Joel Evans	50.90
2	Nick Savva	51.89
3	Willem Farnsdale	52.89
4	Myles Douglass	53.45
5	Rhys Skene	55.54
6	Alex Pickard	57.47
7	David Omeregbee	64.59
8		

800m		
Position	Name	Time
1	George Bayley	02:03.2
2	Aaron Phillips	02:03.3
3	Dan Gill	02:03.7
4	Ben Hunter	02:06.0
5	Alex Harris	02:07.7
6	Finn MacCarthy	02:07.8
7	Loui Barnes	02:08.0
8	Max Batty	02:08.6

1500m		
Position	Name	Time
1	Ben Sloan	04:11.6
2	Charlie Woollett	04:16.7
3	Joseph Chamberlain	04:17.0
4	Sam Sloan	04:21.5
5	Will Reilly	04:24.6
6	Joe Gallego	04:25.1
7	Callum Nicolson	04:26.6
8	Sam Burnell	04:27.2



Steeplechase		
Position	Name	Time
1	Freddie Truman-Williams	04:43.4
2	Fergus Watson	05:15.8
3		
4		
5		
6		
7		
8		

Long Jump		
Position	Name	Distance
1	Alfie Carberry	6.10
2	Loui Barnes	5.55
3	Jack Hurrell	5.40
4	David Sarkodie	5.23
5	Brave Omondi	5.66
6		
7		
8		

Triple Jump		
Position	Name	Distance
1	Daniel Onochie-Williams	12.59
2	Eddie Johnston	12.50
3		
4		
5		
6		
7		
8		

High Jump		
Position	Name	Height
1	Will Lawler	1.82
2	David Omeregbee	1.56
3	Joe Thompson	1.56
4		
5		
6		
7		
8		

Pole Vault		
Position	Name	Height
1	Bryce Breen	4.00
2	William Ashton	3.40
3	Thomas Ashton	3.40
4	Will Gallo	3.10
5	Mitchel Jury	2.90
6	Timmy Gower	2.45
7		
8		

Shot Put		
Position	Name	Distance
1	Ben Alexander	12.50
2	James Isaacs	11.29
3	Joe Pannese	10.81
4	Julius Jesudoss	10.67
5	Alvin Fleming	10.51
6	Harvey Welch	10.27
7	Rhys Skene	9.57
8		

Discus		
Position	Name	Distance
1	Toby Laycock	38.30
2	James Isaacs	36.15
3	Oli Webb	35.46
4	Demi Tokuta	32.01
5	Andrew Fleming	30.35
6	Toby Ostrowski	24.11
7		
8		

Javelin		
Position	Name	Distance
1	Ben Hocking	51.33
2	Nathan Kirkman	43.48
3	Matthew Williams	42.98
4	Riley Sayer	38.06
5	Joe Gallego	36.22
6	Jaden Baker	31.83
7		
8		

Hammer		
Position	Name	Distance
1	Charlie Telfer	24.60
2		
3		
4		
5		
6		
7		
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>100m Hurdles</b>	<b>Heat 1 WS +0.2</b>			David Omeregbie	4	18.30				5	9	
				Cameron Proctor	15	15.70				3	7	
				Hugo Micoud	16	18.00				4	8	
				Callum Stern	22	15.00				1	3	
				Ethan Peacock	31	15.10				2	4	
										No Runner	No Runner	
		<b>Heat 2 WS + 0.1</b>			Nathaniel Kallinga	33	15.56				4	6
				Timmy Gower	40	15.42				3	5	
				Joel Evans	47	14.31				2	2	
				Will Lawler	147	14.23				1	1	
										No Runner	No Runner	
										No Runner	No Runner	
		<b>Heat 3</b>									No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
											No Runner	No Runner
		<b>Heat 4</b>									No Runner	No Runner
											No Runner	No Runner
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
	<b>100m Hurdles Final</b>	4	1	Will Lawler	147	13.93			YES	1	<b>U17 Boys</b>	
			5	2	Joel Evans	47	14.02			2		
			3	3	Callum Stern	22	14.90			3		
			6	5	Ethan Peacock	31	15.30			5		
			2	6	Timmy Gower	40	15.62			6		
			7	4	Nathaniel Kallinga	33	15.10			4		
			1	7	Cameron Proctor	15	15.68			7		
			8	0						0		

Update		Records
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6	Herts	13.40
7	National	13.50
8	Entry	14.00

100m Hurdles Final		W/S
		0.4+
1	Will Lawler	13.93
2	Joel Evans	14.02
3	Callum Stern	14.90
4	Nathaniel Kallinga	15.10
5	Ethan Peacock	15.30
6	Timmy Gower	15.62
7	Cameron Proctor	15.68
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>100m</b>	<b>Heat 1 WS -0.2</b>			Enoch Ayuba	4	12.42				5	10	
				Connor Jenkins	8	12.33				4	9	
				Liam Mvula	11	12.06				1	4	
				David Sarkodie	16	12.28				3	7	
				Fin Roper	17	12.09				2	5	
										No Runner	No Runner	
									No Runner	No Runner		
									No Runner	No Runner		
		<b>Heat 2 WS +1.5</b>			Jack Gibbs	35	12.02				3	3
				Jacob Haynes	45	11.57				2	2	
				Kitan Adegun	47	12.10				4	6	
				Sydney Oddoye	65	12.32				5	8	
				Jacob Gittens- McNamara	68	12.82				6	11	
				Tariq Wild	80	11.29				1	1	
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
		<b>Heat 3</b>								No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>Heat 4</b>								No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>100m Final</b>			4 1 Tariq Wild	80	11.37				1	<b>U17 Boys</b>	
			5 2 Jacob Haynes	45	11.67					2		
			3 3 Jack Gibbs	35	12.06					3		
			6 4 Liam Mvula	11	12.20					4		
			2 8 Fin Roper	17	12.55					8		
			7 5 Kitan Adegun	47	12.24					5		
		1 7 David Sarkodie	16	12.52					7			
		8 6 Sydney Oddoye	65	12.35					6			

