



Hertfordshire Schools
Athletics Association



Hertfordshire Schools' Track & Field Championships

Jarman Park, Hemel Hempstead

Saturday 9th June 2018

Pre-Junior (U13), Junior (U15) & Inter (U17)

Boys' & Girls' Competitions

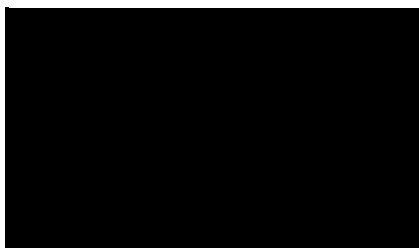
Results

9th June 2018

Pre-Junior Boys

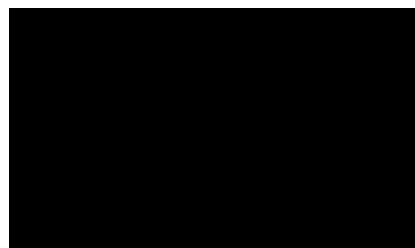
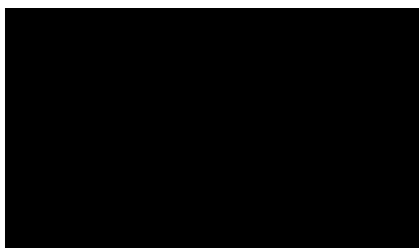
Results

75m Hurdles		
Position	Name	Time
1	Jerome Bossman-Ceasar	13.30
2	Ollie Geere	13.53
3	Cameron Sharpe	13.86
4	Noah Brown	14.10
5	Luka Rodgers-Ezewuike	14.47
6	Owen Hughes	14.62
7	Freddie Waite	14.67
8	Pedro Gomez Jones	14.87



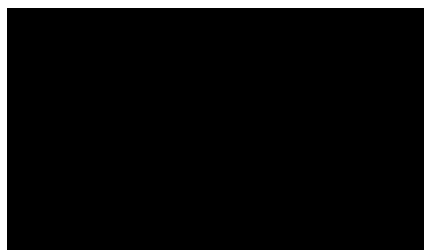
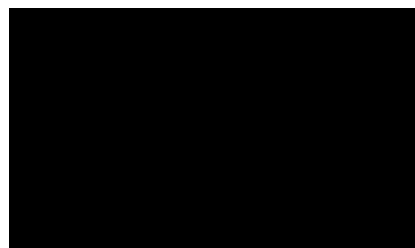
100m		
Position	Name	Time
1	William Houghton	12.76
2	Christopher Davies	13.11
3	Otis Omoniyi	13.23
4	Charlie Brunt	13.64
5	Nathan Odunsi	13.77
6	Shion Evans	14.32
7		
8		

200m		
Position	Name	Time
1	Noah Houslin	27.49
2	Cameron Taylor	27.99
3	Freddie Godman	28.23
4	Thomas Chisholm	28.67
5	Luca Wyart	29.34
6	Peter Holmes	29.39
7	Dylan Chandra	29.54
8	Shion Evans	29.95

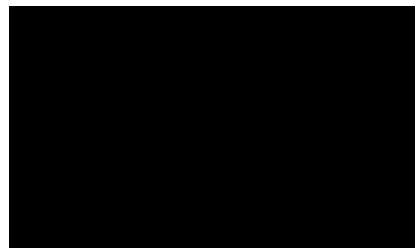


800m		
Position	Name	Time
1	Zak Davies	02:28.1
2	Callum Lloyd	02:30.9
3	Sean Morley	02:32.6
4	Sam Matthews	02:33.1
5	Brandon Heaney	02:34.3
6	Evan Napier	02:35.4
7	Dillon Smith	02:37.3
8	Gregory Clark	02:40.0

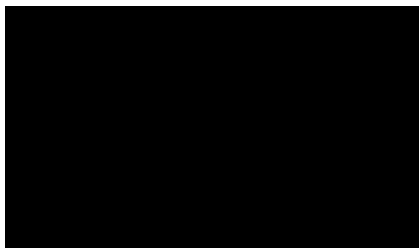
1500m		
Position	Name	Time
1	George Ward	04:56.5
2	Alexander McDonald	04:56.8
3	Nathan Reeves	04:58.1
4	Sam Bollen	05:06.8
5	Oscar Loveday	05:07.1
6	Noah Brown	05:10.6
7	Adam Wood	05:11.9
8	George Reily	05:19.0



Long Jump		
Position	Name	Distance
1	David Nartey	4.91
2	William Houghton	4.80
3	Omatola Dudu	4.75
4	Louis Burns	4.55
5	Alex King	4.49
6	Charlie Brunt	4.43
7	Olly Wheeler	4.15
8	Uriah Brewster	4.03



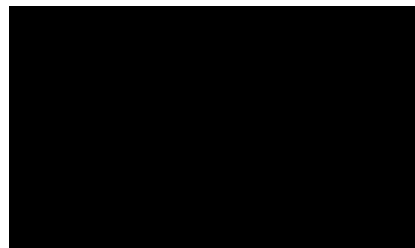
High Jump		
Position	Name	Height
1	Ben Walker	1.41
2	Jore Bramoih	1.35
3	Ashton O'Connell	1.29
4	Freddie Waite	1.26
5		
6		
7		
8		



Shot Put		
Position	Name	Distance
1	Jimmy Mariano	10.27
2	Lance Kruger	9.77
3	Ed Askam	7.92
4	Archie Jones	7.67
5	Alex Francis	5.89
6		
7		
8		

Discus		
Position	Name	Distance
1	Josh Twigg	19.58
2	Sam Quiggin	16.27
3		
4		
5		
6		
7		
8		

Javelin		
Position	Name	Distance
1	Roraigh Browne	36.57
2	Noah Harvey	33.49
3	Jonathan Guest	32.81
4	Pedro Gomez Jones	31.10
5	Ashton O'Connell	29.58
6	Connor Farquharson	27.65
7	Luca Bruzas	22.89
8		



Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Cameron Sharpe	8	13.86				3
Owen Hughes	12		14.62				6	6	
Pedro Gomez Jones	19		14.87				8	8	
Luka Rodgers-Ezewuike	47		14.47				5	5	
Ollie Geere	65		13.53				2	2	
Noah Brown	97		14.10				4	4	
Jerome Bossman-Ceasar	147		13.30				1	1	
Freddie Waite	247	14.67				7	7		
Heat 2							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
75m Hurdles Final	4	1	Jerome Bossman-Ceasar	147	13.30			1	Pre-Junior Boys
	5	2	Ollie Geere	65	13.53			2	
	3	3	Cameron Sharpe	8	13.86			3	
	6	4	Noah Brown	97	14.10			4	
	2	5	Luka Rodgers-Ezewuike	47	14.47			5	
	7	6	Owen Hughes	12	14.62			6	
	1	7	Freddie Waite	247	14.67			7	
	8	8	Pedro Gomez Jones	19	14.87			8	
Records									
Herts	12.00								
National									
Entry									

75m Hurdles Final		
1	Jerome Bossman-Ceasar	13.30
2	Ollie Geere	13.53
3	Cameron Sharpe	13.86
4	Noah Brown	14.10
5	Luka Rodgers-Ezewuike	14.47
6	Owen Hughes	14.62
7	Freddie Waite	14.67
8	Pedro Gomez Jones	14.87

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Shion Evans	6	14.04				
Freddie Simpson	12		13.99					3	7
Otis Omoniyi	15		13.03					1	2
Peter Holmes	20		14.25					5	9
Christopher Davies	26		13.15					2	3
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 2	Nathan Odunsi	41	13.55					3	5
	William Houghton	46	12.43					1	1
	Luka Rodgers-Ezewuike	47	13.68					4	6
	Charlie Brunt	108	13.44					2	4
								No Runner	No Runner
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
100m Final	4 1	William Houghton	46	12.76				1	Pre-Junior Boys
	5 3	Otis Omoniyi	15	13.23				3	
	3 2	Christopher Davies	26	13.11				2	
	6 4	Charlie Brunt	108	13.64				4	
	2 5	Nathan Odunsi	41	13.77				5	
	7 TBC	Luka Rodgers-Ezewuike	47					TBC	
	1 TBC	Freddie Simpson	12					TBC	
	8 6	Shion Evans	6	14.32				6	
Records									
Herts	12.30								
National									
Entry									

100m Final		
1	William Houghton	12.76
2	Christopher Davies	13.11
3	Otis Omoniyi	13.23
4	Charlie Brunt	13.64
5	Nathan Odunsi	13.77
6	Shion Evans	14.32
7		
8		

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Shion Evans	6	29.10				3
Freddie Godman	8		28.62				2	3	
Noah Houslin	11		27.68				1	1	
Dylan Chandra	12		30.12				5	8	
Peter Holmes	20		29.47				4	7	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 2	Sam Ejjayha	25	30.54				4	9	
	Cameron Taylor	31	28.51				1	2	
	Luca Wyart	32	28.85				3	5	
	Jack Dodd	132	30.88				5	10	
	Thomas Chisholm	146	28.80				2	4	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4 1	Noah Houslin	11	27.49				1	Pre-Junior Boys
	5 2	Cameron Taylor	31	27.99				2	
	3 3	Freddie Godman	8	28.23				3	
	6 4	Thomas Chisholm	146	28.67				4	
	2 5	Luca Wyart	32	29.34				5	
	7 8	Shion Evans	6	29.95				8	
	1 6	Peter Holmes	20	29.39				6	
	8 7	Dylan Chandra	12	29.54				7	
Records									
Herts	25.50								
National									
Entry									

200m Final		
1	Noah Houslin	27.49
2	Cameron Taylor	27.99
3	Freddie Godman	28.23
4	Thomas Chisholm	28.67
5	Luca Wyart	29.34
6	Peter Holmes	29.39
7	Dylan Chandra	29.54
8	Shion Evans	29.95

High Jump	Races	Name	No.	Height (m.cm)	Herts	National	Entry	Position	
	Final	Jore Bramoih	19	1.35				2	
		Ashton O'Connell	26	1.29				3	
		Freddie Waite	247	1.26				4	
		Ben Walker	252	1.41				1	
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
							No Jumper		
	Final	1	Ben Walker	252	1.41			High Jump	
		2	Jore Bramoih	19	1.35				
		3	Ashton O'Connell	26	1.29				
		4	Freddie Waite	247	1.26				
			5					Pre-Junior Boys	
			6						
			7						
			8						
			9						
			10						
			11						
			12						
Records									
Herts	1.52								
National									
Entry									

Pole Vault	Races	Name	No.	Height (m.cm)	Herts	National	Entry	Position	
	Final	Neo Heydon	19	2.00				2	
		Joe Shepherd	26	1.85				3	
		Ewan Miles	32	2.15	NEW			1	
		Adam Gallo	41	1.85				4	
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
							No Jumper		
	Final	1 Ewan Miles	32	2.15	NEW			Pole Vault	
		2 Neo Heydon	19	2.00					
		3 Joe Shepherd	26	1.85					
		4 Adam Gallo	41	1.85					
			5						Pre-Junior Boys
			6						
			7						
			8						
			9						
			10						
			11						
			12						
Records									
Herts	1.60								
National									
Entry									

