



Hertfordshire Schools
Athletics Association



Hertfordshire Schools' Track & Field Championships

Results

Jarman Park, Hemel Hempstead

Saturday 11th June 2016

*Primary (U11), Pre-Junior (U13), Junior (U15) & Inter (U17)
Boys' & Girls' Competitions*

11th June 2016

U11 Boys (Primary)

Results

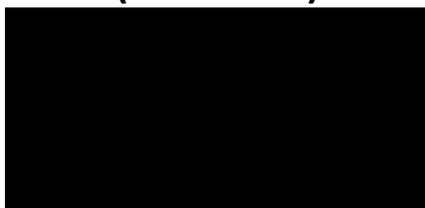
600m			
Position	Name	No.	Time
1	Adam Grimes	22	01:46.3
2	Harrison Smith	20	01:47.8
3	Charlie Taylor	24	01:52.6
4	George Greenway	37	01:53.1
5	Alex Moss	35	01:53.7
6	Daniel Faron	30	01:54.1
7	Archie Herbert	29	01:56.0
8	Logan Ahern	64	01:56.1

11th June 2016

U13 Boys
(Pre-Junior)

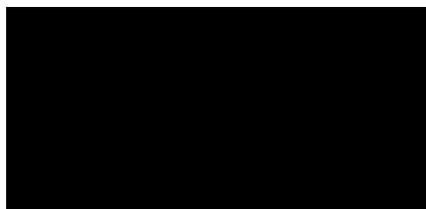
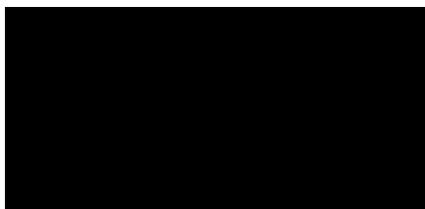
Results

75m Hurdles			
Position	Name	No.	Time
1	C Stern	95	12.70
2	R Lawrence	72	12.90
3	M Tym	46	13.20
4	L Visick	47	13.50
5	W Lawler	147	14.30
6	N Kallinga	133	14.60
7	J O'Rahilly	25	15.20
8			



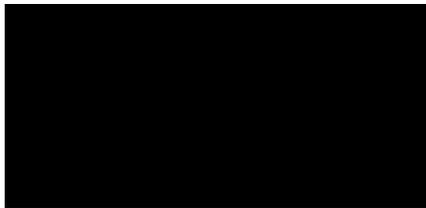
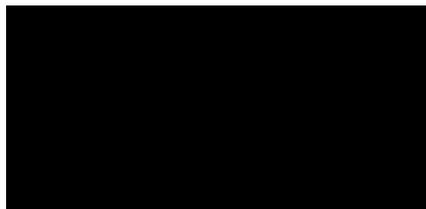
100m			
Position	Name	No.	Time
1	E Fernades	41	13.20
2	A Dikeocha	19	13.30
3	N Savva	26	13.40
4	A Carberry	35	13.50
5	B Obar	45	13.50
6	L Johnson	25	13.70
7	L Chillingworth	49	14.00
8	A Pickard	69	14.10

200m			
Position	Name	No.	Time
1	N Savva	26	27.20
2	J Corner	5	27.80
3	J Gardner	35	27.90
4	L Barnes	47	27.90
5	F Ball	19	28.00
6	L Johnson	25	28.20
7	M Garthwaite	147	28.50
8	M Depettillo	170	29.00

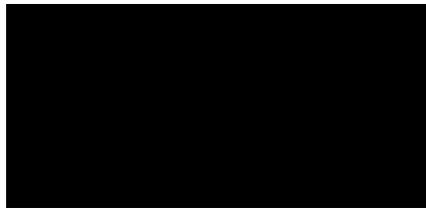


800m			
Position	Name	No.	Time
1	A Garcia	27	02:31.1
2	O Sills	79	02:34.3
3	E Starky	12	02:34.7
4	O Marks	19	02:38.5
5	J Myhill	47	02:38.7
6	A Fowkes- Gajan	41	02:39.2
7	J Beber	70	02:40.2
8	J Carmichael	25	02:42.4

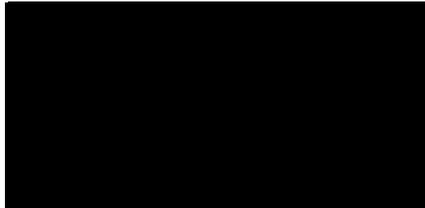
1500m			
Position	Name	No.	Time
1	L Stubbs	31	04:54.1
2	B Hunter	26	04:57.2
3	W Hughes	25	04:59.0
4	J Bailey	136	05:05.2
5	T Wilson	52	05:06.3
6	E Turner	12	05:07.0
7	S Hicks	46	05:07.9
8	E Mills	8	05:11.7



Long Jump			
Position	Name	No.	Distance
1	L Barnes	47	4.73
2	A Carberry	35	4.73
3	E Fernades	41	4.71
4	M Foster	5	4.54
5	O Kemp	26	4.44
6	J Carmichael	25	4.25
7	M Garthwaite	147	4.21
8	S Maguire	8	4.13



High Jump			
Position	Name	No.	Height
1	L Visick	47	1.38
2	M Eke	34	1.38
3	D Haque	41	1.38
4	W Lawler	147	1.35
5	J Beber	70	1.35
6	W Longhurst	52	1.32
7			
8			



Shot Put			
Position	Name	No.	Distance
1	B Obar	45	8.95
2	N Oba Okusanya	145	8.84
3			
4			
5			
6			
7			
8			

Discus			
Position	Name	No.	Distance
1	O Webb	5	32.20
2	O Kay	47	26.42
3	T Laycock	126	24.21
4	A Rowlands	25	23.30
5	N May	26	19.94
6	F Ball	19	19.70
7			
8			

Javelin			
Position	Name	No.	Distance
1	B Hocking	45	31.82
2	N May	26	29.86
3	J Ince	65	28.97
4	M Williams	25	28.87
5	F Hogan	70	27.71
6	S Geymonat	46	25.65
7	D Carruthers	119	23.23
8	J Smith	170	22.94



Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	O Kemp	26	15.40				5
M Tym	46		13.60				2	2=	
L Visick	47		14.30				3	5	
C Stern	95		12.90				1	1	
N Kallinga	133		15.00				4	6	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 2	J O'Rahilly	25	15.00				3	6=	
	J Sawday	45	15.60				4	9	
	W Lawler	147	13.70				2	4	
	R Lawrence	72	13.60				1	2	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
75m Hurdles Final	4	1	C Stern	95	12.70			1	Pre-Junior Boys
	5	2	R Lawrence	72	12.90			2	
	3	3	M Tym	46	13.20			3	
	6	5	W Lawler	147	14.30			5	
	2	4	L Visick	47	13.50			4	
	7	6	N Kallinga	133	14.60			6	
	1	7	J O'Rahilly	25	15.20			7	
	8	TBC						TBC	
Records									
Herts	12.00								
National									
Entry									

75m Hurdles Final			
1	C Stern	95	12.70
2	R Lawrence	72	12.90
3	M Tym	46	13.20
4	L Visick	47	13.50
5	W Lawler	147	14.30
6	N Kallinga	133	14.60
7	J O'Rahilly	25	15.20
8			

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	A Dikeocha	19	13.20				1
N Savva	26		13.60				4	4	
E Fernades	41		13.20				1	1=	
B Obar	45		13.30				3	3	
A Pickard	69		13.80				5	6	
F Hogan	70		14.40				6	9	
							No Runner	No Runner	
Heat 2	M Foster	5	14.60				6	12	
	D Kateley	12	14.40				4	9=	
	L Johnson	25	13.70				1	5	
	A Carberry	35	13.90				2	7	
	L Chillingworth	49	14.00				3	8	
	E Johnston	141	14.50				5	11	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
100m Final	4	2	A Dikeocha	19	13.30			2	Pre-Junior Boys
	5	1	E Fernades	41	13.20			1	
	3	5	B Obar	45	13.50			5	
	6	3	N Savva	26	13.40			3	
	2	6	L Johnson	25	13.70			6	
	7	8	A Pickard	69	14.10			8	
	1	4	A Carberry	35	13.50			4	
	8	7	L Chillingworth	49	14.00			7	