Update

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100m

Records

Herts	10.80
National	11.00
Entry	11.20

100m Final		W/S
1	Tariq Wild	11.37
2	Jacob Haynes	11.67
3	Jack Gibbs	12.06
4	Liam Mvula	12.20
5	Kitan Adegun	12.24
6	Sydney Oddoye	12.35
7	David Sarkodie	12.52
8	Fin Roper	12.55

W/S

100m Final

-3.2

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>200m</b>	<b>Heat 1 WS +1.2</b>			Enoch Ayuba	4	25.00				8	8	
				Fin Roper	17	24.40				5	5	
				Jack Gibbs	35	24.20				4	4	
				Marley Sarling	50	23.30				2	2	
				Riley Sayer	65	24.80				6	6	
				Tariq Wild	80	22.50			YES	1	1	
				Daniel Kessi	147	23.70				3	3	
				Tom Byrne	152	24.90				7	7	
										No Runner	No Runner	
										No Runner	No Runner	
		<b>Heat 2</b>								No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
	<b>Heat 3</b>								No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>Heat 4</b>								No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>200m Final</b>	4	1	Tariq Wild	80	22.50			YES	1	<b>U17 Boys</b>	
			5	2	Marley Sarling	50	23.30					2
			3	3	Daniel Kessi	147	23.70					3
			6	4	Jack Gibbs	35	24.20					4
			2	5	Fin Roper	17	24.40					5
			7	6	Riley Sayer	65	24.80					6
			1	7	Tom Byrne	152	24.90					7
			8	8	Enoch Ayuba	4	25.00					8

Update

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200m

Records

Herts	22.09
National	22.20
Entry	22.70

200m Final		W/S
		1.2+
1	Tariq Wild	22.50
2	Marley Sarling	23.30
3	Daniel Kessi	23.70
4	Jack Gibbs	24.20
5	Fin Roper	24.40
6	Riley Sayer	24.80
7	Tom Byrne	24.90
8	Enoch Ayuba	25.00

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
<b>400m</b>	<b>Heat 1</b>			David Omeregbee	4	64.59				7	7
				Myles Douglass	10	53.45				4	4
				Nick Savva	26	51.89				2	2
				Rhys Skene	41	55.54				5	5
				Joel Evans	47	50.90			YES	1	1
				Alex Pickard	69	57.47				6	6
				Willem Farndale	117	52.89				3	3
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
	<b>Heat 2</b>								No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
	<b>Heat 3</b>								No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
	<b>Heat 4</b>								No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
	<b>400m Final</b>	4	1	Joel Evans	47	50.90			YES	1	
			5	2	Nick Savva	26	51.89			2	
			3	3	Willem Farndale	117	52.89			3	
			6	4	Myles Douglass	10	53.45			4	
			2	5	Rhys Skene	41	55.54			5	
			7	6	Alex Pickard	69	57.47			6	
			1	7	David Omeregbee	4	64.59			7	
			8	TBC						TBC	

Update

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400m

Records

49.20  
49.50  
51.10

Herts  
National  
Entry

400m  
Final

4  
5  
3  
6  
2  
7  
1  
8

1  
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Joel Evans  
Nick Savva  
Willem Farndale  
Myles Douglass  
Rhys Skene  
Alex Pickard  
David Omeregbee  
TBC

47  
26  
117  
10  
41  
69  
4

50.90  
51.89  
52.89  
53.45  
55.54  
57.47  
64.59

YES

1  
2  
3  
4  
5  
6  
7  
TBC

U17 Boys

400m Final		W/S
1	Joel Evans	50.90
2	Nick Savva	51.89
3	Willem Farndale	52.89
4	Myles Douglass	53.45
5	Rhys Skene	55.54
6	Alex Pickard	57.47
7	David Omeregbee	64.59
8		







		Races	Name	No.	Time (0:00.0)	Herts	National	Entry	Position	
Steeplechase	Final		Fergus Watson	19	05:15.8				2	
			Freddie Truman-Williams	36	04:43.4				1	
										No Runner
										No Runner
										No Runner
										No Runner
										No Runner
										No Runner
										No Runner
										No Runner
										No Runner
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										No Runner
										No Runner
										No Runner
										No Runner
										No Runner
										No Runner
			Final	1	Freddie Truman-Williams	36	04:43.4			
	2	Fergus Watson		19	05:15.8					
	3									
		4								
		5								
		6								
		7								
		8								
		9								
		10								
		11								
		12								
Records									U17 Boys	
Herts	04:24.5									
National	04:32.0									
Entry	04:40.0									



<b>Triple Jump</b>	<b>Final</b>	Jumps	W/S	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
				Daniel Onochie-Williams	19	12.59					1
				Eddie Johnston	41	12.50					2
											No Jumper
											No Jumper
											No Jumper
											No Jumper
											No Jumper
											No Jumper
											No Jumper
											No Jumper
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									No Jumper		
									No Jumper		
									No Jumper		
									No Jumper		
									No Jumper		
									No Jumper		
	<b>Final</b>	1		Daniel Onochie-Williams	19	12.59				<b>Triple Jump w/s</b>	
		2		Eddie Johnston	41	12.50					
			3								
			4								
			5								
			6								
			7								
			8								
			9								
			10								
			11								
			12								
<b>Records</b>										<b>U17 Boys</b>	
Herts	14.21										
National	13.70										
Entry	13.20										