Shot Put	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
	Final	Alex Francis	22	5.89				5	
		Lance Kruger	34	9.77				2	
		Jimmy Mariano	47	10.27				1	
		Ed Askam	52	7.92				3	
		Archie Jones	149	7.67				4	
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
		Final	1 Jimmy Mariano	47	10.27				Shot Put
	2 Lance Kruger		34	9.77					
	3 Ed Askam		52	7.92					
	4 Archie Jones		149	7.67				Pre- Junior Boys	
	5 Alex Francis		22	5.89					
	6								
	7								
	8								
	9								
	10								
	11								
	12								
Records									
Herts	10.65								
National									
Entry									

Discus	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position
	Final	Josh Twigg	12	19.58				1
		Sam Quiggin	47	16.27				2
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
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								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
							No Thrower	
	Final	1	Josh Twigg	12	19.58			Discus
		2	Sam Quiggin	47	16.27			
		3						
			4					Pre-Junior Boys
			5					
			6					
			7					
			8					
			9					
			10					
			11					
			12					
Records								
Herts	32.20							
National								
Entry								

Javelin	Final	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position
			Luca Bruzas	12	22.89				7
			Pedro Gomez Jones	19	31.10				4
			Ashton O'Connell	26	29.58				5
			Connor Farquharson	36	27.65				6
			Jonathan Guest	47	32.81				3
			Roraigh Browne	126	36.57	NEW			1
			Noah Harvey	226	33.49				2
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
	Final	1	Roraigh Browne	126	36.57	NEW			Javelin
		2	Noah Harvey	226	33.49				
		3	Jonathan Guest	47	32.81				
		4	Pedro Gomez Jones	19	31.10				Pre-Junior Boys
		5	Ashton O'Connell	26	29.58				
		6	Connor Farquharson	36	27.65				
		7	Luca Bruzas	12	22.89				
		8							
		9							
		10							
		11							
		12							

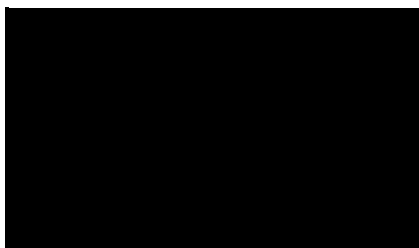
Records	
Herts	34.75
National	
Entry	

9th June 2018

Junior Boys

Results

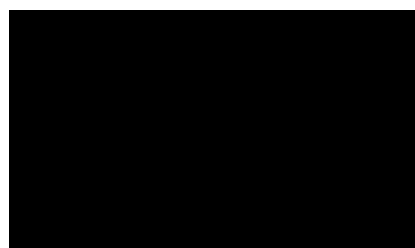
80m Hurdles		
Position	Name	Time
1	Will Lawler	12.05
2	Liam Humphreys	12.25
3	Ben Pullen	12.39
4	Edward Laws	12.46
5	Callum Stern	12.60
6	Arya Ariasa Surrey	12.77
7	Eddie Johnston	12.88
8	Matt Mills	13.01



100m		
Position	Name	Time
1	Jacob Haynes	11.54
2	David Sarkodie	11.71
3	Nick Savva	11.77
4	Ezra Fernades	11.93
5	Kane Pinnock	12.13
6	Pheonix Chambers	12.13
7	Jacob Scourfield	12.21
8		

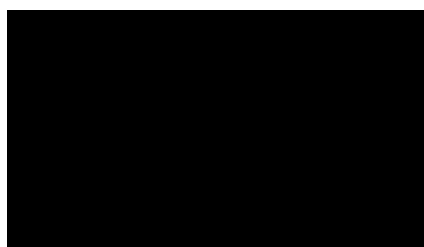
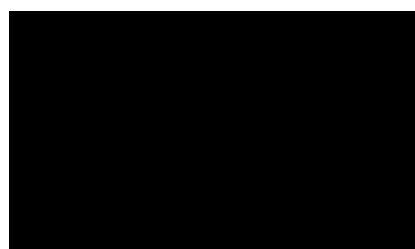
200m		
Position	Name	Time
1	Nick Savva	23.51
2	Joel Houslin	24.14
3	Myles Douglass	24.28
4	Danyal Haque	24.38
5	Luca Fahy	24.78
6	Phoenix Chambers	24.82
7	Alex Mancey	25.08
8	Riley Sayer	25.33

300m		
Position	Name	Time
1	Myles Douglass	37.61
2	Max Bustmante	38.60
3	Alex Pickard	39.53
4	Max Hawkins	40.73
5	Luca Matharu	40.81
6	Rhys Skene	41.13
7	Tyrese Davis	41.34
8		



800m		
Position	Name	Time
1	Aaron Phillips	02:07.8
2	Tyler Wannerton	02:07.9
3	George Bayley	02:08.3
4	Ben Hunter	02:08.5
5	Tom Gaunce	02:09.4
6	Daniel Gill	02:09.5
7	Joe Gallego	02:10.8
8	Zack Miller	02:15.1

1500m		
Position	Name	Time
1	Joe Chamberlain	04:22.1
2	Joe Gallego	04:28.8
3	Luca Stubbs	04:31.4
4	Jack Raine	04:36.4
5	Sam Trueman	04:43.2
6	Will Reily	04:44.7
7	James Bailey	04:49.9
8	Charles Dagger	04:52.0



Long Jump		
Position	Name	Distance
1	Brave Omondi	5.60
2	Alfie Carberry	5.37
3	Joshua Lee	5.29
4	Loui Barnes	5.17
5	Sonnie Maguire	5.15
6	Lierre Henry	5.14
7	Andrew Bell	5.08
8	Luke Tully	4.72

Triple Jump		
Position	Name	Distance
1	Eddie Johnston	11.75
2	James Gardner	11.63
3	Lierre Henry	11.54
4	Jack Bright	11.12
5	Jacob Stanley	10.98
6	Alex van Weezel	10.79
7	Liam Humphreys	10.68
8	Aaron Bell	10.41

High Jump		
Position	Name	Height
1	Will Lawler	1.66
2	Joe Thompson	1.63
3	Max Eke	1.60
4	David Omoregbee	1.57
5	Ryan Hussain	1.54
6	Edward Laws	1.54
7	Dylan Quinton	1.54
8	Toby Cherry	1.49

Pole Vault		
Position	Name	Height
1	Thomas Ashton	3.15
2	Mitchell Jury	2.85
3	James Macchin	2.65
4	Mattius Zielinski	2.45
5	Lewis Fryer	2.30
6	Joe Reynolds	2.30
7		
8		

Shot Put		
Position	Name	Distance
1	Julius Jesusdoss	11.36
2	James Isaacs	10.79
3	Ben Emmins	10.55
4	Harvey Welch	10.46
5	Harry Scrowther	10.33
6	Kit Austin	10.18
7	Alex Mancey	10.08
8	Tyler Channer	9.99

Discus		
Position	Name	Distance
1	Toby Laycock	37.26
2	Oli Webb	34.71
3	Oliver Kay	33.31
4	James Isaacs	30.83
5	Demi Tokuta	30.48
6	Andrew Fleming	30.22
7	Riley Sayer	28.98
8	Gabe Lamb	25.15

Javelin		
Position	Name	Distance
1	Ben Hocking	46.21
2	Luca Fahy	41.13
3	Marley Sarling	39.31
4	Jasper Pruessner	36.97
5	Matthew Williams	35.65
6	Finn Griffin	31.07
7	Henry Radford	28.41
8	Oliver Cox	27.44

Hammer		
Position	Name	Distance
1	Joe Adams	46.04
2	Kian Seymour	24.04
3		
4		
5		
6		
7		
8		

		Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		80m Hurdles		Heat 1		Callum Stern	22	12.49			
Ben Pullen	26					12.58				3	5
Nathan Kallinga	33					13.25				6	11
Arya Ariasa Surrey	35					12.71				4	6
Eddie Johnston	41					12.78				5	7
Will Lawler	47					12.02				1	1
										No Runner	No Runner
Heat 2				Will Huke	52	13.00				5	10
				Matt Mills	122	12.94				3	8
				Jamie Blundell	141	12.97				4	9
				Edward Laws	147	12.45				2	3
				Liam Humphreys	247	12.43				1	2
										No Runner	No Runner
										No Runner	No Runner
Heat 3										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
								No Runner	No Runner		
								No Runner	No Runner		
Heat 4								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
80m Hurdles Final		4	1	Will Lawler	47	12.05				1	Junior Boys
		5	2	Liam Humphreys	247	12.25				2	
		3	4	Edward Laws	147	12.46				4	
		6	5	Callum Stern	22	12.60				5	
		2	3	Ben Pullen	26	12.39				3	
		7	6	Arya Ariasa Surrey	35	12.77				6	
		1	7	Eddie Johnston	41	12.88				7	
		8	8	Matt Mills	122	13.01				8	
Records											
Herts	11.50										
National	11.60										
Entry	12.00										

80m Hurdles Final		
1	Will Lawler	12.05
2	Liam Humphreys	12.25
3	Ben Pullen	12.39
4	Edward Laws	12.46
5	Callum Stern	12.60
6	Arya Ariasa Surrey	12.77
7	Eddie Johnston	12.88
8	Matt Mills	13.01

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Jack Heggibottom	5	14.31				
Jacob Scourfield	15		12.25					3	7
David Sarkodie	16		11.72					1	1
Pheonix Chambers	26		12.10					2	6
Lewis Broom	27		12.54					4	9
Daniel Bolam	32		12.82					6	14
Alfie Carberry	35		12.81					5	13
							No Runner	No Runner	
Heat 2	Ezra Fernades	41	12.08					4	5
	Ivan Thayil	42	12.80					8	12
	Jacob Haynes	45	11.77					1	2
	Kane Pinnock	53	12.07					3	4
	Leo Taylor	65	12.72					7	11
	Damy Shitta-Bey	80	12.32					5	8
	Hugo Hunt	96	12.64					6	10
Nick Savva	126	11.91					2	3	
							No Runner	No Runner	
Heat 3								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
100m Final	4	2	David Sarkodie	16	11.71			2	Junior Boys
	5	1	Jacob Haynes	45	11.54		YES	1	
	3	3	Nick Savva	126	11.77			3	
	6	5	Kane Pinnock	53	12.13			5	
	2	4	Ezra Fernades	41	11.93			4	
	7	6	Pheonix Chambers	26	12.13			6	
	1	7	Jacob Scourfield	15	12.21			7	
	8	TBC	Damy Shitta-Bey	80				TBC	
Records									
Herts	11.10								
National	11.40								
Entry	11.70								

100m Final		
1	Jacob Haynes	11.54
2	David Sarkodie	11.71
3	Nick Savva	11.77
4	Ezra Fernades	11.93
5	Kane Pinnock	12.13
6	Pheonix Chambers	12.13
7	Jacob Scourfield	12.21
8		