Records	
Herts	12.30
National	
Entry	

100m Final			
1	E Fernades	41	13.20
2	A Dikeocha	19	13.30
3	N Savva	26	13.40
4	A Carberry	35	13.50
5	B Obar	45	13.50
6	L Johnson	25	13.70
7	L Chillingworth	49	14.00
8	A Pickard	69	14.10

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	J Corner	5	28.50				3
S Carney	11		32.50				6	12	
N Savva	26		27.50				1	1	
T Thompson	43		31.20				5	11	
L Barnes	47		28.20				2	3	
J Smith	70		29.60				4	9	
							No Runner	No Runner	
Heat 2	F Ball	19	28.20				2	4	
	L Johnson	25	27.90				1	2	
	J Gardner	35	28.70				3	6	
	M Hawkins	52	29.80				6	10	
	M Garthwaite	147	29.00				5	8	
	M Depetrillo	170	28.71				4	7	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4	1	N Savva	26	27.20			1	Pre-Junior Boys
	5	6	L Johnson	25	28.20			6	
	3	4	L Barnes	47	27.90			4	
	6	5	F Ball	19	28.00			5	
	2	2	J Corner	5	27.80			2	
	7	3	J Gardner	35	27.90			3	
	1	8	M Depetrillo	170	29.00			8	
	8	7	M Garthwaite	147	28.50			7	
Records									
Herts		25.50							
National									
Entry									

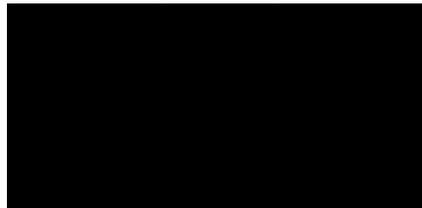
200m Final			
1	N Savva	26	27.20
2	J Corner	5	27.80
3	J Gardner	35	27.90
4	L Barnes	47	27.90
5	F Ball	19	28.00
6	L Johnson	25	28.20
7	M Garthwaite	147	28.50
8	M Depetrillo	170	29.00

11th June 2016

U15 Boys
(Junior)

Results

80m Hurdles			
Position	Name	No.	Time
1	J C Aka	47	12.10
2	R Williams	42	12.10
3	L Gupta	12	12.50
4	L Goodhind	35	12.50
5	M Adekeye	119	12.70
6	M Pancho	8	12.70
7			
8			



100m			
Position	Name	No.	Time
1	T Makoyawo	111	11.40
2	D Ogali	32	11.70
3	R Gupta	25	12.00
4	O Martin	10	12.20
5	M Hubbard	12	12.30
6			
7			
8			

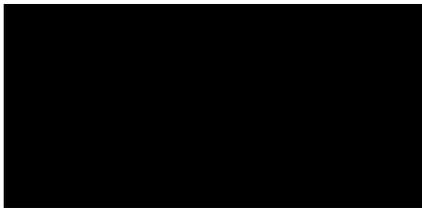
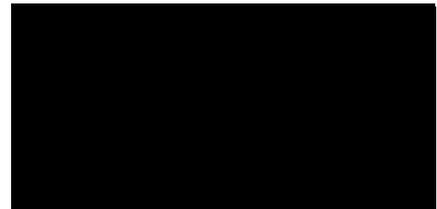
200m			
Position	Name	No.	Time
1	H Dean	46	24.00
2	S Bwalya	184	24.00
3	L Pearce	28	24.30
4	T Gerard	79	24.60
5	J Woods	12	24.70
6	T Vickeridge	83	24.80
7	M Oni-Williams	71	25.40
8	J Field	8	26.10

300m			
Position	Name	No.	Time
1	F Reilly	147	37.90
2	T Elesin	145	38.40
3	L Burford	15	38.50
4	W Garthwaite	47	39.70
5	B Stein	31	39.80
6	D James	29	40.30
7	B Bellman	45	40.50
8			



800m			
Position	Name	No.	Time
1	F Shiret	45	02:08.2
2	L Rusling	82	02:13.2
3	T Minns	26	02:14.5
4	M Armstrong	33	02:14.8
5	J List	58	02:17.8
6	J Kato	48	02:20.8
7	J Dickenson	13	02:21.3
8	B Breen	52	02:21.7

1500m			
Position	Name	No.	Time
1	C Keogh	8	04:18.3
2	K Imroth	19	04:24.1
3	J Smith	17	04:29.9
4	A Harrow	35	04:37.8
5	N Zapico	71	04:38.1
6	C Nicolson	51	04:42.4
7	F Watson	119	04:45.1
8	S Brice	31	04:47.5



Long Jump			
Position	Name	No.	Distance
1	J Woods	12	5.85
2	J Barker	135	5.51
3	H Bennet	47	5.39
4	T Fisher	36	5.38
5	L Goodhind	35	5.37
6	S Bontas	45	5.11
7	J Bio	28	5.08
8	T Gerard	79	5.07

Triple Jump			
Position	Name	No.	Distance
1	B Simm	26	11.64
2	I Laseinde	147	11.62
3	D James	29	11.42
4	M Hodgson	142	11.38
5	C Lawrence John	58	11.25
6	W Samuel	52	11.10
7	R Grant	51	10.79
8	D Onochie-Williams	19	10.65

High Jump			
Position	Name	No.	Height
1	Y Amankwah	29	1.66
2	C Crowe	47	1.63
3	J Francis	51	1.60
4	M Adekeye	119	1.60
5	E Hopper	36	1.60
6	O Tye	5	1.57
7	T Carmichael	25	1.57
8	J Renton	42	1.54

Pole Vault			
Position	Name	No.	Height
1	Z Dudhia	45	3.10
2	B Breen	52	2.90
3	S Parton	34	2.80
4	H Williams	42	2.70
5	S King	12	2.60
6	D Baines	47	2.50
7	J Cohen	145	2.40
8			

Shot Put			
Position	Name	No.	Distance
1	D Koffi	47	13.44
2	J Nwaha	95	12.46
3	H Dean	46	11.38
4	H Bennet	147	11.37
5	J Steinberg	45	10.46
6	S Edge	51	10.23
7	J Wiseman	13	9.89
8	C Cavarli-Warby	19	9.11

Discus			
Position	Name	No.	Distance
1	H Mathey	145	37.45
2	D Buckland	84	36.93
3	A Johal	47	33.12
4	J Johal	147	31.78
5	W Jarvis	36	30.68
6	T Liddelow	42	27.26
7	B Bellman	45	27.02
8	G Armstrong	12	26.41

Javelin			
Position	Name	No.	Distance
1	R Oyewole	45	43.97
2	J Hirst	52	43.03
3	B Appleton	29	41.75
4	W Jarvis	36	40.05
5	M Woods	26	39.29
6	J Boorn	42	35.49
7	J Rugg	41	34.94
8	Y Al-Gurair	12	34.14

Hammer			
Position	Name	No.	Distance
1	O Stafford	28	34.06
2	J Schoeman	147	31.42
3	T Wyatt	47	29.56
4			
5			
6			
7			
8			

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
80m Hurdles	Heat 1	M Pancho	8	12.70				3	4
		L Gupta	12	12.60				2	3
		C Proctor	15	13.60				6	12
		T Parker	19	13.10				4	8
		J C Aka	47	12.50				1	2
		A Hayes	48	14.10				7	15
		A Palmer	51	13.30				5	10
								No Runner	No Runner
	Heat 2	J Broadis	5	13.70				8	14
		K Alland	26	13.60				7	12=
		L Goodhind	35	13.00				3	6
		R Williams	42	12.40				1	1
		Y Srikantharajah	45	13.10				5	8
		F Newing	108	13.50				6	11
		M Adekeye	119	12.80				2	5
	C Crowe	147	13.00				3	6=	
	Heat 3							No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
80m Hurdles Final	4	2	R Williams	42	12.10			2	Junior Boys
	5	1	J C Aka	47	12.10			1	
	3	3	L Gupta	12	12.50			3	
	6	6	M Pancho	8	12.70			6	
	2	5	M Adekeye	119	12.70			5	
	7	4	L Goodhind	35	12.50			4	
	1	TBC						TBC	
	8	TBC						TBC	
Records									
Herts	11.50								
National	11.60								
Entry	12.00								

80m Hurdles Final			
1	J C Aka	47	12.10
2	R Williams	42	12.10
3	L Gupta	12	12.50
4	L Goodhind	35	12.50
5	M Adekeye	119	12.70
6	M Pancho	8	12.70
7			
8			