Jumps		W/S	Name	No.	Height (m.cm)	Herts	National	Entry	Position
<b>High Jump</b>	<b>Final</b>		David Omeregbie	4	1.56				2
			Joe Thompson	5	1.56				3
			Will Lawler	147	1.82				1
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
	<b>Final</b>	1	Will Lawler	147	1.82				<b>High Jump w/s</b>
		2	David Omeregbie	4	1.56				
		3	Joe Thompson	5	1.56				
			4						
			5						
			6						
			7						
			8						
			9						
			10						
			11						
			12						
<b>Records</b>									<b>U17 Boys</b>
Herts	2.00								
National	1.96								
Entry	1.90								

Jumps		W/S	Name	No.	Height (m.cm)	Herts	National	Entry	Position	
<b>Pole Vault</b>	<b>Final</b>		William Ashton	15	3.40				2	
			Timmy Gower	40	2.45				6	
			Will Gallo	41	3.10				4	
			Mitchel Jury	47	2.90				5	
			Bryce Breen	52	4.00			YES	1	
			Thomas Ashton	115	3.40				3	
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
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										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
										No Jumper
		<b>Final</b>	1	Bryce Breen	52	4.00			YES	<b>Pole Vault w/s</b>
	2		William Ashton	15	3.40					
	3		Thomas Ashton	115	3.40					
			4	Will Gallo	41	3.10				
			5	Mitchel Jury	47	2.90				
			6	Timmy Gower	40	2.45				
			7							
			8							
			9							
			10							
			11							
			12							
<b>Records</b>									<b>U17 Boys</b>	
Herts	4.40									
National	4.20									
Entry	3.90									





		Throws	W/S	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
<b>Discus</b>	<b>Final</b>			Oli Webb	5	35.46				3	
				Andrew Fleming	8	30.35				5	
				Toby Laycock	26	38.30				1	
				James Isaacs	32	36.15				2	
				Toby Ostrowski	40	24.11				6	
				Demi Tokuta	45	32.01				4	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
										No Thrower	
			<b>Final</b>	1		Toby Laycock	26	38.30			
	2			James Isaacs	32	36.15					
	3			Oli Webb	5	35.46					
		4			Demi Tokuta	45	32.01				<b>U17 Boys</b>
		5			Andrew Fleming	8	30.35				
		6			Toby Ostrowski	40	24.11				
		7									
		8									
		9									
		10									
		11									
		12									
<b>Records</b>											
		Herts		50.60							
		National		44.00							
		Entry		41.00							



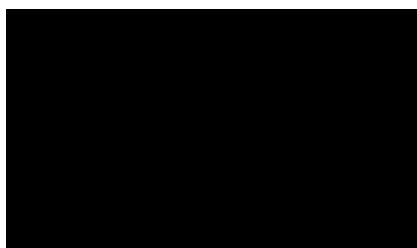


# 8th June 2019

# U13 Girls

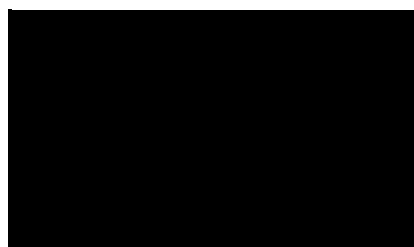
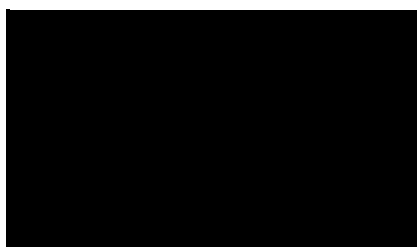
# Results

70m Hurdles		
Position	Name	Time
1	Kyra Adams	12.70
2	Lila Gardner	13.41
3	Belinda Mendes da Costa	13.55
4	Milla Walsh	14.26
5		
6		
7		
8		



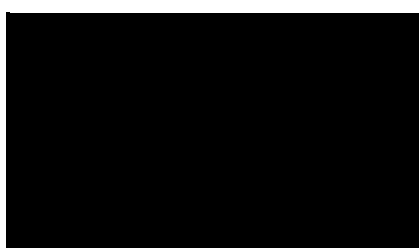
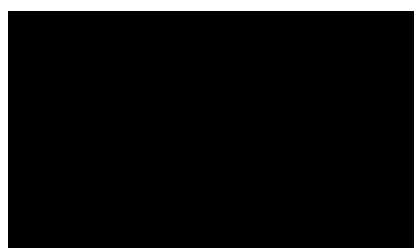
100m		
Position	Name	Time
1	Omi Moneke	13.35
2	Tiana Rizzo	13.46
3	Yona Ramphort	13.61
4	Tiana McKenzie-David	13.62
5	Abi Charles Ojo	13.70
6	Dilara Tekin	14.09
7	Ella Smith	14.20
8	Becky McCaul	14.47

200m		
Position	Name	Time
1	Abi Charles Ojo	28.92
2	Elouise Starkey	29.09
3	Zoe Jardin	29.29
4	Dyllen Bramble	29.60
5	Phoebe Miller	30.47
6	Mia Higson	30.96
7	Katie Gully	30.97
8	Mikayla Heffer	32.35

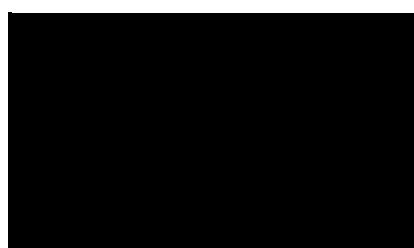


800m		
Position	Name	Time
1	Phoebe Gill	02:16.6
2	Brooke Evans	02:30.0
3	Victoria Daley	02:43.2
4	Olivia Wilson	02:53.5
5	Ella Head	02:56.4
6	Lillian Shapland	02:57.2
7	Sofia Inacio	03:06.0
8	Lola Baigent	03:10.6