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Luca Fahy	5	24.75				3
Myles Douglass	10		24.29				1	2	
Joel Houslin	11		24.45				2	3	
Alex Mancey	12		25.00				4	7	
Harry Titchmarsh	17		27.18				6	15	
Alex Munoz-Davey	22		25.82				5	12	
							No Runner	No Runner	
Heat 2	Patrick Beale	25	25.60				4	11	
	Phoenix Chambers	26	24.89				2	6	
	Jonathan Chiwele	32	26.08				5	13	
	James Gardner	35	25.28				3	9	
	Danyal Haque	41	24.76				1	5	
	Charlie Richards	46	27.82				6	17	
							No Runner	No Runner	
Heat 3	Riley Sayer	65	25.19				2	8	
	Nicholas Kamara	83	25.43				3	10	
	Jack Bright	112	26.14				4	14	
	Nick Savva	126	24.04				1	1	
	Charlie Williams	142	27.23				5	16	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4	1	Nick Savva	126	23.51		YES	1	Junior Boys
	5	3	Myles Douglass	10	24.28			3	
	3	2	Joel Houslin	11	24.14			2	
	6	5	Luca Fahy	5	24.78			5	
	2	4	Danyal Haque	41	24.38			4	
Records									
Herts	23.11								
National	23.30								
Entry	24.00								

200m Final		
1	Nick Savva	23.51
2	Joel Houslin	24.14
3	Myles Douglass	24.28
4	Danyal Haque	24.38
5	Luca Fahy	24.78
6	Phoenix Chambers	24.82
7	Alex Mancey	25.08
8	Riley Sayer	25.33

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Max Bustmante	5	39.43				
Myles Douglass	10		38.28					1	1
Joshua Lee	15		42.60					5	10
Tyrese Davis	22		41.25					4	7
Matteo Douglas	25		40.47					3	4
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 2	Luca Matharu	26	41.05					3	6
	Matt Marven	34	42.60					6	10
	Rhys Skene	41	40.60					2	5
	Max Hawkins	52	41.29					4	8
	Alex Pickard	69	40.04					1	3
	Robin Kwon	141	41.52					5	9
								No Runner	No Runner
							No Runner	No Runner	
Heat 3								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
300m Final	4	1	Myles Douglass	10	37.61		YES	1	Junior Boys
	5	2	Max Bustmante	5	38.60			2	
	3	3	Alex Pickard	69	39.53			3	
	6	TBC	Matteo Douglas	25				TBC	
	2	6	Rhys Skene	41	41.13			6	
	7	5	Luca Matharu	26	40.81			5	
	1	7	Tyrese Davis	22	41.34			7	
	8	4	Max Hawkins	52	40.73			4	
Records									
Herts	35.60								
National	36.80								
Entry	37.80								

300m Final		
1	Myles Douglass	37.61
2	Max Bustmante	38.60
3	Alex Pickard	39.53
4	Max Hawkins	40.73
5	Luca Matharu	40.81
6	Rhys Skene	41.13
7	Tyrese Davis	41.34
8		

		Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position
Long Jump	Final		Sonnie Maguire	8	5.15				5
			Joshua Lee	15	5.29				3
			Alfie Carberry	35	5.37				2
			Andrew Bell	40	5.08				7
			Loui Barnes	47	5.17				4
			Luke Tully	49	4.72				8
			Brave Omondi	82	5.60				1
			Lierre Henry	141	5.14				6
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
		Final	1	Brave Omondi	82	5.60			
	2		Alfie Carberry	35	5.37				
	3		Joshua Lee	15	5.29				
	4		Loui Barnes	47	5.17				
	5		Sonnie Maguire	8	5.15				
	6		Lierre Henry	141	5.14				
	7		Andrew Bell	40	5.08				
	8		Luke Tully	49	4.72				
	9								
	10								
	11								
	12								Junior Boys
	Records								
	Herts	6.20							
	National	5.95							
	Entry	5.80							

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
		Triple Jump	Final	Aaron Bell	26	10.41			
Alex van Weezel	34			10.79				6	
James Gardner	35			11.63				2	
Eddie Johnston	41			11.75				1	
Jack Bright	112			11.12				4	
Jacob Stanley	134			10.98				5	
Lierre Henry	141			11.54				3	
Daniel Goodbun	234			10.27				9	
Liam Humphreys	247			10.68				7	
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
							No Jumper		
							No Jumper		
							No Jumper		
	Final	1 Eddie Johnston	41	11.75				Triple Jump	
		2 James Gardner	35	11.63					
		3 Lierre Henry	141	11.54					
		4 Jack Bright	112	11.12				Junior Boys	
		5 Jacob Stanley	134	10.98					
		6 Alex van Weezel	34	10.79					
		7 Liam Humphreys	247	10.68					
		8 Aaron Bell	26	10.41					
		9 Daniel Goodbun	234	10.27					
		10							
		11							
		12							
Records									
Herts	12.75								
National	12.40								
Entry	12.00								

High Jump	Races		Name	No.	Height (m.cm)	Herts	National	Entry	Position
	Final		Joe Thompson	5	1.63				2
			Max Eke	34	1.60				3
			Toby Cherry	35	1.49				8
			Will Lawler	47	1.66				1
			Ryan Hussain	52	1.54				5
			Dylan Quinton	80	1.54				7
			David Omoregbee	104	1.57				4
			Edward Laws	147	1.54				6
Jamie Joseph			247	1.44				9	
Final								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
Records		1	Will Lawler	47	1.66				High Jump
		2	Joe Thompson	5	1.63				
		3	Max Eke	34	1.60				
		4	David Omoregbee	104	1.57				
		5	Ryan Hussain	52	1.54				Junior Boys
		6	Edward Laws	147	1.54				
		7	Dylan Quinton	80	1.54				
		8	Toby Cherry	35	1.49				
		9	Jamie Joseph	247	1.44				
		10							
		11							
		12							

Pole Vault	Final	Races	Name	No.	Height (m.cm)	Herts	National	Entry	Position
		Thomas Ashton	15	3.15			YES	1	
		Lewis Fryer	23	2.30				5=	
		Mattius Zielinski	41	2.45				4	
		Mitchell Jury	47	2.85				2	
		James Macchin	52	2.65				3	
		Joe Reynolds	142	2.30				5==	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
								No Jumper	
						No Jumper			
	Final	1	Thomas Ashton	15	3.15			YES	Pole Vault
		2	Mitchell Jury	47	2.85				
		3	James Macchin	52	2.65				
		4	Mattius Zielinski	41	2.45				Junior Boys
		5=	Lewis Fryer	23	2.30				
		5==	Joe Reynolds	142	2.30				
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	3.42								
National	3.35								
Entry	3.05								

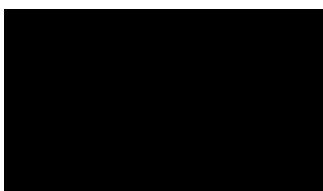
Hammer	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
	Final	Kian Seymour	49	24.04				2	
		Joe Adams	147	46.04		YES	YES	1	
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
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									No Thrower
									No Thrower
									No Thrower
									No Thrower
							No Thrower		
							No Thrower		
	Final	1 Joe Adams	147	46.04		YES	YES	Hammer	
		2 Kian Seymour	49	24.04					
		3							
		4						Junior Boys	
		5							
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	51.79								
National	45.00								
Entry	38.00								

9th June 2018

Inter Boys

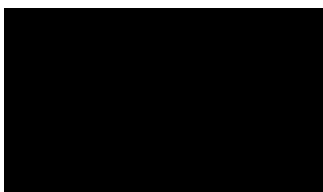
Results

100m Hurdles		
Position	Name	Time
1		
2		
3		
4		
5		
6		
7		
8		



100m		
Position	Name	Time
1	Destiny Ogali	10.85
2	Toby Makoyawo	10.87
3	Jordan Ajayi-Khran	11.71
4	Jordan Mulholland	11.81
5	Fortune Isoka-Onwardi	12.01
6	Samad Ibrahim	12.05
7	Liam Mwula	12.05
8	Prince Coaster-Etuk	13.10

200m		
Position	Name	Time
1	Destiny Ogali	22.09
2	Tariq Wild	22.31
3	Luke Wilson	23.23
4	Semba Bwalya	23.39
5	Tom Gerard	23.45
6	Daniel Kessi	23.61
7	Tolu Elesin	23.82
8		

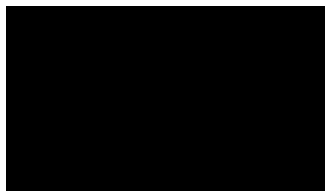


400m		
Position	Name	Time
1	Freddie Reilly	51.36
2	Joshua Roache	52.93
3	Luke Burford	53.40
4	Dan Fielding	54.19
5	Tomiwa Oni	65.10
6		
7		
8		

800m		
Position	Name	Time
1	George Dowding	02:02.1
2	Alex Harris	02:03.1
3	Michael Armstrong	02:04.3
4	James Glyn	02:06.7
5	Rob Gardener	02:07.1
6	Mughilan Muralitharan	02:07.2
7	Adam Jolly	02:08.1
8	Ed McArdle	02:08.7

1500m		
Position	Name	Time
1	Kristian Imroth	04:08.0
2	Thomas Cooper	04:19.7
3	Adam Serag	04:19.8
4	Charlie Woollett	04:19.9
5	Callum Nicolson	04:24.0
6	Sam Sloane	04:25.9
7	Freddie Truman-Williams	04:32.2
8	Lewis Clark	04:48.8

3000m		
Position	Name	Time
1	Joe Smith	10:36.9
2		
3		
4		
5		
6		
7		
8		



Long Jump		
Position	Name	Distance
1	Josh Woods	6.44
2	Dan Fielding	6.34
3	Tom Gerard	5.85
4	Joshua Roache	5.63
5	Jordan Mulholland	5.55
6	Joe Glynn	5.46
7		
8		

Triple Jump		
Position	Name	Distance
1	Josh Woods	13.70
2	Daniel Onochie-Williams	12.57
3	Ike Lasende	12.54
4	Calwyn Lawrence John	12.47
5	Xander West	12.17
6	Lalou Olunfunwa	11.75
7	Nayeem Uddin	11.56
8	Will Gauke	11.55

High Jump		
Position	Name	Height
1	Cameron Crowe	1.80
2	Tomiwa Oni	1.74
3	George Jacquinot	1.74
4		
5		
6		
7		
8		

Pole Vault		
Position	Name	Height
1	Jonny Rugg	4.00
2	Dylan Baines	3.90
3	Zamaan Dudhia	3.70
4	William Ashton	3.30
5	Stratty Ryan	3.20
6	Will Gallo	2.80
7		
8		

Shot Put		
Position	Name	Distance
1	David Koffi	13.15
2	Josiah Barker	12.19
3	Henry Bennet	11.19
4	Kai Lewinton	9.66
5		
6		
7		
8		

Discus		
Position	Name	Distance
1	Dominic Buckland	44.13
2	Jai Johal	35.33
3	Adam Johal	35.32
4	Kai Tunstall	34.97
5	Will Jarvis	34.79
6	Aleks Belczyk	28.61
7		
8		

Javelin		
Position	Name	Distance
1	Joe Hirst	52.13
2	Will Jarvis	45.76
3	Ben Simpkins	44.07
4	Henry Bennet	41.31
5	Mughilan Muralitharan	40.40
6	Kai Alland	39.95
7	Yusif Al-Gurair	35.17
8	Lewis Taylor	35.16

Hammer		
Position	Name	Distance
1	Tom Wyatt	36.18
2	Leo Shinn	31.82
3	Antoine Rey	31.50
4	Aleks Belczyk	22.80
5		
6		
7		
8		

		Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		100m Hurdles		Heat 1		Marcus Pancho	8	16.24			
Cameron Proctor	15					15.48				3	7
Ted Parker	19					14.96				2	6
Kai Alland	26					15.91				4	8
Josiah Barker	35			14.68				1	3		
								No Runner		No Runner	
								No Runner		No Runner	
								No Runner		No Runner	
								No Runner		No Runner	
Heat 2				Alex Petty	41	14.86				4	5
				Ralph Williams	42	14.09				1	1
				Joel Evans	47	14.80				3	4
				Ben Honnywill	112	16.30				5	10
Freddie Riley	147			14.30				2	2		
						No Runner		No Runner			
						No Runner		No Runner			
						No Runner		No Runner			
						No Runner		No Runner			
Heat 3									No Runner	No Runner	
									No Runner	No Runner	
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
Heat 4									No Runner	No Runner	
									No Runner	No Runner	
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
										No Runner	No Runner
100m Hurdles Final		4	1	Ralph Williams	42	13.60			YES	1	Inter Boys
		5	2	Freddie Riley	147	14.00				2	
		3	4	Josiah Barker	35	14.60				4	
		6	5	Joel Evans	47	14.60				5	
		2	3	Alex Petty	41	14.10				3	
		7	6	Ted Parker	19	14.90				6	
		1	7	Cameron Proctor	15	15.30				7	
		8	TBC	Kai Alland	26					TBC	
Records											
Herts	13.40										
National	13.50										
Entry	14.00										

100m Hurdles Final		
1	Ralph Williams	13.60
2	Freddie Riley	14.00
3	Alex Petty	14.10
4	Josiah Barker	14.60
5	Joel Evans	14.60
6	Ted Parker	14.90
7	Cameron Proctor	15.30
8		

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Fortune Isoka-Onwardi	1	12.01				
Toby Makoyawo	11		10.87		YES	YES		2	2
Jordon Mulholland	15		11.81					4	4
Samad Ibrahim	19		12.05					6	6
Prince Coaster-Etuk	23		13.10					8	8
Jordan Ajayi-Khiran	31		11.71					3	3
Destiny Ogali	32		10.85		YES	YES		1	1
Liam Mvula	111		12.05					7	7
Heat 2								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 3								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
100m Final	4 1	Destiny Ogali	32	10.85		YES	YES	1	Inter Boys
	5 2	Toby Makoyawo	11	10.87		YES	YES	2	
	3 3	Jordan Ajayi-Khiran	31	11.71				3	
	6 4	Jordon Mulholland	15	11.81				4	
	2 5	Fortune Isoka-Onwardi	1	12.01				5	
	7 6	Samad Ibrahim	19	12.05				6	
	1 7	Liam Mvula	111	12.05				7	
	8 8	Prince Coaster-Etuk	23	13.10				8	
Records									
Herts	10.80								
National	11.00								
Entry	11.20								

100m Final		
1	Destiny Ogali	10.85
2	Toby Makoyawo	10.87
3	Jordan Ajayi-Khiran	11.71
4	Jordon Mulholland	11.81
5	Fortune Isoka-Onwardi	12.01
6	Samad Ibrahim	12.05
7	Liam Mvula	12.05
8	Prince Coaster-Etuk	13.10

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
		Heat 1	Luke Wilson	5	23.35				2	3
Daniel Neves	11		25.33				6	12		
Samad Ibrahim	19		24.45				5	10		
Destiny Ogali	32		22.38			YES	1	1		
Tom Gerard	40		23.42				3	5		
Tolu Elesin	45		23.83				4	6		
							No Runner	No Runner		
Heat 2	Daniel Kessi	47	24.08				3	7		
	Tariq Wild	80	22.95				1	2		
	Theo Vickeridge	83	24.34				5	9		
	Semba Bwalya	84	23.40				2	4		
	Solomon Sandiford	112	24.29				4	8		
	Naveem Uddin	129	24.66				6	11		
							No Runner	No Runner		
Heat 3							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
Heat 4							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
							No Runner	No Runner		
200m Final	4	1	Destiny Ogali	32	22.09	NEW	YES	YES	1	Inter Boys
	5	2	Tariq Wild	80	22.31			YES	2	
	3	3	Luke Wilson	5	23.23				3	
	6	4	Semba Bwalya	84	23.39				4	
	2	5	Tom Gerard	40	23.45				5	
	7	7	Tolu Elesin	45	23.82				7	
	1	6	Daniel Kessi	47	23.61				6	
	8	TBC							TBC	
Records										
Herts	22.10									
National	22.20									
Entry	22.80									

200m Final		
1	Destiny Ogali	22.09
2	Tariq Wild	22.31
3	Luke Wilson	23.23
4	Semba Bwalya	23.39
5	Tom Gerard	23.45
6	Daniel Kessi	23.61
7	Tolu Elesin	23.82
8		

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Luke Burford	15	53.40				3
Freddie Reilly	47		51.36				1	1	
Joshua Roache	69		52.93				2	2	
Tomiwa Oni	83		65.10				5	5	
Dan Fielding	96		54.19				4	4	
Heat 2							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
400m Final	4	1	Freddie Reilly	47	51.36			1	Inter Boys
	5	2	Joshua Roache	69	52.93			2	
	3	3	Luke Burford	15	53.40			3	
	6	4	Dan Fielding	96	54.19			4	
	2	5	Tomiwa Oni	83	65.10			5	
7	TBC						TBC		
1	TBC						TBC		
8	TBC						TBC		

Records	
Herts	49.20
National	49.50
Entry	51.10

400m Final		
1	Freddie Reilly	51.36
2	Joshua Roache	52.93
3	Luke Burford	53.40
4	Dan Fielding	54.19
5	Tomiwa Oni	65.10
6		
7		
8		

Races	Name	No.	Time (0:00.0)	Herts	National	Entry	Position
	800m	Rob Gardener	1	02:07.1			
Adam Jolly		15	02:08.1				7
Alex Harris		31	02:03.1				2
James Glyn		32	02:06.7				4
Michael Armstrong		33	02:04.3				3
Ed McArdle		41	02:08.7				8
George Dowding		42	02:02.1				1
Mughilan Muralitharan		45	02:07.2				6
							No Runner
							No Runner
							No Runner
							No Runner
							No Runner
							No Runner
							No Runner
							No Runner
							No Runner
							No Runner
							No Runner
							No Runner
Final		1	George Dowding	42	02:02.1	0.13	
	2	Alex Harris	31	02:03.1	0.15		
	3	Michael Armstrong	33	02:04.3	0.32		
	4	James Glyn	32	02:06.7	0.71		
	5	Rob Gardener	1	02:07.1	0.08		
	6	Mughilan Muralitharan	45	02:07.2	0.23		
	7	Adam Jolly	15	02:08.1	0.09		
	8	Ed McArdle	41	02:08.7	0.70		
	9						Inter Boys
	10						
	11						
	12						
Records							
Herts	01:54.6						
National	01:55.0						
Entry	01:57.0						

Races		Name	No.	Time (0:00.0)	Herts	National	Entry	Position
		Final	Kristian Imroth	19	04:08.0			
Charlie Woollett	26		04:19.9				4	
Lewis Clark	32		04:48.8				8	
Freddie Truman-Williams	36		04:32.2				7	
Thomas Cooper	46		04:19.7				2	
Adam Serag	48		04:19.8				3	
Callum Nicolson	51		04:24.0				5	
Sam Sloane	96		04:25.9				6	
George Young	126		04:55.2				9	
								No Runner
								No Runner
								No Runner
								No Runner
								No Runner
								No Runner
								No Runner
								No Runner
								No Runner
								No Runner
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								No Runner
								No Runner
								No Runner
							No Runner	
							No Runner	
							No Runner	
							No Runner	
Final	1	Kristian Imroth	19	04:08.0	0.00			1500m
	2	Thomas Cooper	46	04:19.7	0.69			
	3	Adam Serag	48	04:19.8	0.76			
	4	Charlie Woollett	26	04:19.9	0.95			
	5	Callum Nicolson	51	04:24.0	0.03			Inter Boys
	6	Sam Sloane	96	04:25.9	0.93			
	7	Freddie Truman-Williams	36	04:32.2	0.21			
	8	Lewis Clark	32	04:48.8	0.81			
	9	George Young	126	04:55.2	0.19			
	10							
	11							
	12							

Records	
Herts	04:00.7
National	04:03.0
Entry	04:06.0

Races		Name	No.	Time (0:00.0)	Herts	National	Entry	Position
3000m	Final	Joe Smith	17	10:36.9				1
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		No Runner						
		Records		1	Joe Smith	17	10:36.9	
		2						
		3						
		4						
		5						
		6						
		7						
		8						
		9						
		10						
		11						
		12						
Final								Inter Boys
Herts	08:51.0							
National	08:50.0							
Entry	08:56.0							

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position
		Final	Josh Woods	12	6.44			YES
Jordon Mulholland	15		5.55				5	
Joe Glynn	26		5.46				6	
Tom Gerard	40		5.85				3	
Joshua Roache	69		5.63				4	
Dan Fielding	96		6.34				2	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
Final	1	Josh Woods	12	6.44			YES	Long Jump
	2	Dan Fielding	96	6.34				
	3	Tom Gerard	40	5.85				
	4	Joshua Roache	69	5.63				
	5	Jordon Mulholland	15	5.55				
	6	Joe Glynn	26	5.46				
	7							Inter Boys
	8							
	9							
	10							
	11							
	12							
Records								
Herts	6.97							
National	6.60							
Entry	6.40							

Pole Vault	Races		Name	No.	Height (m.cm)	Herts	National	Entry	Position
	Final		William Ashton	15	3.30				4
			Stratty Ryan	31	3.20				5
			Jonny Rugg	41	4.00			YES	1
			Dylan Baines	47	3.90				2
			Will Gallo	141	2.80				6
			Zamaan Dudhia	145	3.70				3
Final								No Jumper	
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
		No Jumper							
Final		1 Jonny Rugg	41	4.00			YES	Pole Vault	
		2 Dylan Baines	47	3.90					
		3 Zamaan Dudhia	145	3.70					
		4 William Ashton	15	3.30					
		5 Stratty Ryan	31	3.20					
		6 Will Gallo	141	2.80					
		7							
Records		8							
		9							
		10							
		11							
		12							
Herts		4.40							
National		4.20							
Entry		3.90							
								Inter Boys	

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position
		Final	Josiah Barker	35	12.19			
David Koffi	47		13.15				1	
Kai Lewinton	51		9.66				4	
Henry Bennet	147		11.19				3	
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
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								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
Final	1	David Koffi	47	13.15				Shot Put
	2	Josiah Barker	35	12.19				
	3	Henry Bennet	147	11.19				
	4	Kai Lewinton	51	9.66				
	5							
	6							
	7							
	8							
	9							
	10							
	11							
	12							
Records								Inter Boys
Herts	16.22							
National	14.20							
Entry	13.20							

Shot Put

Final

Final

Shot Put

Inter Boys

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
Discus	Final	Will Jarvis	36	34.79				5	
		Aleks Belczyk	42	28.61				6	
		Adam Johal	47	35.32				3	
		Kai Tunstall	48	34.97				4	
		Dominic Buckland	84	44.13		YES	YES	1	
		Jai Johal	147	35.33				2	
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
		No Thrower							No Thrower
	Final	1 Dominic Buckland	84	44.13		YES	YES	Discus	
		2 Jai Johal	147	35.33					
		3 Adam Johal	47	35.32					
		4 Kai Tunstall	48	34.97				Inter Boys	
		5 Will Jarvis	36	34.79					
		6 Aleks Belczyk	42	28.61					
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	50.60								
National	44.00								
Entry	41.00								

		Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position
		Javelin		Final		Yusif Al-Gurair	12	35.17		
Lewis Taylor	13					35.16				8
Kai Alland	26					39.95				6
Will Jarvis	36					45.76				2
Mughilan Muralitharan	45					40.40				5
Ben Simpkins	47					44.07				3
Joe Hirst	52					52.13			YES	1
Henry Bennet	147					41.31				4
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
Records						Final		1 Joe Hirst	52	52.13
		2 Will Jarvis	36	45.76						
		3 Ben Simpkins	47	44.07						
		4 Henry Bennet	147	41.31						
		5 Mughilan Muralitharan	45	40.40						
		6 Kai Alland	26	39.95						
		7 Yusif Al-Gurair	12	35.17						
		8 Lewis Taylor	13	35.16						
		9								
		10								
		11								
		12								
		Inter Boys								
Herts	57.06									
National	54.00									
Entry	52.00									

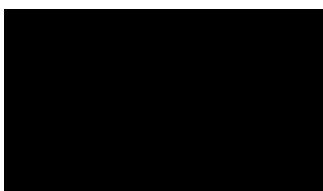
Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
		Hammer		Final		Aleks Belczyk	42	22.80	
Tom Wyatt	147			36.18			1		
Leo Shinn	247			31.82			2		
Antoine Rey	45			31.50			3		
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
No Thrower									
Final		1	Tom Wyatt	147	36.18			Hammer	
		2	Leo Shinn	247	31.82				
		3	Antoine Rey	45	31.50				
		4	Aleks Belczyk	42	22.80				
		5							Inter Boys
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	66.33								
National	56.00								
Entry	50.00								

9th June 2018

Pre-Junior Girls

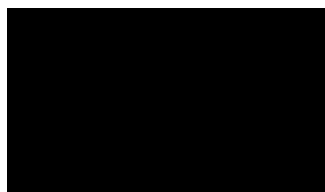
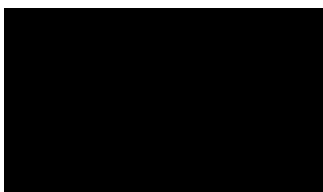
Results

70m Hurdles		
Position	Name	Time
1	Meeka Nightingale	12.28
2	Amy Barrett	12.36
3	Sienna Parfitt	12.43
4	Ena Olivier	12.50
5	Hannah Brooke	13.09
6	Keira French	13.22
7	Hope Baker	13.34
8		



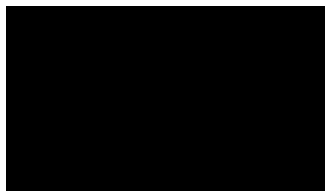
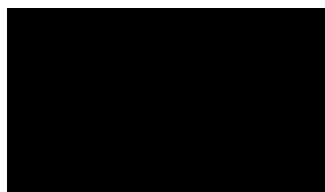
100m		
Position	Name	Time
1	Jasmine Hardy	13.57
2	Phoebe Donoghue	14.04
3	Jemma Thomson	14.10
4	Tia Lorraine	14.57
5	Trinity Meikle	14.64
6	Lily Gregson	14.75
7	Clodagh Sivilyay	14.95
8		

200m		
Position	Name	Time
1	Leah Mansell-Baker	27.99
2	Jemma Thomson	28.32
3	Amelia Gittins	28.60
4	Krystal Powley	29.99
5	Trinity Meikle	30.50
6	Charlotte Forster	30.91
7	Kirsten Dallow	31.23
8	Lill Rodgers	31.31

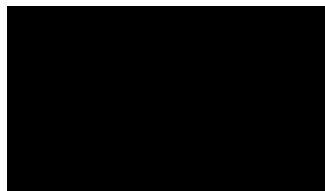


800m		
Position	Name	Time
1	Annabel Hedge	02:36.6
2	Elouisa Brayling	02:41.1
3	Ellie Berwick	02:44.2
4	Niamh Smith	02:46.3
5	Zara Mohammedbhai	02:48.4
6	Lydia Bejide	02:52.5
7	Jess Taggin	02:52.5
8	Summer Harkin	02:52.8

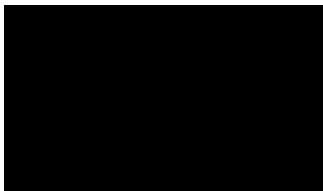
1500m		
Position	Name	Time
1	Hannah Read	05:04.2
2	Louise Grenfell	05:19.2
3	Daisy Mainwaring	05:25.5
4	Isabelle Jelfs	05:27.7
5	Florence Crowley	05:31.5
6	Maya Delyfer	05:32.0
7	Lily Harrison-Stokoe	05:37.2
8	Olivia Rust	05:38.1



Long Jump		
Position	Name	Distance
1	Leah Mansell-Baker	4.60
2	Nevaeh Swift	4.21
3	Alice Musgrove	3.89
4	Leah Shellard	3.76
5		
6		
7		
8		



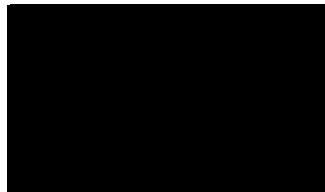
High Jump		
Position	Name	Height
1	Ena Olivier	1.41
2	Lill Rodgers	1.29
3	Hope Baker	1.29
4		
5		
6		
7		
8		



Shot Put		
Position	Name	Distance
1	Alex Kirilova	8.84
2	Oluwaseun Ajidagba	8.55
3	Krystal Powley	7.36
4	Clodagh Sivilyay	6.92
5		
6		
7		
8		

Discus		
Position	Name	Distance
1	Rosie Vass	24.53
2	Daisy Mainwaring	18.54
3	Elizavita Kabashi	15.78
4		
5		
6		
7		
8		

Javelin		
Position	Name	Distance
1	Nicole Wood	26.93
2	Rosie Alexander	24.35
3	Amy Barrett	21.99
4		
5		
6		
7		
8		



Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Amy Barrett	5	12.36				2
Sienna Parfitt	12		12.43				3	3	
Ena Olivier	20		12.50				4	4	
Keira French	33		13.22				6	6	
Hannah Brooke	35		13.09				5	5	
Hope Baker	41		13.34				7	7	
Meeka Nightingale	46		12.28				1	1	
Heat 2							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
70m Hurdles Final	4	1	Meeka Nightingale	46	12.28			1	Pre-Junior Girls
	5	2	Amy Barrett	5	12.36			2	
	3	3	Sienna Parfitt	12	12.43			3	
	6	4	Ena Olivier	20	12.50			4	
	2	5	Hannah Brooke	35	13.09			5	
	7	6	Keira French	33	13.22			6	
	1	7	Hope Baker	41	13.34			7	
	8	TBC						TBC	

Records	
Herts	11.40
National	
Entry	

70m Hurdles Final		
1	Meeka Nightingale	12.28
2	Amy Barrett	12.36
3	Sienna Parfitt	12.43
4	Ena Olivier	12.50
5	Hannah Brooke	13.09
6	Keira French	13.22
7	Hope Baker	13.34
8		

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Jemma Thomson	5	13.83				2
Tia Lorraine	6		14.39				4	5	
Clodagh Sivilay	12		14.47				5	6	
Simone Holder	26		13.98				3	3	
Jasmine Hardy	28		13.45				1	1	
Maia Smith	31		15.01				6	11	
							No Runner	No Runner	
Heat 2	Phoebe Donoghue	39	13.99				1	4	
	Cheryl Jeyakumar	41	14.69				4	9	
	Megan Brewer	65	15.00				5	10	
	Trinity Meikle	66	14.49				2	7	
	Lok Yee Chung	146	15.25				6	12	
	Lily Gregson	165	14.62				3	8	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
100m Final	4	1	Jasmine Hardy	28	13.57			1	Pre-Junior Girls
	5	3	Jemma Thomson	5	14.10			3	
	3	TBC	Simone Holder	26				TBC	
	6	2	Phoebe Donoghue	39	14.04			2	
	2	4	Tia Lorraine	6	14.57			4	
	7	7	Clodagh Sivilay	12	14.95			7	
	1	5	Trinity Meikle	66	14.64			5	
	8	6	Lily Gregson	165	14.75			6	
Records									
Herts	12.90								
National									
Entry									

100m Final		
1	Jasmine Hardy	13.57
2	Phoebe Donoghue	14.04
3	Jemma Thomson	14.10
4	Tia Lorraine	14.57
5	Trinity Meikle	14.64
6	Lily Gregson	14.75
7	Clodagh Sivilay	14.95
8		

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Jemma Thomson	5	28.87				1
Charlotte Forster	6		31.56				4	8	
Kirsten Dallow	12		31.20				3	7	
Krystal Powley	32		30.06				2	4	
Nevaeh Swift	33		32.45				5	9	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 2	Lili Rodgers	46	30.84				4	6	
	Amelia Gittins	47	28.77				2	2	
	Leah Mansell-Baker	65	27.98				1	1	
	Trinity Meikle	166	30.26				3	5	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4 1	Leah Mansell-Baker	65	27.99				1	Pre-Junior Girls
	5 3	Amelia Gittins	47	28.60				3	
	3 2	Jemma Thomson	5	28.32				2	
	6 4	Krystal Powley	32	29.99				4	
	2 5	Trinity Meikle	166	30.50				5	
	7 8	Lili Rodgers	46	31.31				8	
	1 7	Kirsten Dallow	12	31.23				7	
	8 6	Charlotte Forster	6	30.91				6	
Records									
Herts	27.80								
National									
Entry									

200m Final		
1	Leah Mansell-Baker	27.99
2	Jemma Thomson	28.32
3	Amelia Gittins	28.60
4	Krystal Powley	29.99
5	Trinity Meikle	30.50
6	Charlotte Forster	30.91
7	Kirsten Dallow	31.23
8	Lili Rodgers	31.31

		Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position		
		<h1>Long Jump</h1>	<h2>Final</h2>			Leah Shellard	1	3.76				4
				Alice Musgrove	8	3.89				3		
				Nevaeh Swift	33	4.21				2		
				Leah Mansell- Baker	65	4.60				1		
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
											No Jumper	
										No Jumper		
										No Jumper		
	<h2>Final</h2>		1	Leah Mansell- Baker	65	4.60					<h3>Long Jump</h3>	
			2	Nevaeh Swift	33	4.21						
			3	Alice Musgrove	8	3.89						
			4	Leah Shellard	1	3.76						
				5								<h3>Pre-Junior Girls</h3>
				6								
			7									
			8									
			9									
			10									
			11									
			12									
Records												
Herts	4.76											
National												
Entry												

		Races	Name	No.	Height (m.cm)	Herts	National	Entry	Position
		High Jump	Final		Ena Olivier	20	1.41		
	Hope Baker			41	1.29				3
	Lili Rodgers			46	1.29				2
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
	Final	1	Ena Olivier	20	1.41				High Jump
		2	Lili Rodgers	46	1.29				
		3	Hope Baker	41	1.29				
			4						
			5						
			6						
			7						
			8						
			9						
			10						
			11						
			12						
Records									Pre-Junior Girls
Herts	1.60								
National									
Entry									