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	L Mvula	11	12.90				
M Hubbard	12		12.30					1	4
R Karim	42		13.30					6	18
E Grant	51		12.50					2	6
R Hill	52		12.50					2	6
I Ndungu	79		12.90					4	14
E McGory	125		13.40					7	19
								No Runner	No Runner
Heat 2	J Bio	28	12.60					4	11
	J Ayayi-Khiran	31	12.50					3	6
	D Ogali	32	12.10					2	2
	A Penn	46	12.70					5	12
	A Conn	70	13.70					7	21
	M Patterson	105	13.20					6	17
	T Makoyawo	111	11.60			YES		1	1
							No Runner	No Runner	
Heat 3	B Jordan	5	13.60					7	20
	O Martin	10	12.30					2	4=
	R Gupta	25	12.20					1	3
	E Fatemehin	29	12.50					3	6
	A Islam	45	12.70					5	12
	J Berman	50	12.90					6	14
	M Oni-Williams	71	12.50					3	6
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
100m Final	4	1	T Makoyawo	111	11.40		YES	1	Junior Boys
	5	2	D Ogali	32	11.70			2	
	3	3	R Gupta	25	12.00			3	
	6	5	M Hubbard	12	12.30			5	
	2	4	O Martin	10	12.20			4	
7	TBC						TBC		
1	TBC						TBC		
8	TBC						TBC		

Records	
Herts	11.10
National	11.40
Entry	11.70

100m Final			
1	T Makoyawo	111	11.40
2	D Ogali	32	11.70
3	R Gupta	25	12.00
4	O Martin	10	12.20
5	M Hubbard	12	12.30
6			
7			
8			

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
200m	Heat 1	B Haugh	11	26.00				4	14
		J Woods	12	24.80				1	3
		M Brand	15	26.60				6	18
		R Grant	51	26.10				5	15
		T Gerard	79	24.90				2	5
		G Okentunji	84	25.80				3	11
							No Runner	No Runner	
							No Runner	No Runner	
	Heat 2	J Field	8	25.50				2	8
		C Rodriguez	13	25.70				3	10
		L Pearce	28	24.70				1	2
		T Byrne	52	25.90				5	13
		O Tye	105	25.80				4	11
		J Mulholland	115	27.00				6	19
	K Lewinton	151	27.20				7	20	
							No Runner	No Runner	
	Heat 3	S Evans	5	25.50				5	8
		S James	35	27.60				8	21
H Dean		46	24.80				2	4	
M Oni-Williams		71	25.30				3	6	
T Vickeridge		83	25.40				4	7	
E McGory		125	26.30				6	16	
S Bontas	145	26.50				7	17		
S Bwalya	184	24.50				1	1		
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4	2	S Bwalya	184	24.00		YES	2	#REF!
	5	3	L Pearce	28	24.30			3	
	3	5	J Woods	12	24.70			5	
	6	1	H Dean	46	24.00		YES	1	
	2	4	T Gerard	79	24.60			4	
	7	7	M Oni-Williams	71	25.40			7	
	1	6	T Vickeridge	83	24.80			6	
	8	8	J Field	8	26.10			8	
Records									
Herts	23.40								
National	23.30								
Entry	24.00								

200m Final			
1	H Dean	46	24.00
2	S Bwalya	184	24.00
3	L Pearce	28	24.30
4	T Gerard	79	24.60
5	J Woods	12	24.70
6	T Vickeridge	83	24.80
7	M Oni-Williams	71	25.40
8	J Field	8	26.10

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
300m	Heat 1	L Burford	15	38.30				1	2
		M Watt	42	41.70				4	12
		W Garthwaite	47	39.50				3	7
		J Francis	51	39.40				2	6
		P Mamrot	70	44.10				6	17
		M Lacey	79	43.30				5	15
							No Runner	No Runner	
							No Runner	No Runner	
	Heat 2	D James	29	39.10				2	4
		B Freckleton	41	41.60				5	11
		B Bellman	45	39.90				3	8
		J Nwaha	95	40.90				4	10
		F Reilly	147	38.10				1	1
		L Harradine	170	43.10				6	14
							No Runner	No Runner	
							No Runner	No Runner	
	Heat 3	L Tuch	5	43.70				5	16
		D Onochie-Williams	19	40.40				3	9
B Stein		31	39.20				2	5	
R Gaete		141	42.00				4	13	
T Elesin		145	38.70				1	3	
							No Runner	No Runner	
						No Runner	No Runner		
						No Runner	No Runner		
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
300m Final	4	1	F Reilly	147	37.90		YES	1	Junior Boys
	5	3	L Burford	15	38.50			3	
	3	2	T Elesin	145	38.40			2	
	6	6	D James	29	40.30			6	
	2	5	B Stein	31	39.80			5	
	7	DNR	J Francis	51				Did Not Run	
	1	4	W Garthwaite	47	39.70			4	
	8	7	B Bellman	45	40.50			7	
Records									
Herts	35.60								
National	36.80								
Entry	38.00								

300m Final			
1	F Reilly	147	37.90
2	T Elesin	145	38.40
3	L Burford	15	38.50
4	W Garthwaite	47	39.70
5	B Stein	31	39.80
6	D James	29	40.30
7	B Bellman	45	40.50
8			

Races	Name	No.	Time (0:00.0)	Herts	National	Entry	Position	Finalists
	Heat 1	J Dickenson	13	02:21.3				7
A Jolly		15	02:26.1				10	10
T Minns		26	02:14.5				3	3
L Clark		32	02:33.7				11	11
M Armstrong		33	02:14.8				4	4
F Shiret		45	02:08.2				1	1
B Spencer		46	02:24.2				9	9
J Kato		48	02:20.8				6	6
B Breen		52	02:21.7				8	8
J List		58	02:17.8				5	5
E Zapico		71	02:35.5				13	13
L Rusling		82	02:13.8				2	2
J Hoad		105	02:44.6				14	14
J Steel		141	02:35.1				12	12
Heat 2							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
800m Final	1	F Shiret	45	02:08.2			1	Junior Boys
	2	L Rusling	82	02:13.2			2	
	3	T Minns	26	02:14.5			3	
	4	M Armstrong	33	02:14.8			4	
	5	J List	58	02:17.8			5	
	6	J Kato	48	02:20.8			6	
	7	J Dickenson	13	02:21.3			7	
	8	B Breen	52	02:21.7			8	
	9	B Spencer	46	02:24.2			9	
	10	A Jolly	15	02:26.1			10	
	11	L Clark	32	02:33.7			11	
	12	J Steel	141	02:35.1			12	

Records	
Herts	02:04.7
National	02:02.0
Entry	02:05.0

800m Final			
1	F Shiret	45	02:08.2
2	L Rusling	82	02:13.2
3	T Minns	26	02:14.5
4	M Armstrong	33	02:14.8
5	J List	58	02:17.8
6	J Kato	48	02:20.8
7	J Dickenson	13	02:21.3
8	B Breen	52	02:21.7
9	B Spencer	46	02:24.2
10	A Jolly	15	02:26.1
11	L Clark	32	02:33.7
12	J Steel	141	02:35.1

Hammer	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
	Final	J Schoeman	147	31.42				2	
		T Wyatt	47	29.56				3	
		O Stafford	28	34.06				1	
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
	Final	1	O Stafford	28	34.06			Hammer	
		2	J Schoeman	147	31.42				
		3	T Wyatt	47	29.56				
			4						Junior Boys
			5						
			6						
			7						
			8						
			9						
			10						
			11						
			12						
Records									
Herts	51.79								
National	45.00								
Entry	38.00								

11th June 2016

U17 Boys
(Inter)

Results

100m Hurdles			
Position	Name	No.	Time
1	A Tokuta	45	14.00
2	P Keefe	47	14.30
3	K Kerr	68	14.80
4	O Jopp	65	14.90
5	C Furley	31	15.50
6	G Harris	42	15.70
7	J Davis	145	16.90
8			

400m Hurdles			
Position	Name	No.	Time
1	B Lloyd	41	55.90
2			
3			
4			
5			
6			
7			
8			

100m			
Position	Name	No.	Time
1	N Murray	84	11.50
2	D Gbadamosi	33	11.50
3	C Osei	3	11.70
4	B Whitehead	12	11.90
5	C Finnegan	48	12.00
6	D Fawole	42	12.10
7	J Earl	58	12.20
8	C Oakes	105	12.60