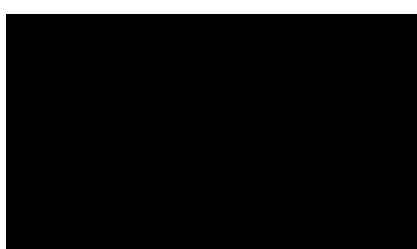
1500m		
Position	Name	Time
1	Tilly Major	05:12.4
2	Lila Byass	05:15.1
3	Abigail Manson	05:24.4
4	Imogen Rose	05:30.5
5	Raissa Vickery	05:33.1
6	Thea Gray	05:36.1
7	Hollie Ford	05:44.7
8	Beth Irvine	05:46.0



Long Jump		
Position	Name	Distance
1	Tiana McKenzie-David	4.23
2	Lucy Bevan	4.00
3	Abi Thompson	3.80
4	Kate Hopper	3.45
5	Megan Gray	3.16
6		
7		
8		



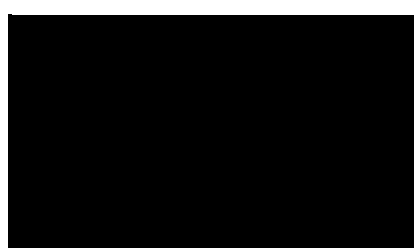
High Jump		
Position	Name	Height
1	Emily Sanderson	1.41
2	Katherine Macdonald	1.29
3	Emma Robertson	1.26
4	Lila Gardner	1.23
5	Willow Hayes	1.17
6		
7		
8		



Shot Put		
Position	Name	Distance
1	Olivia Lawrence	8.03
2	Lauren Caldwell	7.72
3	Temitope Fetuga	6.98
4		
5		
6		
7		
8		

Discus		
Position	Name	Distance
1	Temitope Fetuga	16.18
2	Elouise Starkey	16.14
3	Mia Higson	14.60
4		
5		
6		
7		
8		

Javelin		
Position	Name	Distance
1	Poppy Radford	27.98
2	Finley Francis	27.13
3	Ella Heath	24.29
4	Darcy Wright	20.86
5	Amelia Onyems	20.33
6		
7		
8		



		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		<b>70m Hurdles</b>		<b>Heat 1 WS -0.2</b>		Milla Walsh	32	14.26			
	Belinda Mendes da Costa				45	13.55				3	3
	Lila Gardner				56	13.41				2	2
	Kyra Adams				156	12.70				1	1
										No Runner	No Runner
<b>Heat 2</b>										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
<b>Heat 3</b>										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
<b>Heat 4</b>								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
<b>70m Hurdles Final</b>	4	1	Kyra Adams	156	12.70				1	<b>U13 Girls</b>	
	5	2	Lila Gardner	56	13.41				2		
	3	3	Belinda Mendes da Costa	45	13.55				3		
	6	4	Milla Walsh	32	14.26				4		
	2	TBC							TBC		
<b>Update</b>	1										
	2										
	3										
	4										
<b>Records</b>											
Herts	11.40										
National											
Entry											

<b>70m Hurdles Final</b>		W/S
		-0.2
1	Kyra Adams	12.70
2	Lila Gardner	13.41
3	Belinda Mendes da Costa	13.55
4	Milla Walsh	14.26
5		
6		
7		
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>100m</b>	<b>Heat 1 WS +2.3</b>			Becky McCaul	5	15.04				5	8	
				Tiana Rizzo	17	14.27				3	4	
				Yona Ramphort	26	14.20				1	2	
				Oluwaseun Apoola	29	15.18				6	11	
				Tiana McKenzie-David	35	14.52				4	7	
				Abi Charles Ojo	42	14.21				2	3	
										No Runner	No Runner	
										No Runner	No Runner	
		<b>Heat 2 WS +1.5</b>			Omi Moneke	45	13.73				1	1
				Mikavla Heffer	52	15.17				5	10	
				Ella Smith	53	14.37				2	5	
				Dilara Tekin	83	14.39				3	6	
				Meg Knibbs	146	15.13				4	9	
										No Runner	No Runner	
		<b>Heat 3</b>								No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
									No Runner	No Runner		
									No Runner	No Runner		
	<b>Heat 4</b>								No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>100m Final</b>	4	1	Omi Moneke	45	13.35				1	<b>U13 Girls</b>	
		5	3	Yona Ramphort	26	13.61				3		
		3	5	Abi Charles Ojo	42	13.70				5		
		6	2	Tiana Rizzo	17	13.46				2		
		2	7	Ella Smith	53	14.20				7		
		7	6	Dilara Tekin	83	14.09				6		
		1	4	Tiana McKenzie-David	35	13.62				4		
		8	8	Becky McCaul	5	14.47				8		

Update
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Records
Herts 12.90
National
Entry

100m Final		W/S
		1.0+
1	Omi Moneke	13.35
2	Tiana Rizzo	13.46
3	Yona Ramphort	13.61
4	Tiana McKenzie-David	13.62
5	Abi Charles Ojo	13.70
6	Dilara Tekin	14.09
7	Ella Smith	14.20
8	Becky McCaul	14.47