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position
		Final	Rosie Vass	6	24.53			
Elizavita Kabashi	35		15.78				3	
Daisy Mainwaring	48		18.54				2	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
Final	1	Rosie Vass	6	24.53				Discus
	2	Daisy Mainwaring	48	18.54				
	3	Elizavita Kabashi	35	15.78				
	4							Pre-Junior Girls
	5							
	6							
	7							
	8							
	9							
	10							
	11							
	12							
Records								
Herts	26.83							
National								
Entry								

Discus

Final

Final

Discus

Pre-Junior Girls

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
		Final		Rosie Alexander	1	24.35			
Amy Barrett	5			21.99				3	
Nicole Wood	105			26.93				1	
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
Final		1 Nicole Wood	105	26.93				Javelin	
		2 Rosie Alexander	1	24.35					
		3 Amy Barrett	5	21.99					
		4							Pre-Junior Girls
		5							
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	29.72								
National									
Entry									

Javelin

Final

Final

Javelin

Pre-Junior Girls

Records

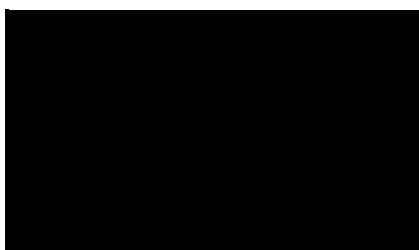
Herts	29.72
National	
Entry	

9th June 2018

Junior Girls

Results

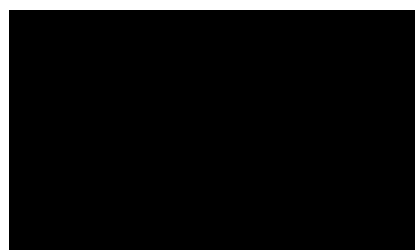
75m Hurdles		
Position	Name	Time
1	Mia McIntosh	11.10
2	Scarlett Gammell	11.74
3	Zoe Carroll	11.75
4	Asher Cliff-Afemari	11.84
5	Abbie Parker	11.88
6	Freya Witheat	12.08
7	Clare Hudson	12.86
8	Lottie Saunders	13.04



100m		
Position	Name	Time
1	Mia McIntosh	12.55
2	Lily Norwood	12.70
3	Emma Afari	13.06
4	Kashi Williamson	13.11
5	Alexia Saunders	13.19
6	Lydia Edwards	13.43
7	Cami Amzurie	13.45
8	Alina Cofie	13.67

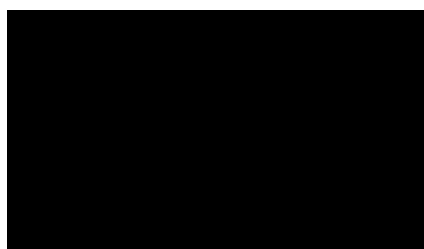
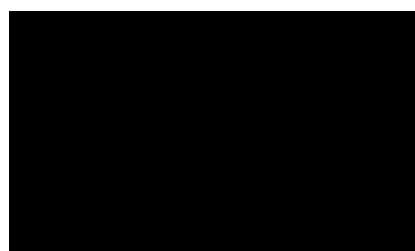
200m		
Position	Name	Time
1	Abbie Parker	26.40
2	Nathalia Dundar	26.83
3	Alexia Saunders	27.12
4	Georgie Murphy	27.32
5	Berri Clarke	27.37
6	Maisie Doherty	27.41
7	Sophia Pawlaczek	28.39
8	Annie Burchell	29.00

300m		
Position	Name	Time
1	Jessica Astill	43.13
2	Zoe St John	43.31
3	Isobel Geere	44.35
4	Emeline Brown	44.56
5	Lucy Evans	44.69
6	Niamh Day	45.32
7	Charlotte Cox	47.20
8		

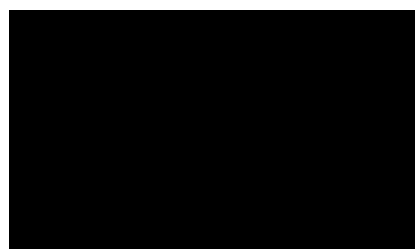


800m		
Position	Name	Time
1	Emily Swain	02:27.7
2	Grace Hucknall	02:28.4
3	Stella Whitlum	02:31.9
4	Rachel Pearlman	02:32.7
5	Jessica Hill	02:33.8
6	Maisie Hamilton Miller	02:35.5
7	Sabrina Jansen	02:36.3
8	Sofia Martin	02:38.0

1500m		
Position	Name	Time
1	Aimi Weightman	04:50.2
2	Lily Tse	04:57.4
3	Antonia Jubb	05:01.5
4	Sarah McGrath	05:12.2
5	Clara Livingston	05:15.5
6	Beth Barker	05:17.2
7	Hannah Barker	05:20.0
8	Maisie Carley	05:23.7



Long Jump		
Position	Name	Distance
1	Isla Finlay	4.98
2	Catherine Kola Balogun	4.81
3	Grace Hucknall	4.80
4	Sophia Pawlaczek	4.76
5	Clara Mee	4.59
6	Hannah Mulholland	4.56
7	Charlotte Wirth	4.54
8	Izzy Chapman	4.47



High Jump		
Position	Name	Height
1	Bella Paraskeva	1.52
2	Rebecca Wheeler-Henry	1.52
3	Shanumi Akinfenwa	1.49
4	Alina Cofie	1.46
5	Clara Mee	1.46
6	Jerryann Jones	1.43
7	Parris Mitchell	1.43
8	Jasmine Bidwell	1.40

Pole Vault		
Position	Name	Height
1	Hannah Andrews	1.80
2		
3		
4		
5		
6		
7		
8		

Shot Put		
Position	Name	Distance
1	Annie Williams	9.89
2	Zoe Carroll	9.77
3	Annabel Lawson	9.71
4	Wanita Jones	9.06
5	Alex Paraskeva	8.81
6	Zari Annafi	8.75
7	Mai Heigold	8.19
8	Aoife Ward	8.12

Discus		
Position	Name	Distance
1	Katie Webb	32.33
2	Emily Ross	26.28
3	Maisie Taylor	22.37
4	Felicity Funnell	21.73
5	Millie Russell	19.37
6	Nina Morgaria	18.92
7	Kate Stell	17.68
8	Jahnvi Van der Veen	17.38

Javelin		
Position	Name	Distance
1	Maisie Taylor	31.66
2	Freya Witheat	31.13
3	Katie Webb	30.62
4	Issie Brunskill	29.93
5	Kamila Wolowitz	23.56
6	Roisin McEvoy	23.31
7		
8		

Hammer		
Position	Name	Distance
1	Emily Ross	19.95
2		
3		
4		
5		
6		
7		
8		

		Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		75m Hurdles		Heat 1		Sophie Wilkes	1	13.74			
Mia McIntosh	12					11.17	NEW	YES	YES	1	1
Scarlett Gammell	26					11.99				3	3
Zoe Carroll	33					11.90				2	2
Clare Hudson	34					12.76				5	7
Alyson Roberts	35					13.69				7	13
Abbie Parker	40					12.01				4	4
Heat 2				Katherine Vincent	41	13.65				6	12
				Isabel McShannon	42	13.28				5	10
				Annabelle Raymont	47	13.14				4	9
				Zara Miller	52	16.38				8	16
				Freya Witheat	56	12.17				2	6
				Asher Cliff-Afemari	57	12.11				1	5
				Keira Bhasin	65	13.61				6	11
Heat 3		Abi Walsh	133	13.82				7	15		
		Lottie Saunders	147	13.10				3	8		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
								No Runner	No Runner		
Heat 4									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
									No Runner	No Runner	
75m Hurdles Final		4	1	Mia McIntosh	12	11.10	NEW	YES	YES	1	Junior Girls
		5	3	Zoe Carroll	33	11.75				3	
		3	2	Scarlett Gammell	26	11.74				2	
		6	5	Abbie Parker	40	11.88				5	
		2	4	Asher Cliff-Afemari	57	11.84				4	
		7	6	Freya Witheat	56	12.08				6	
		1	7	Clare Hudson	34	12.86				7	
		8	8	Lottie Saunders	147	13.04				8	
Records											
Herts	11.50										
National	11.40										
Entry	11.70										

75m Hurdles Final		
1	Mia McIntosh	11.10
2	Scarlett Gammell	11.74
3	Zoe Carroll	11.75
4	Asher Cliff-Afemari	11.84
5	Abbie Parker	11.88
6	Freya Witheat	12.08
7	Clare Hudson	12.86
8	Lottie Saunders	13.04

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Cami Amzurie	4	13.36				
Izzy Chapman	5		14.00					5	13
Lydia Edwards	6		13.30					3	7
Abigail O'Keefe	8		14.70					6	18
Mia McIntosh	12		12.66			YES		1	2
Emma Afari	25		13.20					2	5
								No Runner	No Runner
								No Runner	No Runner
Heat 2	Elizabeth Odularu	26	13.97					4	12
	Alexia Saunders	31	13.07					1	3
	Georgie Murphy	34	13.20					3	6
	Zoe Cowan	46	14.41					6	17
	Claudia Spanier	59	14.20					5	14
	Kashi Williamson	65	13.12					2	4
								No Runner	No Runner
								No Runner	No Runner
Heat 3	Lily Norwood	35	12.57			YES		1	1
	Zari Annafi	71	13.63					3	10
	Alina Cofie	83	13.51					2	9
	Laura Philips	108	14.31					6	16
	Lulu Peers	120	13.93					4	11
	Corinne Kola Balogun	134	14.29					5	15
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
100m Final	4	2	Lily Norwood	35	12.70			2	Junior Girls
	5	1	Mia McIntosh	12	12.55		YES	1	
	3	5	Alexia Saunders	31	13.19			5	
	6	4	Kashi Williamson	65	13.11			4	
	2	3	Emma Afari	25	13.06			3	
	7	8	Alina Cofie	83	13.67			8	
	1	6	Lydia Edwards	6	13.43			6	
	8	7	Cami Amzurie	4	13.45			7	
Records									
Herts	12.30								
National	12.40								
Entry	12.70								

100m Final		
1	Mia McIntosh	12.55
2	Lily Norwood	12.70
3	Emma Afari	13.06
4	Kashi Williamson	13.11
5	Alexia Saunders	13.19
6	Lydia Edwards	13.43
7	Cami Amzurie	13.45
8	Alina Cofie	13.67

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Maisie Doherty	1	27.59				3
Ava Mcloughlin	11		28.87				7	13	
Sophia Pawlaczek	12		27.81				4	6	
Jerryann Jones	15		28.66				6	11	
Nathalia Dundar	18		27.17				2	3	
Alexia Saunders	31		27.02				1	2	
Annie Burchell	33		28.21				5	8	
							No Runner	No Runner	
Heat 2	Georgie Murphy	34	27.68				2	5	
	Daisy Laing	36	29.40				6	17	
	Daisy Marshall	38	28.67				4	12	
	Abbie Parker	40	26.65				1	1	
	Susie Weidmann	46	30.70				7	19	
	Delphine Lehrfreund	47	28.65				3	10	
	Omolola McDowall	48	29.01				5	15	
							No Runner	No Runner	
Heat 3	Isabella Pownall	57	29.11				4	16	
	Berri Clarke	65	27.92				1	7	
	Shanumi Akinfenwa	66	28.99				3	14	
	Hannah Booth	112	29.51				5	18	
	Gabriella Twigg	212	33.66				6	20	
	Catherine Kola Balogun	234	28.36				2	9	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4	1	Abbie Parker	40	26.40			1	Junior Girls
	5	3	Alexia Saunders	31	27.12			3	
	3	2	Nathalia Dundar	18	26.83			2	
	6	6	Maisie Doherty	1	27.41			6	
	2	4	Georgie Murphy	34	27.32			4	
	7	7	Sophia Pawlaczek	12	28.39			7	
	1	5	Berri Clarke	65	27.37			5	
	8	8	Annie Burchell	33	29.00			8	
Records									
Herts	24.90								
National	25.50								
Entry	26.20								