200m			
Position	Name	No.	Time
1	J Hughes	19	23.60
2	B Morris	47	23.80
3	E Hurum	41	24.50
4	D Aghantin	35	24.70
5	S Osiyemi	71	25.90
6			
7			
8			

400m			
Position	Name	No.	Time
1	B Lloyd	41	52.30
2	B Morris	47	52.70
3	A Olukotun	31	53.80
4	H Nedeljkovic	5	55.20
5	M Coopley	45	56.10
6	P Chamba	35	59.20
7			
8			

800m			
Position	Name	No.	Time
1	T Fulton	31	01:56.4
2	D Streeter	68	01:58.5
3	A Hughes	125	02:03.0
4	J Lumb	25	02:03.6
5	J Alderson	36	02:04.3
6	R Saint	33	02:04.9
7	H Rocha	145	02:05.2
8	S Wiggins	84	02:08.6

1500m			
Position	Name	No.	Time
1	J Dempsey	134	04:08.6
2	E Dee	96	04:12.0
3	G Groom	19	04:16.4
4	B Winfield	34	04:25.4
5	J Van Heiningen	29	04:25.8
6	J Chott	28	04:28.6
7	P Ertl	26	04:35.8
8	L Sugden	69	04:37.7

Long Jump			
Position	Name	No.	Distance
1	D Hopper	36	6.88
2	M Adebakin	34	6.25
3	K Kerr	68	6.03
4	S Scheer	41	5.69
5	C Stevens	19	5.43
6	A Finnie	5	5.39
7			
8			

Triple Jump			
Position	Name	No.	Distance
1	D Gbadamosi	33	13.75
2	J Cowans	28	13.49
3	B Chan	48	11.45
4	H Nedeljkovic	5	11.32
5	P Chamba	35	10.82
6			
7			
8			

High Jump			
Position	Name	No.	Height
1	T Ademduagum	183	1.86
2	T Mitchell	69	1.83
3	T Wright	83	1.77
4	R James	29	1.71
5	H Greenway	35	1.71
6	L Milton	5	1.68
7			
8			

Pole Vault			
Position	Name	No.	Height
1	L Brown	47	3.90
2	C Woodage	1	3.60
3	O Jopp	65	3.50
4	L Flinn	45	3.40
5	E Breen	52	3.30
6			
7			
8			

Shot Put			
Position	Name	No.	Distance
1	E Metcalfe	82	12.29
2	S Woodley	96	12.01
3	F Alabi Timi	45	11.54
4	J Lawson	33	10.41
5	T Walsh	48	9.70
6			
7			
8			

Discus			
Position	Name	No.	Distance
1	S Woodley	96	40.73
2	P Keefe	47	38.44
3	E Metcalfe	82	36.06
4	O Hocking	45	33.79
5	A McKee	31	32.05
6	J Rooney	41	25.75
7			
8			

Javelin			
Position	Name	No.	Distance
1	M Miller	45	48.34
2	W Taylor	26	42.19
3	M McPherson	12	41.79
4	H Hacobian	69	39.89
5	J Leyshon	3	38.46
6	J Reynolds	13	35.62
7			
8			

Hammer			
Position	Name	No.	Distance
1	B Norman	147	51.51
2	M Knowles	47	36.47
3			
4			
5			
6			
7			
8			

400m Hurdles	Races	Name	No.	Time (0.00)	Herts	National	Entry	Position	
	Final	B Lloyd	41	55.90	JOINT	YES	YES	1	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
								No Runner	
						No Runner			
	Final	1	B Lloyd	41	55.90	JOINT	YES	YES	400m Hurdles
		2							
		3							
		4							Junior Boys
		5							
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	55.90								
National	56.20								
Entry	58.00								

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
400m	Heat 1	A Thatcher	11	61.10				5	10
		A Olukotun	31	53.10				3	3
		B Lloyd	41	52.30				1	1
		M Coopley	45	53.80				4	4
		B Morris	47	52.70				2	2
								No Runner	No Runner
	Heat 2	H Nedeljkovic	5	56.20				2	6
		H Fulton	19	58.50				4	8
		L Humbles	34	54.00				1	5
		P Chamba	35	57.10				3	7
		J Davis	145	58.80				5	9
								No Runner	No Runner
	Heat 3							No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
	Heat 4							No Runner	No Runner
								No Runner	No Runner
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
400m Final	4	1	B Lloyd	41	52.30			1	Junior Boys
	5	2	B Morris	47	52.70			2	
	3	3	A Olukotun	31	53.80			3	
	6	5	M Coopley	45	56.10			5	
	2	DNR	L Humbles	34				Did Not Run	
	7	4	H Nedeljkovic	5	55.20			4	
	1	6	P Chamba	35	59.20			6	
	8	DNR	H Fulton	19				Did Not Run	
Records									
Herts	49.20								
National	49.50								
Entry	51.10								

400m Final			
1	B Lloyd	41	52.30
2	B Morris	47	52.70
3	A Olukotun	31	53.80
4	H Nedeljkovic	5	55.20
5	M Coopley	45	56.10
6	P Chamba	35	59.20
7			
8			

Long Jump	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
	Final	A Finnie	5	5.39				6	
		C Stevens	19	5.43				5	
		M Adebakin	34	6.25				2	
		D Hopper	36	6.88		YES	YES	1	
		S Scheer	41	5.69				4	
		K Kerr	68	6.03				3	
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
							No Jumper		
	Final	1 D Hopper	36	6.88		YES	YES	Long Jump	
		2 M Adebakin	34	6.25					
		3 K Kerr	68	6.03					
		4 S Scheer	41	5.69				Junior Boys	
		5 C Stevens	19	5.43					
		6 A Finnie	5	5.39					
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	6.97								
National	6.60								
Entry	6.40								

Shot Put	Races	Final	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
			F Alabi Timi	45	11.54				3	
			J Lawson	33	10.41				4	
			S Woodley	96	12.01				2	
			T Walsh	48	9.70				5	
			E Metcalfe	82	12.29				1	
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
										No Thrower
							No Thrower			
							No Thrower			
	Final	1	E Metcalfe	82	12.29				Shot Put	
		2	S Woodley	96	12.01					
		3	F Alabi Timi	45	11.54					
			4	J Lawson	33	10.41				Junior Boys
			5	T Walsh	48	9.70				
			6							
			7							
			8							
			9							
			10							
			11							
			12							
Records										
Herts	16.22									
National	14.20									
Entry	13.20									

Javelin	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
	Final	J Leyshon	3	38.46				5	
		M McPherson	12	41.79				3	
		J Reynolds	13	35.62				6	
		W Taylor	26	42.19				2	
		M Miller	45	48.34				1	
		H Hacobian	69	39.89				4	
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
								No Thrower	
	Final	1 M Miller	45	48.34				Javelin	
		2 W Taylor	26	42.19					
		3 M McPherson	12	41.79					
		4 H Hacobian	69	39.89				Junior Boys	
		5 J Leyshon	3	38.46					
		6 J Reynolds	13	35.62					
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	57.06								
National	54.00								
Entry	52.00								

Hammer	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position
	Final	B Norman	147	51.51			YES	1
		M Knowles	47	36.47				2
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
								No Thrower
							No Thrower	
	Final	1	B Norman	147	51.51		YES	Hammer
		2	M Knowles	47	36.47			
		3						Junior Boys
		4						
		5						
		6						
		7						
		8						
		9						
		10						
		11						
		12						
Records								
Herts	66.33							
National	56.00							
Entry	50.00							

11th June 2016

U11 Girls (Primary)

Results

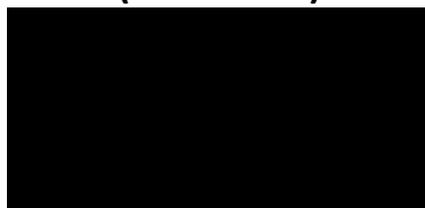
600m			
Position	Name	No.	Time
1	Antonia Jubb	41	01:57.5
2	Lily Tse	15	01:58.3
3	Orla Foley	50	01:58.4
4	Stella Whitlum	42	02:00.0
5	Mia Pullan	1	02:00.9
6	Laura Thomson	54	02:01.8
7	Jessica Astill	4	02:04.8
8	Kiera Watts	6	02:05.5

11th June 2016

U13 Girls
(Pre-Junior)