Races		W/S	Name	No.	Time (0:00.0)	Herts	National	Entry	Position
1500m	Final		Thea Gray	5	05:36.1				6
			Hollie Ford	11	05:44.7				7
			Raissa Vickery	31	05:33.1				5
			Milla Walsh	32	05:57.9				10
			Lila Byass	41	05:15.1				2
			Beth Irvine	42	05:46.0				8
			Megan Gray	46	05:52.2				9
			Abigail Manson	47	05:24.4				3
			Tilly Major	80	05:12.4				1
			Imogen Rose	147	05:30.5				4
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
			Final	1	Tilly Major	80	05:12.4		
	2	Lila Byass		41	05:15.1				w/s
	3	Abigail Manson		47	05:24.4				
	4	Imogen Rose		147	05:30.5				
	5	Raissa Vickery		31	05:33.1				
	6	Thea Gray		5	05:36.1				
	7	Hollie Ford		11	05:44.7				
	8	Beth Irvine		42	05:46.0				
	9	Megan Gray		46	05:52.2				
	10	Milla Walsh		32	05:57.9				
	11								
	12								
Records									
Herts	04:59.8								
National									
Entry									

1500m  
w/s  
U13 Girls





Throws W/S		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
		Final		Lauren Caldwell	6	7.72			
Temitope Fetuga	71			6.98				3	
Olivia Lawrence	93			8.03				1	
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
Final		1	Olivia Lawrence	93	8.03				
		2	Lauren Caldwell	6	7.72				
		3	Temitope Fetuga	71	6.98				
		4							
		5							
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	9.38								
National									
Entry									
								Shot Put w/s	
								U13 Girls	

<b>Discus</b>	<b>Final</b>	Throws W/S	Name	No.	Distance (m.cm)	Herts	National	Entry	Position
			Mia Higson	8	14.60				3
			Elouise Starkey	12	16.14				2
			Temitope Fetuga	71	16.18				1
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
	<b>Final</b>	1	Temitope Fetuga	71	16.18				<b>Discus w/s</b>
		2	Elouise Starkey	12	16.14				
		3	Mia Higson	8	14.60				
			4						
			5						
			6						
			7						
			8						
			9						
			10						
			11						
			12						
<b>Records</b>									<b>U13 Girls</b>
Herts	26.83								
National									
Entry									

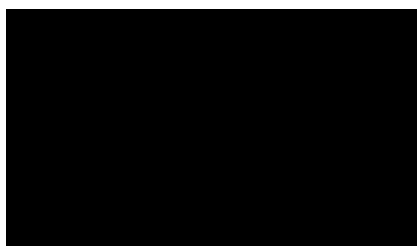


# 8th June 2019

# U15 Girls

# Results

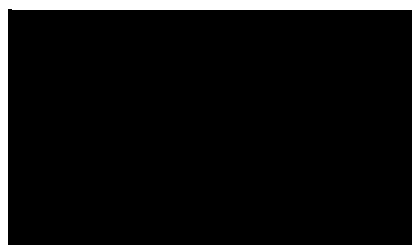
75m Hurdles		
Position	Name	Time
1	Mia McIntosh	11.14
2	Scarlett Gammell	11.47
3	Alina Cofie	11.66
4	Sienna Parfitt	12.64
5	Jess Tappin	12.68
6	Annabelle Raymont	12.81
7	Hope Baker	12.82
8	Sacha Richmond	13.32



100m		
Position	Name	Time
1	Lily Norwood	12.61
2	Jasmine Hardy	13.27
3	Kashi Williamson	13.39
4	Kachi Awpawku	13.51
5	Anya Morzaria	13.56
6	Lulu Peers	13.70
7	Lucie Kirby	13.91
8		

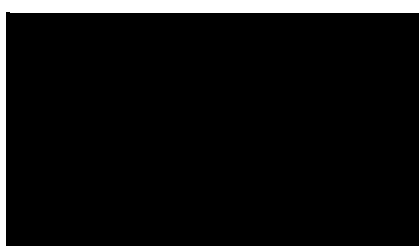
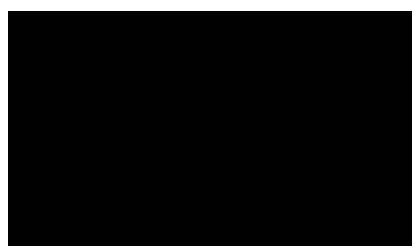
200m		
Position	Name	Time
1	Amelia Gittens	26.49
2	Catherine Kola-Balogun	27.32
3	Tasmin Martin	27.44
4	Jemma Thomson	27.45
5	Leah Mansell-Baker	28.05
6	Sophia Bridle	28.10
7	Fara Moses-Adio	28.14
8		

300m		
Position	Name	Time
1	Abbie Parker	39.87
2	Jessica Astill	40.76
3	Isobel Geere	42.80
4	Niamh Day	42.84
5	Orla Foley	43.85
6	Annie Burchell	44.16
7	Emma Cresswell	44.42
8	Alexa Forster	44.47

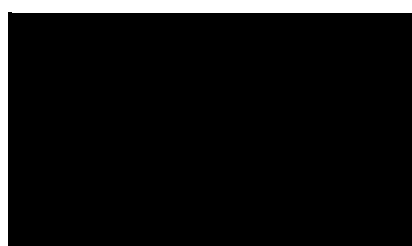


800m		
Position	Name	Time
1	Stella Whitlum	02:22.1
2	Sarah McGrath	02:28.5
3	Annabel Hedge	02:30.4
4	Rachel Pearlman	02:31.7
5	Louise Grenfell	02:34.0
6	Katie Savage	02:34.4
7	Niamh Keohane	02:35.8
8	Hannah Dupont	02:37.4