200m Final		
1	Abbie Parker	26.40
2	Nathalia Dundar	26.83
3	Alexia Saunders	27.12
4	Georgie Murphy	27.32
5	Berri Clarke	27.37
6	Maisie Doherty	27.41
7	Sophia Pawlaczek	28.39
8	Annie Burchell	29.00

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Ella Hampstead	31	47.02				5
Lucy Evans	34		44.24				2	4	
Emeline Brown	39		44.48				3	5	
Zoe St John	45		43.40				1	2	
Niamh Day	47		44.73				4	6	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 2	Diya Chotai	56	49.45				5	10	
	Isobel Geere	65	43.22				1	1	
	Jessica Astill	82	43.90				2	3	
	Lottie Saunders	147	47.45				4	9	
	Charlotte Cox	51	47.16				3	8	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
300m Final	4	3	Isobel Geere	65	44.35			3	Junior Girls
	5	2	Zoe St John	45	43.31			2	
	3	1	Jessica Astill	82	43.13			1	
	6	5	Lucy Evans	34	44.69			5	
	2	4	Emeline Brown	39	44.56			4	
	7	6	Niamh Day	47	45.32			6	
	1	TBC	Ella Hampstead	31				TBC	
	8	7	Charlotte Cox	51	47.20			7	
Records									
Herts									
National									
Entry									

300m Final		
1	Jessica Astill	43.13
2	Zoe St John	43.31
3	Isobel Geere	44.35
4	Emeline Brown	44.56
5	Lucy Evans	44.69
6	Niamh Day	45.32
7	Charlotte Cox	47.20
8		

Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position
	Final	Izzy Chapman	5	4.47			
Ava Mcloughlin		11	3.66				18
Sophia Pawlaczek		12	4.76				4
Grace Hucknall		26	4.80				3
Hannah Mulholland		31	4.56				6
Annie Burchell		33	4.37				12
Isla Finlay		34	4.98				1
Lily Norwood		35	4.27				14
Jessica Hill		40	4.41				10
Isabel McShannon		42	3.88				16
Zoe Cowan		46	3.77				17
Diya Chotai		56	3.65				19
Asher Cliff-Afemari		57	4.38				11
Clara Mee		59	4.59				5
Isobel Geere		65	4.45				9
Charlotte Wirth		131	4.54				7
Catherine Kola Balogun		134	4.81				2
Keira Mansell-Baker		165	4.13				15
Corinne Kola Balogun		234	4.35				13
							No Jumper
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
						No Jumper	
Final	1	Isla Finlay	34	4.98			
	2	Catherine Kola Balogun	134	4.81			
	3	Grace Hucknall	26	4.80			
	4	Sophia Pawlaczek	12	4.76			
	5	Clara Mee	59	4.59			
	6	Hannah Mulholland	31	4.56			
	7	Charlotte Wirth	131	4.54			
	8	Izzy Chapman	5	4.47			
	9	Isobel Geere	65	4.45			
	10	Jessica Hill	40	4.41			
	11	Asher Cliff-Afemari	57	4.38			
	12	Annie Burchell	33	4.37			
Records							
Herts	5.53						
National	5.20						
Entry	5.10						
							Long Jump
							Junior Girls

Long Jump

Races		Name	No.	Height (m.cm)	Herts	National	Entry	Position
		Final	Hannah Andrews	1	1.80			
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
							No Jumper	
Final	1		Hannah Andrews	1	1.80			
	2							
	3							
	4							Junior Girls
	5							
	6							
	7							
	8							
	9							
	10							
	11							
	12							
Records								
Herts	2.20							
National	3.05							
Entry	2.75							

Pole Vault

Final

Final

Pole Vault

Junior Girls

Shot Put	Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
			Zoe Abbott	1	7.54				10	
	Mai Heigold	12	8.19				7			
	Wanita Jones	20	9.06				4			
	Zoe Carroll	33	9.77				2			
	Alex Paraskeva	45	8.81				5			
	Isabella Pownall	57	7.99				9			
	Annie Williams	59	9.89				1			
	Zari Annafi	71	8.75				6			
	Aoife Ward	133	8.12				8			
	Annabel Lawson	159	9.71				3			
	Final								No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
									No Thrower	
	Final		1	Annie Williams	59	9.89				Shot Put
			2	Zoe Carroll	33	9.77				
			3	Annabel Lawson	159	9.71				
			4	Wanita Jones	20	9.06				Junior Girls
			5	Alex Paraskeva	45	8.81				
			6	Zari Annafi	71	8.75				
			7	Mai Heigold	12	8.19				
			8	Aoife Ward	133	8.12				
			9	Isabella Pownall	57	7.99				
10			Zoe Abbott	1	7.54					
11										
12										
Records										
Herts	11.99									
National	11.20									
Entry	10.60									

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position
		Final	Millie Russell	5	19.37			
Katie Webb	15		32.33		YES	YES	1	
Jahnvi Van der Veen	26		17.38				8	
Kate Stell	31		17.68				7	
Felicity Funnell	40		21.73				4	
Maisie Taylor	41		22.37				3	
Emily Ross	56		26.28				2	
Nina Morgaria	105		18.92				6	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
Final	1		Katie Webb	15	32.33		YES	YES
	2	Emily Ross	56	26.28				
	3	Maisie Taylor	41	22.37				
	4	Felicity Funnell	40	21.73				Junior Girls
	5	Millie Russell	5	19.37				
	6	Nina Morgaria	105	18.92				
	7	Kate Stell	31	17.68				
	8	Jahnvi Van der Veen	26	17.38				
	9							
	10							
	11							
	12							
Records								
Herts	37.86							
National	30.00							
Entry	27.00							

Discus

Final

Final

Discus

Junior Girls

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position
		Final	Roisin McEvoy	11	23.31			
Katie Webb	15		30.62				3	
Maisie Taylor	41		31.66				1	
Issie Brunskill	45		29.93				4	
Kamila Wolowitz	47		23.56				5	
Freya Witheat	56		31.13				2	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
Final	1	Maisie Taylor	41	31.66				Javelin
	2	Freya Witheat	56	31.13				
	3	Katie Webb	15	30.62				
	4	Issie Brunskill	45	29.93				Junior Girls
	5	Kamila Wolowitz	47	23.56				
	6	Roisin McEvoy	11	23.31				
	7							
	8							
	9							
	10							
	11							
	12							
Records								
Herts	40.17							
National	36.00							
Entry	34.00							

Javelin

Final

Final

Javelin

Junior Girls

Records

Herts	40.17
National	36.00
Entry	34.00

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position		
		Final		Emily Ross	56	19.95				1
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
No Thrower										
Final				1	Emily Ross	56	19.95			
				2						
		3								
		4								
		5								
		6								
		7								
		8								
		9								
		10								
		11								
		12								
Records										
Herts	33.94									
National	42.00									
Entry	36.00									
								Junior Girls		

Hammer

Final

Final

Hammer

Junior Girls

9th June 2018

Inter Girls

Results

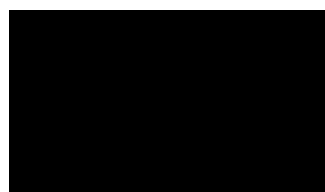
80m Hurdles		
Position	Name	Time
1	Marli Jessop	11.61
2	Amelia Woodnick	11.83
3	Christa Hetherington	11.96
4	Kara Onuri	12.55
5	Abbie Poole	13.06
6	Ollie Nightingale	14.41
7		
8		

300m Hurdles		
Position	Name	Time
1	Daisy Creasey	48.78
2	Maddie Waite	49.12
3		
4		
5		
6		
7		
8		

100m		
Position	Name	Time
1	Zuriel Owolana	12.35
2	Dara Apoola	12.66
3	Isabelle Fafawora	12.77
4	Libby Mallord	12.90
5	Christa Hetherington	12.95
6	Hannah McCorkindale Brown	13.12
7	Mya Bunbury-Lindsay	13.14
8	Chrissy Murray	13.42

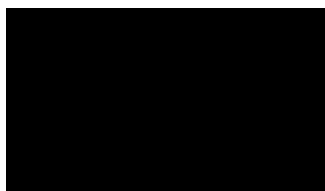
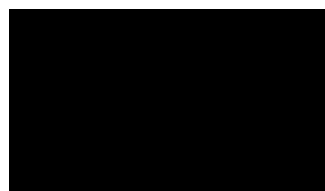
200m		
Position	Name	Time
1	Dara Apoola	26.45
2	Libby Mallord	26.70
3	Isabelle Fafawora	26.97
4	Jasmine Duru	28.28
5	Ella Pentland	28.66
6	Lauren Wilby	29.36
7	Lucy Kemp	29.40
8		

300m		
Position	Name	Time
1	Petra Sijuwade	42.99
2	Lauren Simpson	43.11
3	Katie Liptrot	43.73
4	Scarlett Kent	43.91
5	Jessie Boad	45.44
6	Meadow Thomas	45.59
7	Lisa-Marie Uzokwe	45.95
8		



800m		
Position	Name	Time
1	Trixie Wraith	02:13.4
2	Bluebell Cooke	02:16.5
3	Lizzie Bentham	02:21.4
4	Eva Ilari-Barampouti	02:22.1
5	Scarlett Kent	02:27.0
6	Jessica Hoar	02:27.2
7	Honey Millard - Clothier	02:27.9
8	Bea Towers	02:46.3

1500m		
Position	Name	Time
1	Grace Ingles	04:50.4
2	Keira Stern	04:50.8
3	Niamh Gallagher	04:53.3
4	Jane Williamson	04:54.7
5	Freya Stapleton	04:55.3
6	Amy Cassidy	05:32.6
7		
8		



Long Jump		
Position	Name	Distance
1	Milly Gall	5.44
2	Marli Jessop	5.26
3	Zuriel Owolana	5.06
4	Amelia Woodnick	5.00
5	Olivia Lindsay	4.46
6	Abbie Poole	4.34
7	Lauren Wilby	4.25
8	Jessie Boad	4.23

Triple Jump		
Position	Name	Distance
1	Rhea Raju	9.40
2	Lizzie Abelman	9.17
3		
4		
5		
6		
7		
8		

High Jump		
Position	Name	Height
1	Kara Onuri	1.69
2	Aisla Rhodes	1.57
3	Chrissy Murray	1.54
4	Amelle Rodgers	1.44
5	Anna Craggs	1.44
6	Jenna Dawes	1.39
7		
8		