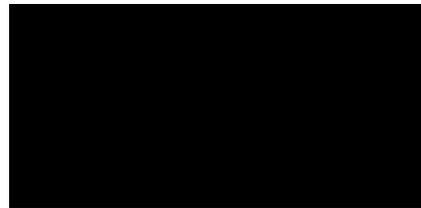
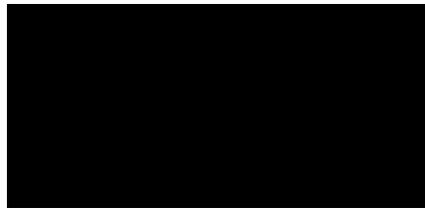
Results

70m Hurdles			
Position	Name	No.	Time
1	F Witheat	93	12.10
2	Z Carroll	33	12.20
3	C Saunders	47	13.00
4	O Radcliffe	26	13.40
5	S M Ryan	70	14.20
6			
7			
8			



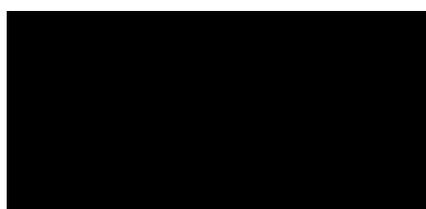
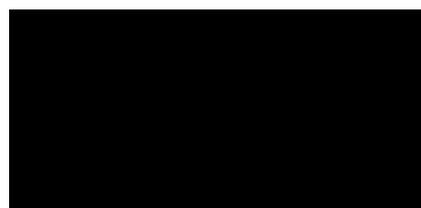
100m			
Position	Name	No.	Time
1	S Thomas	20	13.50
2	G Murphy	34	13.90
3	N Mercurius	93	14.00
4	E Afari	25	14.00
5	L Edwards	6	14.20
6	K Weaver	52	14.40
7	P Dawes	65	14.70
8			

200m			
Position	Name	No.	Time
1	I Finlay	34	28.40
2	N Mercurius	93	28.80
3	M Maguire	32	33.60
4	M Kuevi	71	33.80
5			
6			
7			
8			

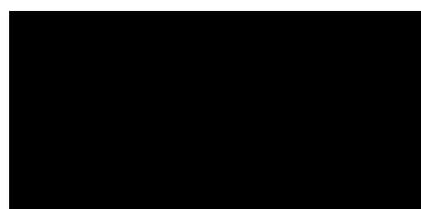


800m			
Position	Name	No.	Time
1	K Lloyd	41	02:28.0
2	J Moore	17	02:33.8
3	E Norton	127	02:44.1
4	O Moore	28	02:44.1
5	E Davies	27	02:44.5
6	H Grimes	11	02:48.5
7	G Threlfall	35	02:49.3
8	H Whelan	46	02:55.7

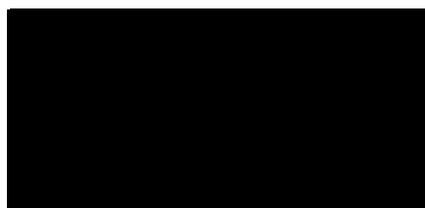
1500m			
Position	Name	No.	Time
1	L Evans	34	05:26.2
2	E Brown	39	05:28.1
3	J Benveniste	3	05:28.4
4	B Barker	134	05:36.3
5	S Flemming	27	05:43.8
6	J Hill	79	05:44.7
7	F Hines	8	05:51.8
8	S Parkes	46	05:54.5



Long Jump			
Position	Name	No.	Distance
1	A Cliff-Afemari	57	4.72
2	I Tishan	52	4.37
3	A South	48	4.24
4	K Weaver	152	4.14
5	G Murphy	34	4.13
6	M Caffery	35	4.08
7	S Harris	26	3.77
8	K Mansell-Baker	65	3.55



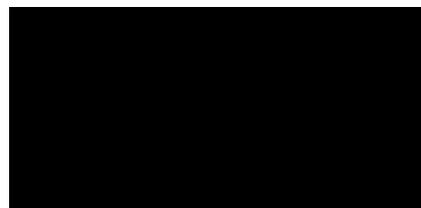
High Jump			
Position	Name	No.	Height
1	A Cliff-Afemari	57	1.50
2	E Afari	25	1.35
3	N Esho	157	1.35
4	I Finlay	34	1.25
5	O Radcliffe	26	1.25
6			
7			
8			



Shot Put			
Position	Name	No.	Distance
1	Z Carroll	33	8.27
2	A Osei-Nyarko	15	7.16
3	S Marston	26	6.54
4	K Nichol	41	6.36
5	A Baxter	39	6.35
6	E Walker	36	6.25
7	A Edwards	105	6.07
8	L Chadakufa	20	6.06

Discus			
Position	Name	No.	Distance
1	K Webb	79	20.41
2	R King	70	17.59
3	N Morjaria	5	17.04
4	L Chadakufa	20	16.20
5	I Evans	34	15.50
6			
7			
8			

Javelin			
Position	Name	No.	Distance
1	F Witheat	93	23.81
2	M Taylor	41	22.93
3	E Mathews	5	22.68
4	K Webb	79	21.40
5	R King	70	18.75
6	L Dixon	35	17.45
7	O Moore	28	14.70
8	K Parcell	54	9.08



Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	I O'Kelly	5	15.10				
E Afari	25		14.10					2	3
G Otunyi	33		15.20					7	12
G Murphy	34		13.80					1	1
A South	48		14.60					5	8
K Weaver	52		14.50					3	5
P Dawes	65		14.50					3	5=
S M Ryan	70		15.30					8	13
L Edwards	6		14.50					3	5==
S Thomas	20		13.90					1	2
Heat 2	S Harris	26	14.90					5	10
	H Kay	54	15.40					6	14
	N Mercurius	93	14.30					2	4
	I Chapman	165	14.70					4	9
	N Osayi	171	16.00					7	15
								No Runner	No Runner
Heat 3								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
100m Final	4 2	G Murphy	34	13.90				2	Pre-Junior Girls
	5 1	S Thomas	20	13.50				1	
	3 4	E Afari	25	14.00				4	
	6 3	N Mercurius	93	14.00				3	
	2 6	K Weaver	52	14.40				6	
	7 7	P Dawes	65	14.70				7	
	1 5	L Edwards	6	14.20				5	
	8 DNR	A South	48					Did Not Run	
Records									
Herts	12.90								
National									
Entry									

100m Final			
1	S Thomas	20	13.50
2	G Murphy	34	13.90
3	N Mercurius	93	14.00
4	E Afari	25	14.00
5	L Edwards	6	14.20
6	K Weaver	52	14.40
7	P Dawes	65	14.70
8			

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	I Finlay	34	28.40				1
M Kuevi	71		33.80				4	4	
M Maguire	32		33.60				3	3	
N Mercurius	93		28.80				2	2	
Heat 2							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4	1	I Finlay	34	28.40			1	Pre-Junior Girls
	5	2	N Mercurius	93	28.80			2	
	3	3	M Maguire	32	33.60			3	
	6	4	M Kuevi	71	33.80			4	
	2	TBC						TBC	
	7	TBC						TBC	
	1	TBC						TBC	
	8	TBC						TBC	

Records	
Herts	27.80
National	
Entry	

200m Final			
1	I Finlay	34	28.40
2	N Mercurius	93	28.80
3	M Maguire	32	33.60
4	M Kuevi	71	33.80
5			
6			
7			
8			

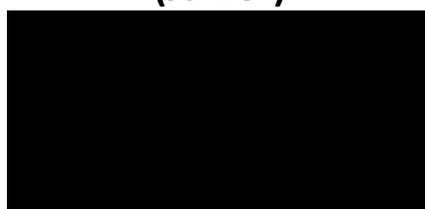
High Jump	Races	Name	No.	Height (m.cm)	Herts	National	Entry	Position	
	Final	E Afari	25	1.35				2	
		O Radcliffe	26	1.25				4=	
		I Finlay	34	1.25				4	
		A Cliff-Afemari	57	1.50				1	
		N Esho	157	1.35				3	
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
							No Jumper		
	Final	1 A Cliff-Afemari	57	1.50				High Jump	
		2 E Afari	25	1.35					
		3 N Esho	157	1.35					
		4 I Finlay	34	1.25				Pre-Junior Girls	
		4= O Radcliffe	26	1.25					
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	1.60								
National									
Entry									

11th June 2016

U15 Girls (Junior)