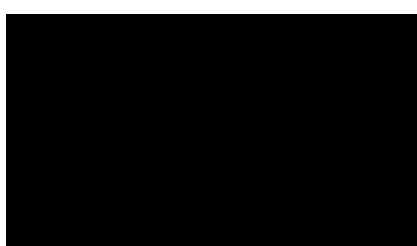
1500m		
Position	Name	Time
1	Aimi Weightman	04:53.1
2	Lily Tse	04:55.8
3	Antonia Jubb	05:00.4
4	Hannah Read	05:11.7
5	Isabelle Jelfs	05:17.1
6	Lucy Storey	05:20.3
7	Lily Harrison-Stokoe	05:34.5
8	Jemima Byers	05:41.4



Long Jump		
Position	Name	Distance
1	Sophia Bridle	5.10
2	Alina Cofie	4.97
3	Leah Mansell-Baker	4.87
4	Jessica Astill	4.79
5	Catherine Kola-Balogun	4.66
6	Isobel Geere	4.66
7	Khadijah Hyjazy	4.61
8	Phoebe Donoghue	4.51



High Jump		
Position	Name	Height
1	Camiile Akinfenwa	1.58
2	Rebecca Wheeler-Henry	1.58
3	Bella Paraskeva	1.49
4	Ena Olivier	1.46
5	Talia Turey	1.43
6	Daisy O'Brien	1.43
7	Lili Rodgers	1.40
8	Phoebe Donoghue	1.40



Shot Put		
Position	Name	Distance
1	Alex Paraskeva	10.63
2	Ariane Belinga	9.19
3	Corrine Kola-Balogun	8.97
4	Oluwaseun Ajidagba	8.79
5	Amber Duffy	8.76
6	Alex Kirilova	8.46
7	Ama Adade	8.25
8	Sophia Botterman	8.15

Discus		
Position	Name	Distance
1	Melanie Onah	23.40
2	Felicity Funnell	22.56
3	Alex Kirilova	22.05
4	Otilie Price	21.91
5	Rosie Vass	19.29
6	Claudia Masters	17.79
7	Zoe Hargrove	17.08
8	Kylie Osuji	16.98

Javelin		
Position	Name	Distance
1	Nicole Wood	25.26
2	Amy Barrett	24.78
3	Eleanor Marklew	23.98
4	Emma Ross	22.74
5	Asha Patel	22.30
6	Annabel Hedge	21.30
7		
8		

Hammer		
Position	Name	Distance
1	Daisy Laing	21.63
2	Jessica Bunting	17.64
3		
4		
5		
6		
7		
8		





		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
<b>100m</b>	<b>Heat 1 WS +1.8</b>			Lucie Kirby	3	13.83				4	6
				Talia Turley	15	14.38				7	10
				Lulu Peers	20	13.73				3	4
				Ava Meekoms	22	14.20				5	8
				Jasmine Hardy	28	13.26				2	2
				Nevaeh Swift	33	14.20				5	8
				Lily Norwood	35	12.62			YES	1	1
				Chloe Grogan	36	14.89				8	14
				Daisey Marshall	38	14.69				6	13
				Kachi Awpawku	41	14.02				3	7
	<b>Heat 2 WS +1.8</b>			Sophie Bennett	53	15.00				7	15
			Anya Morzaria	56	13.74				2	5	
			Kashi Williamson	65	13.40				1	3	
			Trinity Meikle	66	14.50				4	11	
			Tia Loraine	106	15.18				8	16	
			Safina Di Bella	146	14.64				5	12	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
	<b>Heat 3</b>								No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
	<b>Heat 4</b>								No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
	<b>100m Final</b>	4	1	Lily Norwood	35	12.61			YES	1	<b>U15 Girls</b>
		5	2	Jasmine Hardy	28	13.27				2	
		3	3	Kashi Williamson	65	13.39				3	
		6	6	Lulu Peers	20	13.70				6	
		2	5	Anya Morzaria	56	13.56				5	
		7	7	Lucie Kirby	3	13.91				7	
		1	4	Kachi Awpawku	41	13.51				4	
		8	TBC							TBC	

Update

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100m

Records

Herts	12.30
National	12.40
Entry	12.70

100m Final		W/S
		0.2+
1	Lily Norwood	12.61
2	Jasmine Hardy	13.27
3	Kashi Williamson	13.39
4	Kachi Awpawku	13.51
5	Anya Morzaria	13.56
6	Lulu Peers	13.70
7	Lucie Kirby	13.91
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>200m</b>	<b>Heat 1 WS+1.5</b>			Jemma Thomson	5	27.60				2	3	
				Trudy Amoah	8	29.60				6	12	
				Fara Moses-Adio	12	28.70				4	7	
				Finola McIntyre	18	30.30				7	17	
				Jess Tappin	22	29.50				5	11	
				Catherine Kola-Balogun	34	27.50				1	2	
				Tasmin Martin	35	27.80				3	4	
										No Runner	No Runner	
		<b>Heat 2 WS 0.0</b>			Daisy Laing	36	29.10				3	9
				Daisey Marshall	38	29.00				2	8	
				Madison Lee	42	30.40				5	18	
				Lili Rodgers	46	30.20				4	15	
				Amelia Gittens	47	27.00				1	1	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
	<b>Heat 3 WS +1.5</b>			Sophia Bridle	50	28.10				1	5	
			Zahava Owolana	56	29.70				4	13		
			Leah Mansell-Baker	65	28.10				1	6		
			Leah Bottomley	84	32.00				7	19		
			Mimi Subair	145	30.20				6	15		
			Zara Miller	152	29.10				3	9		
			Camille Akinfenwa	166	29.80				5	14		
									No Runner	No Runner		
	<b>Heat 4</b>								No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>200m Final</b>	4	1	Amelia Gittens	47	26.49				1	<b>U15 Girls</b>	
		5	2	Catherine Kola-Balogun	34	27.32				2		
		3	4	Jemma Thomson	5	27.45				4		
		6	3	Tasmin Martin	35	27.44				3		
		2	6	Sophia Bridle	50	28.10				6		
		7	5	Leah Mansell-Baker	65	28.05				5		
		1	7	Fara Moses-Adio	12	28.14				7		
		8										