Pole Vault		
Position	Name	Height
1	Meadow Thomas	2.40
2		
3		
4		
5		
6		
7		
8		

Shot Put		
Position	Name	Distance
1	Dara Adebayo	13.17
2	Jorja Haider	11.22
3	India King	8.71
4	Jasmine Duru	6.85
5		
6		
7		
8		

Discus		
Position	Name	Distance
1	Tala Tunstall	38.34
2	Jorja Haider	26.58
3	Kathryn Williams	25.99
4	India King	24.80
5	Hannah McCorkindale Brown	21.15
6	Florie Moir	20.18
7		
8		

Javelin		
Position	Name	Distance
1	Cristina Potter	41.00
2	Georgia Shephard-Gazely	38.19
3	Fiona McArdle	28.32
4	Megan Langley	27.95
5	Jess Thorn	26.53
6	Bea Towers	22.76
7		
8		

Hammer		
Position	Name	Distance
1	Amy Wright	44.82
2		
3		
4		
5		
6		
7		
8		

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1		Kara Onuri	9	12.55			
	Marli Jessop		11	11.61			YES	1	1
	Amelia Woodnick		39	11.83			YES	2	2
	Abbie Poole		42	13.06				5	5
	Ollie Nightingale		46	14.41				6	6
	Christa Hetherington		68	11.96			YES	3	3
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 2								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 3								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
80m Hurdles Final	4	1	Marli Jessop	11	11.61		YES	1	Inter Girls
	5	2	Amelia Woodnick	39	11.83		YES	2	
	3	3	Christa Hetherington	68	11.96		YES	3	
	6	4	Kara Onuri	9	12.55			4	
	2	5	Abbie Poole	42	13.06			5	
	7	6	Ollie Nightingale	46	14.41			6	
	1	TBC						TBC	
	8	TBC						TBC	
Records									
Herts	11.29								
National	11.60								
Entry	12.00								

80m Hurdles Final		
1	Marli Jessop	11.61
2	Amelia Woodnick	11.83
3	Christa Hetherington	11.96
4	Kara Onuri	12.55
5	Abbie Poole	13.06
6	Ollie Nightingale	14.41
7		
8		

300m Hurdles	Races	Name	No.	Time (0.00)	Herts	National	Entry	Position	
	Final	Maddie Waite	47	49.12				2	
		Daisy Creasey	54	48.78				1	
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
								No Runner	
	Final	1 Daisy Creasey	54	48.78				300m Hurdles	
		2 Maddie Waite	47	49.12					
			3						
			4						
			5						
			6						
			7						
			8						
			9						
			10						
			11						
			12						
Records								Inter Girls	
Herts	44.90								
National	45.00								
Entry	46.40								

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		100m	Heat 1	Chrissy Murray	8	13.35			
Dara Apoola	29			12.56				1	2
Mya Bunbury-Lindsay	31			13.10				4	6
Libby Mallord	40			12.84				2	3
Isabelle Fafawora	45			12.85				3	4
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 2	Hannah McCorkindale Bro		46	13.20				3	7
	Zuriel Owolana		56	12.42			YES	1	1
	Christa Hetherington		68	13.02				2	5
	Olivia Lindsay		79	13.77				4	9
	Lucy Kemp		96	14.48				5	10
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
100m Final	4	1	Zuriel Owolana	56	12.35		YES	1	Inter Girls
	5	2	Dara Apoola	29	12.66			2	
	3	4	Libby Mallord	40	12.90			4	
	6	3	Isabelle Fafawora	45	12.77			3	
	2	5	Christa Hetherington	68	12.95			5	
	7	7	Mya Bunbury-Lindsay	31	13.14			7	
	1	6	Hannah McCorkindale Bro	46	13.12			6	
	8	8	Chrissy Murray	8	13.42			8	
Records									
Herts	12.20								
National	12.20								
Entry	12.50								

100m Final		
1	Zuriel Owolana	12.35
2	Dara Apoola	12.66
3	Isabelle Fafawora	12.77
4	Libby Mallord	12.90
5	Christa Hetherington	12.95
6	Hannah McCorkindale Brown	13.12
7	Mya Bunbury-Lindsay	13.14
8	Chrissy Murray	13.42

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Lauren Wilby	17	29.36				6
Dara Apoola	29		26.45				1	1	
Libby Mallord	40		26.70				2	2	
Isabelle Fafawora	45		26.97				3	3	
Ella Pentland	79		28.66				5	5	
Lucy Kemp	96		29.40				7	7	
Jasmine Duru	179		28.28				4	4	
Heat 2							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4	1	Dara Apoola	29	26.45			1	Inter Girls
	5	2	Libby Mallord	40	26.70			2	
	3	3	Isabelle Fafawora	45	26.97			3	
	6	4	Jasmine Duru	179	28.28			4	
	2	5	Ella Pentland	79	28.66			5	
	7	6	Lauren Wilby	17	29.36			6	
	1	7	Lucy Kemp	96	29.40			7	
	8	TBC						TBC	

Records	
Herts	24.90
National	25.10
Entry	25.90

200m Final		
1	Dara Apoola	26.45
2	Libby Mallord	26.70
3	Isabelle Fafawora	26.97
4	Jasmine Duru	28.28
5	Ella Pentland	28.66
6	Lauren Wilby	29.36
7	Lucy Kemp	29.40
8		

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	Meadow Thomas	40	45.59				6
Scarlett Kent	41		43.91				4	4	
Jessie Boad	42		45.44				5	5	
Petra Sijuwade	47		42.99				1	1	
Lauren Simpson	54		43.11				2	2	
Katie Liptrot	58		43.73				3	3	
Lisa-Marie Uzokwe	68		45.95				7	7	
Heat 2							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
300m Final	4	1	Petra Sijuwade	47	42.99			1	Inter Girls
	5	2	Lauren Simpson	54	43.11			2	
	3	3	Katie Liptrot	58	43.73			3	
	6	4	Scarlett Kent	41	43.91			4	
	2	5	Jessie Boad	42	45.44			5	
	7	6	Meadow Thomas	40	45.59			6	
	1	7	Lisa-Marie Uzokwe	68	45.95			7	
Records									
Herts	39.40								
National	40.10								
Entry	41.00								
		8	TBC					TBC	

300m Final		
1	Petra Sijuwade	42.99
2	Lauren Simpson	43.11
3	Katie Liptrot	43.73
4	Scarlett Kent	43.91
5	Jessie Boad	45.44
6	Meadow Thomas	45.59
7	Lisa-Marie Uzokwe	45.95
8		

		Races	Name	No.	Time (0:00.0)	Herts	National	Entry	Position	
800m	Final		Trixie Wraith	22	02:13.4			YES	1	
			Eva Ilari-Barampouti	31	02:22.1				4	
			Lizzie Bentham	34	02:21.4				3	
			Jessica Hoar	40	02:27.2				6	
			Scarlett Kent	41	02:27.0				5	
			Bea Towers	46	02:46.3				8	
			Honey Millard - Clothier	141	02:27.9				7	
			Bluebell Cooke	147	02:16.5				2	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
									No Runner	
		Final	1	Trixie Wraith	22	02:13.4	0.44		YES	800m
			2	Bluebell Cooke	147	02:16.5	0.50			
			3	Lizzie Bentham	34	02:21.4	0.40			
	4		Eva Ilari-Barampouti	31	02:22.1	0.14			Inter Girls	
	5		Scarlett Kent	41	02:27.0	0.99				
	6		Jessica Hoar	40	02:27.2	0.21				
	7		Honey Millard - Clothier	141	02:27.9	0.88				
	8		Bea Towers	46	02:46.3	0.25				
	9									
	10									
	11									
	12									
	Records									
	Herts	02:10.0								
	National	02:13.0								
	Entry	02:16.0								

Races		Name	No.	Time (0:00.0)	Herts	National	Entry	Position	
		1500m		Keira Stern	25	04:50.8			
Amy Cassidy	33			05:32.6				6	
Freya Stapleton	41			04:55.3				5	
Niamh Gallagher	46			04:53.3				3	
Grace Ingles	56			04:50.4				1	
Jane Williamson	156			04:54.7				4	
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
Final		1	Grace Ingles	56	04:50.4	0.42			
		2	Keira Stern	25	04:50.8	0.78			
		3	Niamh Gallagher	46	04:53.3	0.26			
		4	Jane Williamson	156	04:54.7	0.66			
		5	Freya Stapleton	41	04:55.3	0.28			
		6	Amy Cassidy	33	05:32.6	0.60			
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	04:30.8								
National	04:39.0								
Entry	04:45.0								
Final									1500m
									Inter Girls

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position		
Final		Marli Jessop	11	5.26				2		
		Lauren Wilby	17	4.25				7		
		Amelia Woodnick	39	5.00				4		
		Jessie Boad	42	4.23				8		
		Zuriel Owolana	56	5.06				3		
		Olivia Lindsay	79	4.46				5		
		Milly Gall	83	5.44			YES	1		
		Abbie Poole	142	4.34				6		
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
									No Jumper	
		Final		1 Milly Gall	83	5.44			YES	Long Jump
				2 Marli Jessop	11	5.26				
				3 Zuriel Owolana	56	5.06				
4 Amelia Woodnick	39			5.00						
5 Olivia Lindsay	79			4.46				Inter Girls		
6 Abbie Poole	142			4.34						
7 Lauren Wilby	17			4.25						
8 Jessie Boad	42			4.23						
9										
10										
11										
12										
Records										
Herts	5.58									
National	5.50									
Entry	5.35									

Long Jump

Final

Final

Long Jump

Inter Girls

Records	
Herts	5.58
National	5.50
Entry	5.35

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
		Triple Jump	Final	Rhea Raju	47	9.40			
Lizzie Abelman	59			9.17				2	
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
	Final			1 Rhea Raju	47	9.40			
		2 Lizzie Abelman	59	9.17					
		3							
			4						
			5						
			6						
			7						
			8						
			9						
			10						
			11						
			12						
Records								Inter Girls	
Herts	11.00								
National	11.20								
Entry	10.90								

Races		Name	No.	Height (m.cm)	Herts	National	Entry	Position
		Final	Chrissy Murray	8	1.54			
Kara Onuri	9		1.69	NEW	YES	YES	1	
Anna Craggs	40		1.44				5	
Amelie Rodgers	46		1.44				4	
Jenna Dawes	57		1.39				6	
Aisla Rhodes	79		1.57				2	
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
Final	1	Kara Onuri	9	1.69	NEW	YES	YES	High Jump
	2	Aisla Rhodes	79	1.57				
	3	Chrissy Murray	8	1.54				
	4	Amelie Rodgers	46	1.44				Inter Girls
	5	Anna Craggs	40	1.44				
	6	Jenna Dawes	57	1.39				
	7							
	8							
	9							
	10							
	11							
	12							
Records								
Herts	1.65							
National	1.69							
Entry	1.63							

High Jump

Final

Final

High Jump

Inter Girls

Races		Name	No.	Height (m.cm)	Herts	National	Entry	Position
		Final	Meadow Thomas	40	2.40			
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
No Jumper								
Final	1		Meadow Thomas	40	2.40			
	2							
	3							
	4							Inter Girls
	5							
	6							
	7							
	8							
	9							
	10							
	11							
	12							
Records								
Herts	3.05							
National	3.40							
Entry	3.10							

Pole Vault

Final

Final

Pole Vault

Inter Girls