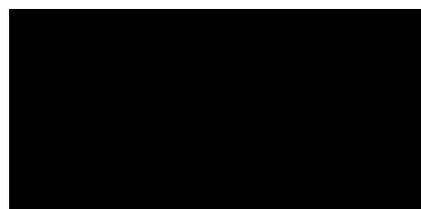
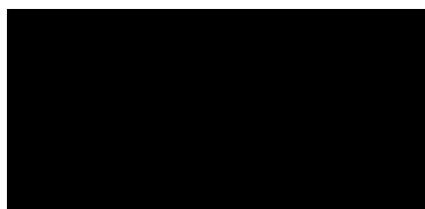
Results

75m Hurdles			
Position	Name	No.	Time
1	C Hetherington	68	11.50
2	A Woodnick	39	11.60
3	C Potter	19	12.20
4	M Gall	83	12.40
5	M Waite	47	12.60
6	G Murray- Panayotim	59	12.90
7	B Westcombe Evans	46	13.10
8	J Sunderland	134	13.40



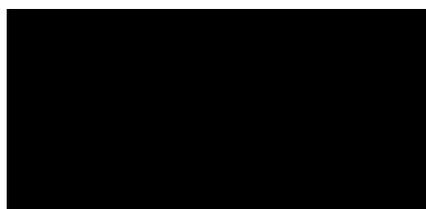
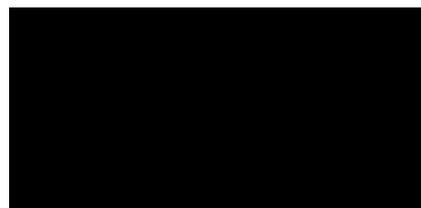
100m			
Position	Name	No.	Time
1	C Hetherington	68	12.70
2	Z Owolana	93	12.70
3	T Jones	59	13.00
4	M Jessop	11	13.30
5	S Nyandemoh	33	13.40
6	D Apoola	29	13.40
7	M Hurley	47	13.80
8	J Nuga	71	13.90

200m			
Position	Name	No.	Time
1	P Sijuwade	147	26.40
2	D Tuinema	5	26.70
3	K Liptrott	58	27.10
4	I Fafowora	45	27.10
5	L Mallord	79	27.20
6	M Hurley	47	27.30
7	A Benson	31	27.60
8	E Murphy	34	28.30

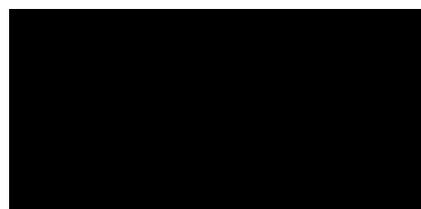


800m			
Position	Name	No.	Time
1	E Bentham	34	02:24.8
2	B Cooke	47	02:28.2
3	J Williamson	93	02:31.1
4	T Wraith	95	02:32.8
5	C Spinks	65	02:33.1
6	A Gifford	134	02:35.1
7	S Mulcahy	41	02:38.0
8	E Gilmore	59	02:38.4

1500m			
Position	Name	No.	Time
1	K Stern	25	04:56.1
2	S Dempsey	34	05:02.0
3	G Ingles	193	05:02.4
4	F Stapleton	41	05:09.3
5	L Boden	23	05:17.7
6	E Peters	93	05:18.1
7	M Sweeney	15	05:20.0
8	N Gallagher	46	05:23.4



Long Jump			
Position	Name	No.	Distance
1	Z Owolana	93	5.33
2	M Gall	83	5.10
3	M Jessop	11	4.74
4	A Benson	31	4.59
5	L Payne	134	4.58
6	K Liptrott	58	4.55
7	E Murphy	34	4.37
8	B Westcombe Evans	46	4.16



High Jump			
Position	Name	No.	Height
1	M Egbo	59	1.60
2	A Cooper	26	1.49
3	D Needham	81	1.49
4	E Petrucelli	41	1.46
5	A Woodnick	39	1.46
6	I Simpson	34	1.43
7	A Burns	12	1.40
8	O McGuire	193	1.40

Pole Vault			
Position	Name	No.	Height
1	A King	46	2.20
2			
3			
4			
5			
6			
7			
8			

Shot Put			
Position	Name	No.	Distance
1	J Douglas	145	10.42
2	D Adebayo	9	10.36
3	I Osterhus	141	9.25
4	R Akintunde	57	9.20
5	E Bayford	95	9.00
6	L Idris	8	8.88
7	J Haider	157	8.82
8	K Carty	120	8.19

Discus			
Position	Name	No.	Distance
1	T Tunstall	48	31.04
2	J Haider	157	24.16
3	K Williams	3	22.65
4	S Neir	31	21.89
5	M Brewer	28	21.68
6	F Moir	93	20.09
7	R Akintunde	57	18.80
8	H McCorkindale Brown	246	15.38

Javelin			
Position	Name	No.	Distance
1	G Shephard- Gazeley	65	33.27
2	O Steele	50	33.20
3	T Stonehouse	14	31.63
4	E Savage	5	31.38
5	C Potter	19	28.40
6	B Hedges	12	26.10
7	E Stone	69	23.89
8	M Warburton	70	21.15

Hammer			
Position	Name	No.	Distance
1	A Wright	15	33.94
2	M Brewer	28	19.91
3			
4			
5			
6			
7			
8			

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
Heat 1		D Baxter	33	13.60				4	10
		M Lorrain-Smith	34	14.10				6	12
		B Westcombe Evans	46	13.20				3	7
		C Hetherington	68	12.20				1	2
		M Thomas	79	14.60				7	14
		M Gall	83	12.70				2	4
		E Barnfather	95	13.80				5	11
							No Runner	No Runner	
Heat 2		C Potter	19	12.30				2	3
		A Woodnick	39	11.80				1	1
		M Waite	47	12.70				3	4=
		M Hobson	54	13.30				6	9
		G Murray- Panayotim	59	12.80				4	6
		D Needham	81	14.50				7	13
		J Sunderland	134	13.20				5	7=
							No Runner	No Runner	
Heat 3								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
Heat 4								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
								No Runner	No Runner
75m Hurdles Final	4	2	A Woodnick	39	11.60		YES	2	Junior Girls
	5	1	C Hetherington	68	11.50	NEW	YES	1	
	3	3	C Potter	19	12.20			3	
	6	4	M Gall	83	12.40			4	
	2	5	M Waite	47	12.60			5	
	7	6	G Murray- Panayotim	59	12.90			6	
	1	7	B Westcombe Evans	46	13.10			7	
	8	8	J Sunderland	134	13.40			8	

Records	
Herts	11.60
National	11.50
Entry	11.80

75m Hurdles Final			
1	C Hetherington	68	11.50
2	A Woodnick	39	11.60
3	C Potter	19	12.20
4	M Gall	83	12.40
5	M Waite	47	12.60
6	G Murray- Panayotim	59	12.90
7	B Westcombe Evans	46	13.10
8	J Sunderland	134	13.40

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists	
		Heat 1	M Jessop	11	13.40					3
D Apoola	29		13.40					3	5=	
D Oladapo	34		14.30					6	15	
C Hetherington	68		12.90					2	2=	
P Simmonds	91		13.90					5	11	
Z Owolana	93		12.80				YES	1	1	
								No Runner	No Runner	
Heat 2	C Davies	5	14.00					4	12	
	H Reilly	12	14.30					5	15	
	K Olusola	31	13.70					3	10	
	S Nyandemoh	33	13.20					1	4	
	J Nuga	71	13.40					2	5==	
	N Hartnett	95	14.60					7	18	
	J Arinze	154	14.50					6	17	
							No Runner	No Runner		
Heat 3	T Greaves	20	14.10					4	13	
	J Best	27	13.50					3	9	
	K Martin	35	14.10					4	13	
	M Hurley	47	13.40					2	5===	
	T Jones	59	12.90					1	2	
	M Iggulden	193	14.70					6	19	
							No Runner	No Runner		
Heat 4								No Runner	No Runner	
								No Runner	No Runner	
								No Runner	No Runner	
								No Runner	No Runner	
								No Runner	No Runner	
								No Runner	No Runner	
100m Final	4	2	Z Owolana	93	12.70			YES	2	Junior Girls
	5	3	T Jones	59	13.00				3	
	3	1	C Hetherington	68	12.70			YES	1	
	6	5	S Nyandemoh	33	13.40				5	
	2	4	M Jessop	11	13.30				4	
	7	6	D Apoola	29	13.40				6	
	1	8	J Nuga	71	13.90				8	
	8	7	M Hurley	47	13.80				7	
Records										
Herts	12.30									
National	12.50									
Entry	12.80									