Update

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200m

Records

Herts	24.90
National	25.50
Entry	26.20

200m Final		W/S
		0.3+
1	Amelia Gittens	26.49
2	Catherine Kola-Balogun	27.32
3	Tasmin Martin	27.44
4	Jemma Thomson	27.45
5	Leah Mansell-Baker	28.05
6	Sophia Bridle	28.10
7	Fara Moses-Adio	28.14
8		

		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
<b>300m</b>	<b>Heat 1 WS +0.1</b>			Jesse Dent	21	45.10				6	9	
				Orla Foley	25	45.00				5	8	
				Annie Burchell	33	44.50				4	7	
				Maddie McGowan	39	46.00				7	11	
				Emma Cresswell	42	44.40				3	6	
				Isobel Geere	65	44.00				2	4	
				Jessica Astill	82	43.20				1	3	
										No Runner	No Runner	
		<b>Heat 2 WS +0.2</b>			Niamh Smith	22	46.70				6	13
				Ella Hampstead	31	45.70				4	10	
				Isabel Wildgoose	34	46.10				5	12	
				Abbie Parker	40	41.90	NEW		YES	1	1	
				Niamh Day	47	42.90				2	2	
				Alexa Forster	76	44.10				3	5	
										No Runner	No Runner	
										No Runner	No Runner	
		<b>Heat 3</b>								No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
										No Runner	No Runner	
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>Heat 4</b>								No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
									No Runner	No Runner		
	<b>300m Final</b>		4	1	Abbie Parker	40	39.87	NEW	YES	YES	1	<b>U15 Girls</b>
			5	4	Niamh Day	47	42.84				4	
			3	2	Jessica Astill	82	40.76		YES	YES	2	
			6	3	Isobel Geere	65	42.80				3	
			2	8	Alexa Forster	76	44.47				8	
		7	7	Emma Cresswell	42	44.42				7		
		1	6	Annie Burchell	33	44.16				6		
		8	5	Orla Foley	25	43.85				5		

Update

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Records		
6	Herts	43.13
7	National	41.00
8	Entry	42.00

300m Final		W/S
		0.0
1	Abbie Parker	39.87
2	Jessica Astill	40.76
3	Isobel Geere	42.80
4	Niamh Day	42.84
5	Orla Foley	43.85
6	Annie Burchell	44.16
7	Emma Cresswell	44.42
8	Alexa Forster	44.47















Throws W/S		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
		Final		Amy Barrett	5	24.78			
Asha Patel	39			22.30				5	
Emma Ross	54			22.74				4	
Eleanor Marklew	73			23.98				3	
Nicole Wood	105			25.26				1	
Annabel Hedge	125			21.30				6	
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
Final		1 Nicole Wood	105	25.26				Javelin w/s	
		2 Amy Barrett	5	24.78					
		3 Eleanor Marklew	73	23.98					
		4 Emma Ross	54	22.74				U15 Girls	
		5 Asha Patel	39	22.30					
		6 Annabel Hedge	125	21.30					
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	40.17								
National	36.00								
Entry	34.00								



# 8th June 2019

# U17 Girls

# Results

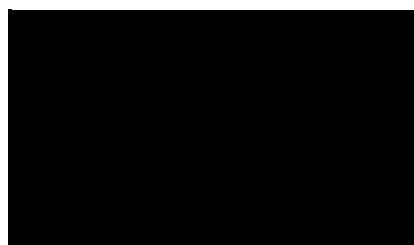
80m Hurdles		
Position	Name	Time
1	Marli Jessop	11.57
2	Milly Gall	11.80
3	Zoe Carroll	12.61
4	Jaden Adu	13.01
5	Maddie Waite	13.03
6		
7		
8		

300m Hurdles		
Position	Name	Time
1	Clare Hudson	48.20
2	Maddie Waite	48.80
3	Emily Swain	49.40
4	Daisy Creasey	49.50
5	Milly Soanes	51.50
6		
7		
8		

100m		
Position	Name	Time
1	Marli Jessop	12.87
2	Emma Afari	13.19
3	Keira Martin	13.25
4	Serena Thomas	13.26
5	Chrissy Murray	13.27
6	Danielle Nnene	13.32
7	Zari Annafi	13.74
8	Lottie Moye	14.01

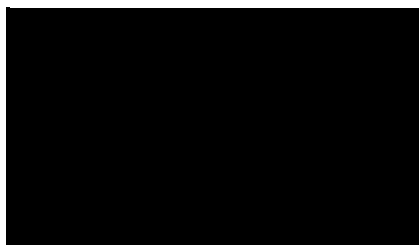
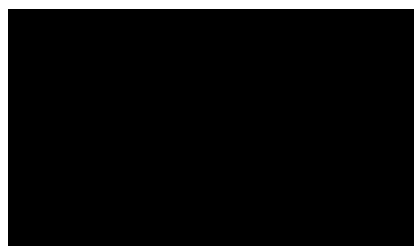
200m		
Position	Name	Time
1	Jerryann Jones	27.50
2	Zoe St John	27.60
3	Rebecca Adu-Poku	28.80
4	Camie Amuzie	29.00
5		
6		
7		
8		

300m		
Position	Name	Time
1	Emily Swain	43.28
2	Delphine Lehrfreund	43.52
3	Jessica Beaton	44.85
4	Maggie Fleet	45.70
5		
6		
7		
8		



800m		
Position	Name	Time
1	Trixie Wraith	02:15.7
2	Bluebell Cooke	02:19.5
3	Jessica Hoar	02:23.8
4	Hettie Grimes	02:34.4
5	Jessica Hill	02:35.6
6	Mia Wright	02:37.3
7	Jordan Walters	02:41.9
8		

1500m		
Position	Name	Time
1	Freya Stapleton	04:50.9
2	Niamh Gallagher	05:41.8
3		
4		
5		
6		
7		
8		



Long Jump		
Position	Name	Distance
1	Grace Hucknall	5.11
2	Jessica Hill	4.61
3	Eve Slater	4.61
4	Clara Mee	4.02
5		
6		
7		
8		

Triple Jump		
Position	Name	Distance
1	Amelia Daley	11.27
2	Hannah Booth	10.60
3	Keira Martin	9.92
4	Melanie Parana-Thanthirige	9.80
5	Emma Afari	9.77
6	Charlotte Wirth	9.75
7	Danielle Nnene	9.54
8	Mae MaGaulley - Foy	9.15

High Jump		
Position	Name	Height
1	Clara Mee	1.49
2	Jerryann Jones	1.49
3	Grace Hucknall	1.40
4	Tumi Adewinbi	1.39
5	Camie Amuzie	1.34
6		
7		
8		

Pole Vault		
Position	Name	Height
1	Meadow Thomas	2.30
2		
3		
4		
5		
6		
7		
8		

Shot Put		
Position	Name	Distance
1	Freya Witheat	12.12
2	Ogorchukwu Thomas	11.08
3	Anni Williams	10.78
4	Zoe Carroll	10.18
5	Alice Cuell	9.53
6	Zari Annafi	9.10
7	Jess Hartley	9.02
8		

Discus		
Position	Name	Distance
1	Katie Webb	34.50
2	Emily Ross	27.55
3	Misi Subair	25.50
4	Kaitlyn Williams	23.63
5	Temi Erinle	21.28
6		
7		
8		

Javelin		
Position	Name	Distance
1	Freya Witheat	37.32
2	Maisie Taylor	33.31
3	Issie Brunskill	30.48
4	Lucy Evans	30.33
5	Kamila Wolowicz	23.00
6		
7		
8		

Hammer		
Position	Name	Distance
1	Sasha Thomson	26.09
2		
3		
4		
5		
6		
7		
8		











		Races	W/S	Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists		
<b>300m</b>	<b>Heat 1 WS +0.1</b>			Jessica Beaton	15	44.85				3	3		
				Maggie Fleet	48	45.70				4	4		
				Emily Swain	58	43.28				1	1		
				Delphine Lehrfreund	147	43.52				2	2		
		<b>Heat 2</b>								No Runner	No Runner		
									No Runner	No Runner			
										No Runner	No Runner		
										No Runner	No Runner		
		<b>Heat 3</b>								No Runner	No Runner		
										No Runner	No Runner		
										No Runner	No Runner		
										No Runner	No Runner		
		<b>Heat 4</b>								No Runner	No Runner		
										No Runner	No Runner		
										No Runner	No Runner		
										No Runner	No Runner		
		<b>300m Final</b>	4	1	Emily Swain	58	43.28				1	<b>U17 Girls</b>	
				5	2	Delphine Lehrfreund	147	43.52					2
				3	3	Jessica Beaton	15	44.85					3
				6	4	Maggie Fleet	48	45.70					4
		2	TBC							TBC			
		7	TBC							TBC			
		1	TBC							TBC			
		8	TBC							TBC			

Update

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**300m**

Records

Herts	39.40
National	40.10
Entry	41.00

300m Final		W/S
		0.1+
1	Emily Swain	43.28
2	Delphine Lehrfreund	43.52
3	Jessica Beaton	44.85
4	Maggie Fleet	45.70
5		
6		
7		
8		





Jumps		W/S	Name	No.	Distance (m.cm)	Herts	National	Entry	Position
<b>Long Jump</b>	<b>Final</b>		Eve Slater	25	4.61				3
			Grace Hucknall	26	5.11				1
			Jessica Hill	40	4.61				2
			Clara Mee	59	4.02				4
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
	<b>Final</b>	1	Grace Hucknall	26	5.11				<b>Long Jump w/s</b>
		2	Jessica Hill	40	4.61				
		3	Eve Slater	25	4.61				
			4	Clara Mee	59	4.02			
			5						
			6						
			7						
			8						
			9						
			10						
			11						
			12						
<b>Records</b>									<b>U17 Girls</b>
Herts	5.58								
National	5.50								
Entry	5.35								













<b>Javelin</b>	<b>Final</b>	Throws W/S	<b>Name</b>	<b>No.</b>	<b>Distance (m.cm)</b>	<b>Herts</b>	<b>National</b>	<b>Entry</b>	<b>Position</b>
			Maisie Taylor	41	33.31				2
			Issie Brunskill	45	30.48				3
			Kamila Wolowicz	47	23.00				5
			Freya Witheat	56	37.32				1
			Lucy Evans	34	30.33				4
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
			No Thrower						
	<b>Final</b>	1	Freya Witheat	56	37.32				
		2	Maisie Taylor	41	33.31				Javelin
		3	Issie Brunskill	45	30.48				w/s
		4	Lucy Evans	34	30.33				
		5	Kamila Wolowicz	47	23.00				
		6							
		7							
		8							
		9							
		10							
		11							
		12							
<b>Records</b>									
Herts	41.00								
National	41.00								
Entry	38.00								
									<b>U17 Girls</b>