100m Final			
1	C Hetherington	68	12.70
2	Z Owolana	93	12.70
3	T Jones	59	13.00
4	M Jessop	11	13.30
5	S Nyandemoh	33	13.40
6	D Apoola	29	13.40
7	M Hurley	47	13.80
8	J Nuga	71	13.90

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
200m	Heat 1	R Taylor	12	29.60				6	15
		F Rose	25	28.80				3	9
		E Murphy	34	28.40				2	8
		R Adoghe	57	28.90				5	11
		L Mallord	79	28.10				1	7
		J Glinkowska	95	28.80				3	9
								No Runner	No Runner
	Heat 2	H Walter	26	29.10				5	14
		A Benson	31	27.70				2	3
		I Fafowora	45	27.70				2	4
		L Lechartier- Rutter	46	30.10				6	16
		M Hurley	47	27.20				1	1
		K Liptrott	58	27.80				4	6
								No Runner	No Runner
	Heat 3	D Tuinema	5	27.70				2	5
		F McArdle	35	29.00				4	13
		N Gardener	93	30.10				5	16
		J Iferenta	145	28.90				3	11
		P Sijuwade	147	27.50				1	2
								No Runner	No Runner
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4	6	M Hurley	47	27.30			6	Junior Girls
	5	1	P Sijuwade	147	26.40			1	
	3	7	A Benson	31	27.60			7	
	6	4	I Fafowora	45	27.10			4	
	2	2	D Tuinema	5	26.70			2	
	7	3	K Liptrott	58	27.10			3	
	1	5	L Mallord	79	27.20			5	
	8	8	E Murphy	34	28.30			8	
Records									
Herts	24.90								
National	25.50								
Entry	26.30								

200m Final			
1	P Sijuwade	147	26.40
2	D Tuinema	5	26.70
3	K Liptrott	58	27.10
4	I Fafowora	45	27.10
5	L Mallord	79	27.20
6	M Hurley	47	27.30
7	A Benson	31	27.60
8	E Murphy	34	28.30

Races	Name	No.	Time (0:00.0)	Herts	National	Entry	Position	Finalists
	Heat 1	M Soanes	12	02:34.5				3
I Crafts		23	02:55.6				7	15
S Robin		25	02:52.5				6	13
E Bentham		34	02:27.2				1	1
S Mulcahy		41	02:38.9				5	8
C Spinks		65	02:37.1				4	7
T Wraith		95	02:32.4				2	5
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
Heat 2	C Deane	20	02:44.3				5	10
	B Cooke	47	02:31.0				2	3
	E Gilmore	59	02:40.6				4	9
	R Stephenson	82	02:47.6				6	11
	J Williamson	93	02:30.0				1	2
	A Gifford	134	02:32.3				3	4
	B Tower	146	02:52.5				8	13=
	Z Macdonald	182	02:50.3				7	12
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
							No Runner	No Runner
800m Final	1 E Bentham	34	02:24.8				1	Junior Girls
	3 J Williamson	93	02:31.1				3	
	2 B Cooke	47	02:28.2				2	
	6 A Gifford	134	02:35.1				6	
	4 T Wraith	95	02:32.8				4	
	9 M Soanes	12	02:46.8				9	
	5 C Spinks	65	02:33.1				5	
	7 S Mulcahy	41	02:38.0				7	
	8 E Gilmore	59	02:38.4				8	
	10 C Deane	20	02:47.8				10	
DNR R Stephenson	82					Did Not Run		
DNR Z Macdonald	182					Did Not Run		

Records	
Herts	02:04.7
National	02:02.0
Entry	02:05.0

800m Final			
1	E Bentham	34	02:24.8
2	B Cooke	47	02:28.2
3	J Williamson	93	02:31.1
4	T Wraith	95	02:32.8
5	C Spinks	65	02:33.1
6	A Gifford	134	02:35.1
7	S Mulcahy	41	02:38.0
8	E Gilmore	59	02:38.4
9	M Soanes	12	02:46.8
10	C Deane	20	02:47.8
11			
12			

Races		Name	No.	Distance (m.cm)	Herts	National	Entry	Position
		Final	K Williams	3	22.65			
M Brewer	28		21.68				5	
S Neir	31		21.89				4	
T Tunstall	48		31.04		YES	YES	1	
R Akintunde	57		18.80				7	
F Moir	93		20.09				6	
J Haider	157		24.16				2	
H McCorkindale Brown	246		15.38				8	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
							No Thrower	
Final	1		T Tunstall	48	31.04		YES	YES
	2	J Haider	157	24.16				
	3	K Williams	3	22.65				
	4	S Neir	31	21.89				Junior Girls
	5	M Brewer	28	21.68				
	6	F Moir	93	20.09				
	7	R Akintunde	57	18.80				
	8	H McCorkindale Brown	246	15.38				
	9							
	10							
	11							
	12							
Records								
Herts	37.86							
National	30.00							
Entry	27.00							

Discus

Final

Final

Discus

Junior Girls

Hammer	Races	Final	Name	No.	Distance (m.cm)	Herts	National	Entry	Position
			A Wright	15	33.94	NEW			1
			M Brewer	28	19.91				2
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
	Final	1	A Wright	15	33.94	NEW			Hammer
		2	M Brewer	28	19.91				
		3							
		4							Junior Girls
		5							
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts									
National	42.00								
Entry	36.00								

11th June 2016

U17 Girls
(Inter)

Results

80m Hurdles			
Position	Name	No.	Time
1	A Hornbuckle	49.00	11.90
2	N Parcell	54.00	11.90
3	E Russell	1.00	12.00
4	N Whitehead	45.00	13.30
5	G Chang Evans	31.00	13.50
6	H Tritton	23.00	14.40
7			
8			

300m Hurdles			
Position	Name	No.	Time
1	G Gentry	66.00	44.90
2	O Coles	26.00	46.60
3	L Reilly	95.00	47.70
4	M Astill	47.00	48.00
5	A Montgomery	31.00	50.20
6			
7			
8			

100m			
Position	Name	No.	Time
1	E Wansell	10.00	12.40
2	M Daley	85.00	12.70
3	B Shaw	125.00	13.00
4	R Jessop	111.00	13.00
5	P Simuene	185.00	13.20
6	M O'Connell	26.00	13.70
7	L Moh	28.00	14.20
8			

200m			
Position	Name	No.	Time
1	E Wansell	10.00	25.40
2	A M Vzokwe	68.00	25.80
3	G Anderson	13.00	26.50
4	R Jessop	11.00	26.70
5	B Shaw	25.00	26.70
6	P Simuene	85.00	28.10
7	M Adoghe	57.00	29.60
8			

300m			
Position	Name	No.	Time
1	A M Uzokwe	68.00	40.20
2	K Canham	12.00	41.80
3	J Hurley	159.00	42.00
4	M Astill	47.00	43.70
5	T Gordon- Jackson	25.00	45.20
6	I Roberts	5.00	46.70
7	M Scarlett	57.00	47.80
8			

400m			
Position	Name	No.	Time
1			
2			
3			
4			
5			
6			
7			
8			

800m			
Position	Name	No.	Time
1	S Wager-Leigh	23	02:19.0
2	O Coles	26	02:19.7
3	J Laitner	25	02:27.8
4	K Saunders	47	02:29.1
5	D Hare	57	02:29.6
6	S Olney	39	02:29.7
7	A Hanling	33	02:30.5
8	C Munn	5	02:31.7

1500m			
Position	Name	No.	Time
1	L Rowedder	54	05:06.5
2	L Milliken	29	05:07.6
3	S Butler	45	05:08.6
4	A Fender	33	05:29.7
5	F Weddell	25	05:35.4
6			
7			
8			

3000m			
Position	Name	No.	Time
1	G Birdseye	15	11:44.3
2	K Rust	57	13:34.7
3			
4			
5			
6			
7			
8			

500m			
Position	Name	No.	Time
1			
2			
3			
4			
5			
6			
7			
8			

Long Jump			
Position	Name	No.	Distance
1	G Gentry	66	5.49
2	N Parcell	54	5.48
3	A Hornbuckle	49	5.32
4	M Fielding	91	5.25
5	P Cieslak	33	4.71
6	G Centro	35	4.69
7			
8			

Triple Jump			
Position	Name	No.	Distance
1	J Woolcott	53	10.71
2	A Pickard	69	9.98
3	L Jones	95	9.82
4	H Tritton	23	9.64
5	H Dickins	26	9.56
6	E Owaiwe-Jones	57	9.42
7	K Saunders	47	9.24
8	E Crane	33	9.10

High Jump			
Position	Name	No.	Height
1	J Biggerstaff	1	1.58
2	M Draper	20	1.55
3	L Reilly	95	1.55
4	L Christie	33	1.52
5	N Stephens	57	1.40
6			
7			
8			

Pole Vault			
Position	Name	No.	Height
1	J Walker	43	2.50
2			
3			
4			
5			
6			
7			
8			

Shot Put			
Position	Name	No.	Distance
1	E Onyems	19	11.22
2	M O'Connell	26	10.79
3	L Moh	28	10.62
4	A Royce	57	10.47
5	M Jarvis	36	10.23
6	P Trzcinska	20	8.62
7			
8			

Discus			
Position	Name	No.	Distance
1	J Emery	1	35.65
2	M Jarvis	36	30.39
3	E Onyems	19	28.27
4	A Royce	57	26.16
5	S Chimumu	26	23.11
6			
7			
8			

Javelin			
Position	Name	No.	Distance
1	A Levy	84	37.11
2	A Jones	26	34.29
3	E McArdle	135	31.65
4	A Allman	45	26.44
5	M Glaister	28	24.89
6	P Trzcinska	20	22.01
7	A Cook	35	18.83
8			

Relay			
Position	Name	No.	Time
1			
2			
3			
4			
5			
6			
7			
8			

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position
		Final	A Montgomery	31	50.20			
G Gentry	66		44.90	JOINT	YES	YES	1	
L Reilly	95		47.70				3	
M Astill	47		48.00				4	
O Coles	26		46.60			YES	2	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
							No Runner	
Final	1	G Gentry	66	44.90	JOINT	YES	YES	300m Hurdles
	2	O Coles	26	46.60				
	3	L Reilly	95	47.70				
	4	M Astill	47	48.00				Inter Girls
	5	A Montgomery	31	50.20				
	6							
	7							
	8							
	9							
	10							
	11							
	12							
Records								
Herts	44.90							
National	45.00							
Entry	46.60							

300m Hurdles

Final

Final

300m Hurdles

Inter Girls

Records

Herts	44.90
National	45.00
Entry	46.60

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	E Wansell	10	25.40			YES	1
R Jessop	11		26.70				4	4	
G Anderson	13		26.50				3	3	
B Shaw	25		26.70				4	4=	
M Adoghe	57		29.60				7	7	
A M Vzokwe	68		25.80			YES	2	2	
P Simuene	85		28.10				6	6	
Heat 2							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
200m Final	4	1	E Wansell	10	25.40		YES	1	Inter Girls
	5	2	A M Vzokwe	68	25.80		YES	2	
	3	3	G Anderson	13	26.50			3	
	6	4=	R Jessop	11	26.70			4=	
	2	4=	B Shaw	25	26.70			4=	
	7	6	P Simuene	85	28.10			6	
	1	7	M Adoghe	57	29.60			7	
	8	TBC						TBC	

Records	
Herts	24.90
National	25.20
Entry	26.00

200m Final			
1	E Wansell	10	25.40
2	A M Vzokwe	68	25.80
3	G Anderson	13	26.50
4=	R Jessop	11	26.70
4=	B Shaw	25	26.70
6	P Simuene	85	28.10
7	M Adoghe	57	29.60
8			

Races		Name	No.	Time (0.00)	Herts	National	Entry	Position	Finalists
		Heat 1	I Roberts	5	46.70				6
K Canham	12		41.80				2	2	
T Gordon-Jackson	25		45.20				5	5	
M Astill	47		43.70				4	4	
M Scarlett	57		47.80				7	7	
A M Uzokwe	68		40.20	YES	YES		1	1	
J Hurley	159		42.00				3	3	
Heat 2							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 3							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
Heat 4							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
							No Runner	No Runner	
300m Final	4	1	A M Uzokwe	68	40.20	YES	YES	1	Inter Girls
	5	2	K Canham	12	41.80			2	
	3	3	J Hurley	159	42.00			3	
	6	4	M Astill	47	43.70			4	
	2	5	T Gordon-Jackson	25	45.20			5	
	7	6	I Roberts	5	46.70			6	
	1	7	M Scarlett	57	47.80			7	
	8	TBC						TBC	

Records	
Herts	39.40
National	40.30
Entry	41.20

300m Final			
1	A M Uzokwe	68	40.20
2	K Canham	12	41.80
3	J Hurley	159	42.00
4	M Astill	47	43.70
5	T Gordon-Jackson	25	45.20
6	I Roberts	5	46.70
7	M Scarlett	57	47.80
8			

1500m	Races	Name	No.	Time (0:00.0)	Herts	National	Entry	Position	
	Final	F Weddell	25	05:35.4				5	
		L Milliken	29	05:07.6				2	
		A Fender	33	05:29.7				4	
		S Butler	45	05:08.6				3	
		L Rowedder	54	05:06.5				1	
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
									No Runner
								No Runner	
	Final	1 L Rowedder	54	05:06.5				1500m	
		2 L Milliken	29	05:07.6					
		3 S Butler	45	05:08.6					
		4 A Fender	33	05:29.7				Inter Girls	
		5 F Weddell	25	05:35.4					
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	04:30.8								
National	04:39.0								
Entry	04:45.0								

High Jump	Races	Name	No.	Height (m.cm)	Herts	National	Entry	Position	
	Final	J Biggerstaff	1	1.58				1	
		M Draper	20	1.55				2	
		L Christie	33	1.52				4	
		N Stephens	57	1.40				5	
		L Reilly	95	1.55				3	
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
									No Jumper
							No Jumper		
	Final	1	J Biggerstaff	1	1.58			High Jump	
		2	M Draper	20	1.55				
		3	L Reilly	95	1.55				
			4	L Christie	33	1.52		Inter Girls	
			5	N Stephens	57	1.40			
			6						
			7						
			8						
			9						
			10						
			11						
			12						

Records	
Herts	1.71
National	1.68
Entry	1.62

Pole Vault	Races	Name	No.	Height (m.cm)	Herts	National	Entry	Position
	Final	I Walker	43	2.50				1
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
								No Jumper
							No Jumper	
						No Jumper		
	Final	1	I Walker	43	2.50			
		2						
		3						
		4						
		5						
		6						
		7						
		8						
		9						
		10						
		11						
		12						
Records								
Herts	3.05							
National	3.40							
Entry	3.10							
								Pole Vault
								Inter Girls

Discus	Races	Name	No.	Distance (m.cm)	Herts	National	Entry	Position	
	Final	J Emery	1	35.65			YES	1	
		E Onyems	19	28.27				3	
		S Chibumu	26	23.11				5	
		M Jarvis	36	30.39				2	
		A Royce	57	26.16				4	
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
									No Thrower
								No Thrower	
							No Thrower		
	Final	1 J Emery	1	35.65			YES	Discus	
		2 M Jarvis	36	30.39					
		3 E Onyems	19	28.27					
		4 A Royce	57	26.16				Inter Girls	
		5 S Chibumu	26	23.11					
		6							
		7							
		8							
		9							
		10							
		11							
		12							
Records									
Herts	40.42								
National	36.00								
Entry	33.00								



Hertfordshire Schools
Athletics Association



New Herts Schools' Records

Name	No.	Competition	Event	Time/Distance/Height	Previous	Record?
A Grimes	22	Primary Boys	600m	1:46.3s	N/A (Setting Record)	NEW
A Jubb	41	Primary Girls	600m	1:57.5s	N/A (Setting Record)	NEW
O Webb	5	Pre-Junior Boys	Discus	32.20m	32.00m	NEW
K Lloyd	41	Pre-Junior Girls	800m	2:28.0s	2:28.7s	NEW
C Hetherington	68	Junior Girls	75m Hurdles	11.50s	11.60s	NEW
A King	46	Junior Girls	Pole Vault	2.20m	N/A (Setting Record)	NEW
A Wright	15	Junior Girls	Hammer	33.94m	N/A (Setting Record)	NEW
B Lloyd	41	Inter Boys	400m Hurdles	55.90s	55.90s	JOINT
G Gentry	66	Inter Girls	300m Hurdles	44.90s	44.90s	JOINT